
	Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.					Milk choices: 1% White Milk Fat Free White Milk Lactose Free Milk Chocolate Milk
Monday	Tuesday	Wednesday	Thursday	Friday	Avg Nutrients Target	
Sausage Biscuit	Pizza Bagel	Biscuit /Grits	French Toast Sticks	Morning Sausage Roll	Calories.. 820	
Poptart	Cereal Bar	Eggs/ Sausage	Cereal / Honey Grahams	Honey Bun	Cholesterol...20 mg	
Honey Bun	Honey Bun	Honey Bun	Honey Bun	Poptart	Sodium.921 mg	
Tater Tots	Fresh Fruit	Poptart	Fresh Fruit	Fresh Fruit	Sugar 70.1	
Juice	Juice	Fresh Fruit	Juice	Juice	Carbohydrates 142.5	
Fresh Fruit		Juice				
Chicken Biscuit	Pizza Sausage	Biscuit /Sausage Link	Pancake Pup	Pancake	Calories... 999	
Cereal Bar	Mini Donut	Poptart	Cereal	Poptart	Cholesterol...52 mg	
Honey Grahams	Honey Bun	Honey Bun	Honey Grahams	Honey Bun	Sodium.970 mg	
Honey Bun	Fresh Fruit	Fresh Fruit	Honey Bun	Fresh Fruit	Sugar 89.5g	
Tater Tots	Juice	Juice	Fresh Fruit	Juice	Carbohydrates 173.8g	
Fresh Fruit			Juice			
Juice						
Breakfast is a two week rotation						
Low fat and fat free white milk offered Daily.			Menu subject to change based on availability.			
Georgia Grown	Local wellness policy at www.gocats.org/schoolnutrition				Local Grown	