

HS CAFETERIA LUNCH- DECEMBER 2018

3-CHICKEN PARMESAN Kale Salad Mixed Salad Cooked Broccoli Cinnamon Carrots Grapes Breadstick Assorted Fresh Fruit Assorted Milk	4-SIRACHA CK QUESIDILLA Corn Salad Green Bell Peppers Squash Diced Peaches Assorted Fresh Fruit Assorted Milk	5-BEEF AND CHEESE NACHOS REFRIED BEANS SALAD FRESH BABY CARROTS Assorted Fresh Fruit Assorted Milk	6-CHICKEN ALFREDO SALAD BROCCOLI & CAULIFLOWER CUCUMBER SLICES MANDARIN ORANGES BREADSTICK Assorted Fresh Fruit Assorted Milk	7-STEAK FINGERS Mashed Potatoes Tossed Green Salad Seasoned Green Beans WG Roll Sliced Pears Assorted Fresh Fruit Assorted Milk
10-CHICKEN STRIPS MAC & CHEESE SALAD BROCCOLI BITES TROPICAL FRUIT Assorted Fresh Fruit Assorted Milk	11- BEEF AND CHEESE ENCHILADAS Cilantro Lime Rice Pinto Beans Salad Crunchy Celery Sticks & Carrots Assorted Fresh Fruit Assorted Milk	12-ORIENTAL BOWL Steamed Rice Stir Fried Vegetables Small Egg Roll Pineapple Tidbits Assorted Fresh Fruit Assorted Milk Fortune cookie Sweet& Sour / Soy Sauce	13-CHILI CHEESE FRIES Cucumbers Steamed Vegetables Onions Cinnamon Roll Sliced Peaches Assorted Fresh Fruit Assorted Milk	19-Country Fried Steak Mashed Potatoes Seasoned Corn Tossed Green Salad Fresh Broccoli WG Roll Sliced Pears Assorted Fresh Fruit Assorted Milk
17- CHICKEN NUGGET Herb Roasted Potatoes Cucumbers Broccoli & Cheese Mandarin Oranges Assorted Fresh Fruit Assorted Milk	18- BEEF TACOS Refried Beans Spanish Rice Seasoned Squash Bell Peppers Chips & Salsa Cantaloupe Grapes Assorted Fresh Fruit Assorted Milk	19- PHILLY CHEESE STEAK Tator Tots Baked Beans Salad Pears Assorted Fresh Fruit Assorted Milk	20- PIZZA & BURGER Chips Side Salad Fresh Carrots Tropical Fruit Assorted Fresh Fruit Assorted Milk	
Pizza Chicken Sandwiches Burgers Yogurt Plate Assorted Chef Salads Assorted Wraps Hot Wings & Roll Breaded Cheese Sticks Lunchable	Pizza Chicken Sandwiches Burgers Yogurt Plate Assorted Chef Salads Assorted Wrap Chicken Chunks & Roll Breaded Cheese Sticks Lunchable	Pizza Chicken Sandwiches Burgers Yogurt Plate Assorted Chef Salads Assorted Wraps Hot Wings & Roll Breaded Cheese Sticks Lunchable	Pizza Chicken Sandwiches Burgers Yogurt Plate Assorted Chef Salads Assorted Wrap Chicken Chunks & Roll Breaded Cheese Sticks Lunchable	Pizza Chicken Sandwiches Burgers Yogurt Plate Assorted Chef Salads Assorted Wraps Hot Wings & Roll Breaded Cheese Sticks Lunchable

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