



MARCH 2019 PRE K Menu

Fayette County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

4
 Grilled Chicken Sandwich
 Mashed Potatoes
 Mandarin Oranges Cup
 Milk

5
 Popcorn Chicken with Roll
 Triangle Potatoes
 Chilled Peaches Cup
 Milk

6
 Fish Strips w/ Hushpuppies
 Crinkle Cut Fries
 Chilled Mix Fruit Cup
 Milk

7
 Corn Dogs
 Baked Potatoes
 Pineapple Chunks
 Milk

1
 Stuffed Crust Cheese
 Hash Rounds
 Chilled Fruit Cup
 Milk

8
 Half Day
 for
 Students

11

12

13

14

15

Spring Break – No School

18
 Cheeseburger on a Bun
 Glazed Carrots
 Chilled Peaches Cup
 Milk

19
 Popcorn Chicken w Roll
 Green Beans
 Frozen Fruit Juice Dog
 Milk

20
 Hot Dog on Bun
 Green Peas
 Chilled Fruit Cup
 Milk

21
 BBQ Nachos
 Broccoli w/Cheese
 Mandarin Oranges
 Milk

22
 Deli Turkey Sandwich/Lett, Tom
 Crinkle Cut Fries
 Chilled Fruit Cup
 Milk

25
 Corn Dog
 Baked Potatoes
 Chilled Pineapple Chunks Cup
 Milk

26
 Chicken Rings/Roll
 Glazed Carrots Potatoes
 Chilled Peaches Cup
 Milk

27
 Hamburger on a Bun
 Broccoli
 Chilled Pineapple Chunks Cup
 Milk

28
 Grilled Cheese Sandwich
 Baked Beans
 Chilled Fruit Cups
 Milk

29
 Stuffed Crust Cheese or
 Pepperoni Pizza
 Glazed Baby Carrots
 Chilled Applesauce Cup
 Milk

Lunch Meal Pattern

- 1 oz. meat/meat alternate daily 5 oz. minimum per week
- 1 oz. equivalent grain daily (5 oz. eq. minimum per week)
- 1/4 cup of vegetable daily (1 1/4 cups per week)
- 1/4 cup of fruit daily (1 1/4 cups per week)
- 1 cup milk daily (5 cups per week)

**MENUS ARE SUBJECT TO
 CHANGE DUE TO PRODUCT
 AVAILABILITY**

This institution is an equal opportunity provider.

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

