

## FEBRUARY 2019

### AASD Elementary School Breakfast Menu

Friday	1	Pancakes
Monday	4	Rainbow Glazed Donuts
Tuesday	5	Ham, Egg and Cheese Bagel
Wednesday	6	French Toast Sticks
Thursday	7	Egg and Cheese Sandwich
Friday	8	Waffles
Monday	11	Rainbow Glazed Donuts
Tuesday	12	Sausage, Egg and Cheese on a Bagel
Wednesday	13	Cheese Omelet with Toast
Thursday	14	Egg and Cheese Croissant
Friday	15	NO SCHOOL – WINTER BREAK
Monday	18	NO SCHOOL – PRESIDENTS DAY
Tuesday	19	Ham, Egg and Cheese on a Bagel
Wednesday	20	French Toast Sticks
Thursday	21	Egg and Cheese Sandwich
Friday	22	Waffles
Monday	25	Rainbow Glazed Donuts
Tuesday	26	Sausage, Egg and Cheese on a Bagel
Wednesday	27	Cheese Omelet with Toast
Thursday	28	Egg and Cheese Croissant

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

**Alternative Breakfast Entrée:** Assorted Cereal with Toast or Assorted Poptarts with Toast

**Whole grain cereal selection may include:** Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms and Honey Nut cheerios

**What is a Meal?** You must choose at least 3 items. One must be a ½ cup of fruit.

**What is an Item?** Grain, Protein, Choice of Fruit, or Choice of Milk

**Daily fruit selections may include:** oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% fruit juice.

**Breakfast Prices:** Student \$1.00. Reduced \$0.30. Adult \$2.10.

**General Manager:** Heather Reimer [hreimer@asdcats.com](mailto:hreimer@asdcats.com) 1-814-946-8271