



Medical Statement for Children with Special Dietary Needs:  
 Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Avg Nutrients Target
	1 Mac.Cheese w.Ham Tater Tots Popeye Salad <b>Fresh Fruit</b> Graham Cracker	2 Taco Chips/ Beef French Fries Shredded Lettuce <b>Tomato Cherry</b> Corn Apricots	3 Country Fried Steak Mashed Potatoes Turnips Cornbread Diced Pears	4 Pizza Baked Beans French Fries Peaches Graham Cracker	Calories...645 Cholesterol...43 mg Sodium. 1232 mg Sugar 43.5 g Carbohydrates 89 g

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Avg Nutrients Target
7 <b>Chicken Chunks</b> Mac & Cheese <b>Roll</b> Lima Beans Carrots Applesauce cup	8 Spaghetti Bread Sticks Shredded Lettuce <b>Tomato Cherry</b> Corn Banana	9 Chicken Teriyaki Scalloped Potato Steamed Broccoli <b>Roll</b> Strawberry Cup	10 <b>Oven Baked Chicken</b> Mashed Potatoes Gravy Brown Seasoned Green Beans <b>Fresh Fruit</b> <b>Roll</b>	11 Corndog French Fries Dill Spear Baked Beans Mandarin Oranges Graham Cracker	Calories...843 Cholesterol...75 mg Sodium. 1601 mg Sugar 41 g Carbohydrates 128 g

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Avg Nutrients Target
14 Manager Choice	15 Manager Choice	16 Manager Choice	17 Manager Choice	18 Manager Choice	Calories...645 Cholesterol...43 mg Sodium. 1232 mg Sugar 43.5 g Carbohydrates 89 g

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Avg Nutrients Target
21 Manager Choice	22 Manager Choice	23 Manager Choice	24 Manager Choice	25 Bag Lunch Peanut Butter & Jelly Sandwich Ham & Cheese Sandwich Chips Juice Broccoli /Ranch Dressing Applesauce Cup	

Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.

Georgia Grown

Menu subject to change based on availability.

Locally Grown

