

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/05/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
SWEET & SOUR CHICKEN	SV	500	291	0	724	1.71	3.18	86.5	763	5.94	*N/A*	18.61	31.72	9.72	0.56	*0.05
CORN DOG:Turkey Jumbo State F	1 EACH	1000	280	31	660	2.00	1.80	80.0	0	18.0	*N/A*	9.0	31.0	13.0	3.50	0.00
WG Chkn Egg Roll	2 EA	500	301	70	521	4.01	2.16	*N/A*	1002	*N/A*	*N/A*	18.03	34.06	10.02	3.00	0.00
SEASONED RICE	1 cup	1500	136	0	403	0.05	0.88	0.9	125	7.62	*0	2.02	23.47	2.73	0.49	*0.00
Oriental Vegetable Blend	1/2 cup	1000	0	0	0	0.02	0.01	0.3	4	0.16	*N/A*	*N/A*	0.06	0.0	0.00	0.00
CHERRY TOMATO W/CELERY STICK	1/2 Cup	1000	110	0	54	3.48	*0.06	*12.0	*135	*0.93	*0	3.21	18.89	3.05	0.01	*0.00
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			637	39	1351	5.91	*3.35	*274.4	*1148	*30.96	*6	*24.33	97.22	16.61	3.48	*0.01
% of Calories											*3.7%	*15.3%	61.0%	23.5%	4.9%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 11/06/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
SPAGHETTI AND MEAT SAUCE	1 CUP	1000	348	52	501	2.58	4.22	55.4	264	5.46	*4	20.93	37.37	12.37	4.56	*0.66
CHEESE PIZZA MINIS, WG	1 EA	500	230	10	480	4.00	2.70	0.0	200	0.0	*N/A*	15.0	30.0	7.0	2.50	0.00
FRENCH BREAD PIZZA	1 Ea	500	330	20	600	3.00	0.00	0.0	0	0.0	*N/A*	17.0	30.0	15.0	6.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
APRICOTS,CND,EX LT SYRUP PK,W/	1/2 CUP	1500	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
Strawberry Goodie	2/3 c	1000	372	20	308	3.31	1.85	23.4	258	51.54	*0	3.23	77.11	7.93	4.67	*0.00
GARLIC BREAD:SYSCO FOOD S:RICH	1SLICE	1500	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
RANCH DRESSING	1/8 CUP	1000	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			886	*60	1307	*12.97	*6.42	*357.6	*9233	*65.20	*7	35.09	143.61	22.83	9.26	*0.45
% of Calories											*3.2%	15.8%	64.8%	23.2%	9.4%	*0.5%
Nutrient Guideline			750-850		1420										<10.00	

Wed - 11/07/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
SLOPPY JO-ON BUN	1 EA	1000	395	*51	754	*1.19	3.27	90.0	*178	*1.55	*10	22.48	43.6	14.93	5.61	*0.00
BAKED POTATO EXTRA CHEESE	1 EACH	500	438	51	544	4.44	2.26	564.9	913	19.4	*2	21.46	44.85	19.12	10.57	*0.00
CHEF SALAD-HAM W/ CROUTONS	SERVING	500	219	37	961	5.21	3.44	268.8	16993	40.39	*3	13.97	16.56	9.67	6.38	*0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAINER	1500	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CHOCOLATE CHIP COOKIES	1 EACH	2000	128	13	87	0.47	0.61	9.5	118	0.01	*9	1.44	16.18	6.76	2.34	*0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			737	*66	1044	*7.68	*4.75	481.3	*12020	*43.18	*25	31.36	103.18	22.64	9.91	*0.00
% of Calories											*13.5%	17.0%	56.0%	27.6%	12.1%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Nov 5, 2018 thru Nov 9, 2018

HIGH SCHOOL CYCLE 4-LUNCH

Generated on: 10/29/2018 12:33:05 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/08/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
NACHOS WITH GROUND BEEF	1/3 cup	500	309	38	560	0.93	1.22	218.9	812	*0.39	*1	15.98	14.72	20.68	8.45	*0.40
TACO SALAD-VISD	SERVINGS	500	413	*73	*714	*2.87	*3.37	*226.9	*2530	*12.45	*3	*24.89	*25.68	*22.95	*7.52	*0.00
TAMALES, PORK: LABATT FOOD	4 EACH	1000	532	42	1039	10.21	0.00	0.0	394	0.0	*N/A*	21.28	51.19	28.94	6.53	0.30
SPANISH RICE	1 CUP	1500	267	*0	*183	*1.98	*1.43	*7.6	*65	*4.37	*0	*5.6	*46.73	*8.1	*1.55	*0.00
PINTO BEANS: cooked	1/2 CUP	1000	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1/2 CUP	1000	9	0	280	0.98	0.55	233.1	1138	5.77	*1	0.37	1.84	0.07	0.01	*0.00
PICO DE GALLO	1/3 c	1000	18	*0	*3	*0.77	*0.31	*7.8	*515	*44.13	*2	*0.7	*3.4	*0.39	*0.06	*0.00
PEACHES, SLICED-WORLD H	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
ORIZONS																
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			893	*55	*1346	*13.31	*4.01	*469.1	*2276	*43.77	*9	*38.11	*117.57	*32.79	*8.97	*0.25
% of Calories											*3.9%	*17.1%	*52.7%	*33.1%	*9.0%	*0.3%
Nutrient Guideline			750-850		1420											<10.00

Fri - 11/09/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
CHEESEBURGER POCKET	1 each	1000	491	*140	846	*0.85	3.73	158.6	*226	*0.48	*0	41.09	15.34	28.09	11.95	*0.17
CHICKEN NUGGETS-GLAZIER-TYSON	5 PIECES	500	230	30	560	2.00	1.80	40.0	0	0.0	*N/A*	12.0	15.0	14.0	3.50	*N/A*
BREADED BEEF FINGERS	4 EA	500	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
SWEET POTATO FRIES STRAI	1/2 C	1000	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
SQUASH, YELLOW-COOKED	1/2 CUP	1000	35	0	84	*1.67	*0.33	*17.2	*241	*4.83	*0	*1.73	*3.75	1.61	0.00	0.00
FRUIT COCKTAIL-LIBBY'S-GLAZIER	1/2 CUP	1000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			658	*95	1130	*5.58	*4.13	*337.8	*1428	*14.42	*14 *8.7%	*36.32 *22.1%	*65.17 *39.6%	28.44 38.9%	9.13 12.5%	*0.08 *0.1%
Nutrient Guideline			750-850		1420											<10.00

Weighted Average			762	*63	*1236	*9.09	*4.53	*384.0	*5221	*39.51	*12 *14.4%	*33.04 *17.3%	*105.35 *55.3%	*24.66 *29.1%	*8.15 *9.6%	*0.16 *0.2%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	762		750 - 850	100%				
Cholesterol (mg)	63				Missing			
Sodium 1 (mg)	1236		1420		Missing			
Sodium 2 (mg)	1236		1080		Missing		156	Correction Required - Sodium too High
Fiber (g)	9.09				Missing			
Iron (mg)	4.53				Missing			
Calcium (mg)	384.0				Missing			
Vitamin A (IU)	5221				Missing			
Sugars (g)	12	6.38%			Missing			
Vitamin C (mg)	39.51				Missing			
Protein (g)	33.04	17.34%			Missing			
Carbohydrate (g)	105.35	55.28%			Missing			
Total Fat (g)	24.66	29.12%			Missing			
Saturated Fat (g)	8.15	9.62%	<10.00%		Missing			
Trans Fat ¹ (g)	0.16	0.19%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/12/2018																
HIGH SCHOOL CYCLE 1-L	Total	1500														
CHEESEBURGER ON A BUN	1 EACH	500	285	48	665	3.00	3.60	195.0	300	0.0	*N/A*	23.5	29.0	8.5	3.75	0.00
BBQ SANDWICH (SADLERS)	1 EA	200	380	35	1100	5.00	3.60	140.0	200	1.2	*N/A*	21.0	47.0	12.5	5.00	0.00
CHICKEN NUGGETS-GLAZIER-TYSON	5 PIECES	600	230	30	560	2.00	1.80	40.0	0	0.0	*N/A*	12.0	15.0	14.0	3.50	*N/A*
CORN ON THE COB: frozen,boiled	1 EACH	500	59	0	151	1.76	0.38	1.9	146	3.02	2	1.96	14.07	0.47	0.07	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
FRUIT,FRESH ASSORTED	1 EACH	1200	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	900	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	4 EACH	500	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1200	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
Weighted Daily Average % of Calories			473	38	943	7.41	3.32	311.6	1370	*41.51	*11 *9.1%	25.56 21.6%	70.05 59.3%	12.17 23.2%	3.79 7.2%	*0.00 *0.0%
Nutrient Guideline			750-850		1420											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 11/13/2018																
HIGH SCHOOL CYCLE 1-L	Total	1500														
BREADED CHICKEN SANDWICH	SANDWIC	400	400	30	760	4.00	3.60	120.0	0	1.2	*N/A*	18.0	38.0	19.5	5.00	0.00
CHEF SALAD-HAM W/ CROUTONS	SERVING	500	219	37	961	5.21	3.44	268.8	16993	40.39	*3	13.97	16.56	9.67	6.38	*0.00
CORN DOGS MINI-STATE FAIR-LABA	6 pieces	500	290	55	380	3.00	10.00	10.0	0	0.0	*N/A*	10.0	30.0	14.0	3.50	0.00
CARROT STICKS	1/4 CUP	1000	15	0	24	0.99	0.11	11.7	5920	2.09	2	0.33	3.39	0.09	0.01	0.00
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
PEARS WITH CHERRIES	1/2 CUP	500	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1500	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CRACKERS, WHOLE GRAIN SALTINES	4 CRACKERS	200	90	0	220	2.00	0.72	0.0	0	0.0	*N/A*	2.0	16.0	2.0	0.00	0.00
Ranch Dressing Village Garden	1/8 cup	500	160	10	270	25.00	0.00	20.0	0	0.0	*N/A*	1.0	2.0	17.0	2.50	0.00
CONDIMENT,MUSTARD PACKET-SYSCO	2 EACH	300	0	0	140	0.00	2.16	80.0	200	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	300	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1200	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
COOKIE, CHOCOLATE CHIP-HOPE'S	1 each	1	111	5	182	0.00	0.73	0.0	0	0.0	*N/A*	1.01	18.22	4.56	1.52	0.00
Weighted Daily Average			555	47	996	18.14	*7.14	*350.0	*11207	*39.26	*16	*23.47	70.04	20.71	5.94	*0.00
% of Calories											*11.4%	*16.9%	50.5%	33.6%	9.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/14/2018																
HIGH SCHOOL CYCLE 1-L	Total	1500														
CHICKEN FAJITAS	1 EACH	500	388	60	553	3.05	2.47	90.1	349	6.65	*11	23.59	38.83	15.27	3.27	*0.03
TAMALES, PORK: LABATT FOOD	3 EACH	300	399	32	779	7.65	0.00	0.0	295	0.0	*N/A*	15.96	38.39	21.7	4.90	0.23
BEAN & CHEESE BURRITO/KID SMART	1 EACH	700	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
SPANISH RICE	.50 CUP	1400	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
PINTO BEANS: cooked	.50 CUP	1300	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	7/8 CUP	350	16	0	489	1.72	0.96	407.9	1991	10.09	*1	0.64	3.21	0.12	0.02	*0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAINER	700	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	300	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	500	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1200	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
JALAPENOS-NACHO SLICED: LABATT	1/8 c	300	5	0	135	0.50	0.09	0.0	150	*N/A*	*N/A*	0.0	0.5	0.0	0.00	*N/A*
Weighted Daily Average			730	*34	*960	*13.25	*4.96	*390.5	*963	*22.33	*7	*33.70	*111.26	*18.59	*4.22	*0.06
% of Calories											*3.9%	*18.5%	*60.9%	*22.9%	*5.2%	*0.1%
Nutrient Guideline			750-850		1420											<10.00

Thu - 11/15/2018																
HIGH SCHOOL CYCLE 1-L	Total	1500														
TURKEY & GRAVY	1/2 cup	500	214	*61	*973	*0.38	*2.89	*10.2	*169	*0.0	*0	*21.52	*16.13	*6.67	*1.68	*0.00
BREADED BEEF FINGERS	4 EA	600	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
DRESSING-CORNBREAD	.50 CUP	500	189	*33	*516	*1.61	*1.53	*108.3	*165	*0.77	*1	*5.96	*27.23	*6.46	*1.94	*0.08
MASHED POTATOES-POTATO PEARLS	1/2 C	1000	78	0	364	1.30	0.20	7.5	2	6.75	*N/A*	1.5	15.47	1.12	0.14	0.01
SALAD, TOSSED: no dressing	1/2 cup	500	22	0	13	1.86	0.68	27.1	5994	9.97	2	1.18	4.77	0.27	0.04	0.00
GREEN BEANS: frozen, boiled	1/2 CUP	1200	19	0	1	2.03	0.45	28.4	283	2.77	1	1.01	4.35	0.11	0.03	0.00
SWEET POTATO PIE	SERVINGS	700	280	39	189	1.64	1.90	102.9	5490	5.43	*14	6.15	39.13	11.08	3.68	*0.00
FRUIT SALAD-FRESH	.25 CUP	1000	35	0	3	1.13	0.21	10.6	66	15.9	*5	0.47	8.88	0.12	0.02	*0.00
RANCH DRESSING	2 TBSP	1000	40	4	193	0.11	0.07	34.9	20	0.46	*2	1.12	2.55	3.03	0.54	*0.01
ROLL-COUNTRY HOME BAKERS	ROLL	500	150	0	270	3.00	1.80	40.0	0	0.0	*N/A*	5.0	30.0	2.0	0.00	0.00
MILK - Variety	HALF PINT	1500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
GRAVY, MIX-FAT FREE-MORRISON	2 tbsp	500	60	0	487	0.00	0.00	43.4	0	0.0	*0	2.02	12.1	0.0	0.00	0.00
CRANBERRY SAUCE: canned, swtd	1/8 CUP	1000	55	0	2	0.38	0.14	1.0	11	0.35	11	0.31	13.99	0.05	0.00	0.00

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Nov 12, 2018 thru Nov 16, 2018

HIGH SCHOOL CYCLE 1-LUNCH

Generated on: 10/29/2018 12:33:29 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			744	*78	*1506	*7.44	*5.13	*409.6	*5205	*25.26	*20 *11.0%	*31.61 *17.0%	*102.50 *55.1%	*24.01 *29.0%	*6.82 *8.2%	*0.04 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Fri - 11/16/2018																
HIGH SCHOOL CYCLE 1-L	Total	1500														
GRILLED CHICKEN SANDWICH	1 EA	600	280	50	530	3.00	2.52	100.0	0	0.0	*N/A*	21.0	28.0	9.5	2.50	0.00
pizza-max	slice	500	270	20	750	6.00	2.60	140.0	*N/A*	*N/A*	4	16.0	33.0	8.0	2.50	0.00
HOT DOG ON BUN	2 EA	200	522	50	1544	4.84	3.63	201.4	0	*0.0	*N/A*	19.68	41.96	30.04	9.81	0.00
SWEET POTATO FRIES-MCCAIN	4 oz. servin	1000	147	0	40	2.67	0.48	0.0	0	6.4	*N/A*	2.67	24.0	4.67	0.00	0.00
FRITO LAYS BAKED VARIETY	1 EA	200	110	0	170	2.00	0.00	0.0	100	1.2	*N/A*	2.0	19.0	2.5	0.00	0.00
SPINACH: frozen,boiled	1/2 CUP	800	32	0	92	3.52	1.86	145.4	11458	2.09	0	3.81	4.56	0.83	0.15	0.00
FRUIT,FRESH ASSORTED	1 EACH	1500	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
PINEAPPLE TIDBITS-WORLD H	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	500	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK	2 EACH	500	0	0	140	0.00	2.16	80.0	200	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1000	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			591	38	985	10.82	4.62	371.6	*6667	*30.06	*13 *8.8%	26.48 17.9%	89.69 60.8%	15.13 23.1%	3.60 5.5%	0.00 0.0%
Nutrient Guideline			750-850		1420										<10.00	

Weighted Average			618	*47	*1078	*11.41	*5.04	*366.7	*5083	*31.68	*13 *19.5%	*28.16 *18.2%	*88.71 *57.4%	*18.12 *26.4%	*4.87 *7.1%	*0.02 *0.0%
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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Nov 12, 2018 thru Nov 16, 2018

HIGH SCHOOL CYCLE 1-LUNCH

Generated on: 10/29/2018 12:33:29 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	618		750 - 850		82%			132		Error Messages (if any) Correction Required - Calories are Low							
Cholesterol (mg)	47					Missing											
Sodium 1 (mg)	1078			1420		Missing											
Sodium 2 (mg)	1078			1080		Missing											
Fiber (g)	11.41					Missing											
Iron (mg)	5.04					Missing											
Calcium (mg)	366.7					Missing											
Vitamin A (IU)	5083					Missing											
Sugars (g)	13	8.67%				Missing											
Vitamin C (mg)	31.68					Missing											
Protein (g)	28.16	18.21%				Missing											
Carbohydrate (g)	88.71	57.37%				Missing											
Total Fat (g)	18.12	26.37%				Missing											
Saturated Fat (g)	4.87	7.09%		<10.00%		Missing											
Trans Fat ¹ (g)	0.02	0.03%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/26/2018																
HIGH SCHOOL CYCLE 2-L	Total	2000														
Tangerine Chicken	1000		400	75	910	*2.00	2.88	40.0	0	0.0	*N/A*	27.0	39.0	16.0	3.50	*0.00
CHICKEN NUGGETS-TYSON	SERVING (5 PCS)	500	220	25	460	2.00	1.44	80.0	0	0.0	*N/A*	11.0	14.0	13.0	3.00	0.00
WG Chkn Egg Roll	2 EA	500	301	70	521	4.01	2.16	*N/A*	1002	*N/A*	*N/A*	18.03	34.06	10.02	3.00	0.00
SEASONED RICE	1 cup	1500	136	0	403	0.05	0.88	0.9	125	7.62	*0	2.02	23.47	2.73	0.49	*0.00
Oriental Vegetable Blend	1/2 cup	1000	0	0	0	0.02	0.01	0.3	4	0.16	*N/A*	*N/A*	0.06	0.0	0.00	0.00
GREEN BEANS: canned,cooked	1/2 CUP	1000	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	4 EACH	500	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SWEET AND SOUR SAUCE	2 TBSP	1000	25	0	70	0.13	0.17	5.4	32	1.42	*4	0.53	5.37	0.1	0.02	*0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			625	67	1381	*4.95	3.81	*258.2	923	*22.17	*7	*30.50	88.05	16.74	4.11	*0.00
% of Calories											*4.8%	*19.5%	56.4%	24.1%	5.9%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 11/27/2018																
HIGH SCHOOL CYCLE 2-L	Total	2000														
CHICKEN SPAGHETTI	1 CUP	500	260	62	865	1.43	0.70	*218.0	398	*8.4	*1	19.96	20.36	10.96	4.31	*0.17
CHEESE PIZZA MINIS, WG	1 EA	500	230	10	480	4.00	2.70	0.0	200	0.0	*N/A*	15.0	30.0	7.0	2.50	0.00
MEATBALL SUB -ROMANI*	SUB	1000	482	54	*685	3.04	4.99	219.7	282	8.0	*0	21.11	49.08	20.59	8.48	0.29
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
APRICOTS,CND,EX LT SYRUP PK,W/	1/2 CUP	1000	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
RICE CRISPIES TREATS	1 EACH	2000	111	0	105	0.06	4.04	1.5	589	8.4	*1	1.16	21.78	2.24	0.43	*0.00
RANCH DRESSING	1/8 CUP	1000	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			733	*54	*1156	*10.01	*8.95	*425.1	*9131	*57.91	*12 *6.8%	32.47 17.7%	110.15 60.1%	19.90 24.4%	7.09 8.7%	*0.20 *0.2%
Nutrient Guideline			750-850		1420											<10.00

Wed - 11/28/2018																
HIGH SCHOOL CYCLE 2-L	Total	2000														
Frito Pie	1/2 cup	1000	319	27	553	4.57	2.52	118.2	766	10.96	*1	13.14	29.11	16.65	3.60	*0.00
CHEF SALAD-HAM W/ CROUTONS	SERVING	500	219	37	961	5.21	3.44	268.8	16993	40.39	*3	13.97	16.56	9.67	6.38	*0.00
GRILLED CHICKEN SANDWICH	1 EA	500	280	50	530	3.00	2.52	100.0	0	0.0	*N/A*	21.0	28.0	9.5	2.50	0.00
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAINER	2000	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
JELL-O W/ WHIP TOPPING	1/2 CUP	2000	103	0	120	0.00	*0.01	*2.7	*0	11.66	*0	0.97	19.49	2.0	2.00	*0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			689	41	1215	8.53	*4.16	*382.3	*12193	*58.99	*10 *5.8%	26.11 15.2%	107.91 62.7%	17.08 22.3%	6.56 8.6%	*0.00 *0.0%
Nutrient Guideline			750-850		1420											<10.00

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Nov 26, 2018 thru Nov 30, 2018

HIGH SCHOOL CYCLE 2-LUNCH

Generated on: 10/29/2018 12:33:54 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/29/2018																
HIGH SCHOOL CYCLE 2-L	Total	2000														
TACOS-BEEF	SERVINGS	1000	533	*85	*482	*4.32	*3.65	*236.9	*529	*3.98	*0	*26.85	*38.57	*30.63	*11.29	*0.00
TACO SALAD-VISD	SERVINGS	500	413	*73	*714	*2.87	*3.37	*226.9	*2530	*12.45	*3	*24.89	*25.68	*22.95	*7.52	*0.00
BEAN & CHEESE BURRITO/KID SMART	1 EACH	500	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
SPANISH RICE	1 CUP	1500	267	*0	*183	*1.98	*1.43	*7.6	*65	*4.37	*0	*5.6	*46.73	*8.1	*1.55	*0.00
PINTO BEANS: cooked	1/2 CUP	1500	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1/2 CUP	1000	9	0	280	0.98	0.55	233.1	1138	5.77	*1	0.37	1.84	0.07	0.01	*0.00
PICO DE GALLO	1/3 c	1000	18	*0	*3	*0.77	*0.31	*7.8	*515	*44.13	*2	*0.7	*3.4	*0.39	*0.06	*0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			917	*68	*1036	*13.47	*6.73	*570.6	*2166	*46.69	*9	*42.14	*123.34	*30.85	*9.76	*0.00
% of Calories											*3.9%	*18.4%	*53.8%	*30.3%	*9.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/30/2018																
HIGH SCHOOL CYCLE 2-L	Total	2000														
CHEESEBURGER ON A BUN	1 EACH	500	285	48	665	3.00	3.60	195.0	300	0.0	*N/A*	23.5	29.0	8.5	3.75	0.00
CORN DOG:Turkey Jumbo State F	1 EACH	500	280	31	660	2.00	1.80	80.0	0	18.0	*N/A*	9.0	31.0	13.0	3.50	0.00
TURKEY WRAP	1 each	1000	375	63	1240	1.73	3.65	271.1	516	3.11	*1	26.57	23.68	14.88	4.90	*0.17
SWEET POTATO FRIES STRAI	1/2 C	1500	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
BURGER SALAD	1/2 cup	1000	16	0	695	1.34	0.46	58.2	1919	6.23	2	0.87	3.32	0.32	0.08	0.00
FRUIT COCKTAIL-LIBBY'S-GLA	1/2 CUP	1000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
ZIER																
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
BAKED CHIPS-VARIETY	1BAG	2000	145	0	225	2.00	0.54	55.0	50	0.9	*N/A*	2.25	22.0	2.87	1.13	*0.00
CONDIMENT, KETCHUP PACK	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSI	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
NG PAC																
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			773	57	2045	8.83	5.35	538.0	2787	*21.83	*15	32.65	103.23	22.00	5.90	*0.08
% of Calories											*8.0%	16.9%	53.4%	25.6%	6.9%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	
Weighted Average			747	*58	*1367	*9.16	*5.80	*434.8	*5440	*41.52	*11	*32.77	*106.54	*21.31	*6.68	*0.06
											*13.1%	*17.5%	*57.0%	*25.7%	*8.0%	*0.1%

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Nov 26, 2018 thru Nov 30, 2018

HIGH SCHOOL CYCLE 2-LUNCH

Generated on: 10/29/2018 12:33:54 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	747		Weekly Target	750 - 850	100%	Miss Data	Shortfall	3	Overage	Error Messages (if any)							
Cholesterol (mg)	58					Missing				Correction Required - Calories are Low							
Sodium 1 (mg)	1367			1420		Missing											
Sodium 2 (mg)	1367			1080		Missing			287	Correction Required - Sodium too High							
Fiber (g)	9.16					Missing											
Iron (mg)	5.80					Missing											
Calcium (mg)	434.8					Missing											
Vitamin A (IU)	5440					Missing											
Sugars (g)	11	5.81%				Missing											
Vitamin C (mg)	41.52					Missing											
Protein (g)	32.77	17.54%				Missing											
Carbohydrate (g)	106.54	57.01%				Missing											
Total Fat (g)	21.31	25.66%				Missing											
Saturated Fat (g)	6.68	8.05%		<10.00%		Missing											
Trans Fat ¹ (g)	0.06	0.07%				Missing											

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