

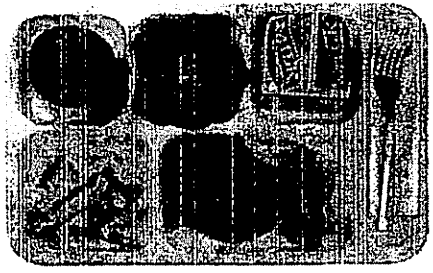


SEPTEMBER 2019 LIHOLIHO BREAKFAST & LUNCH MENU

ALL MENUS SUBJECT TO CHANGES WITHOUT NOTICE

1/2 PINT MILK W/TH ALL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAPPY LABOR DAY LABOR DAY DAY (School Closed)	2 3 MAPLE PANCAKE WRAP ORANGE WEDGE 100% FRUIT JUICE CORNDOG & OVEN POTATOES VEGETABLE STICKS w/ HUMMUS APPLE WEDGE	4 HAM LINKS STEAMED RICE MIXED FRUIT FRESH FRUIT CHILI w/ STEAMED RICE CORN FRUIT COCKTAIL	5 BELGIAN WAFFLE w/ SYRUP FRESH FRUIT 100% FRUIT JUICE PEPPERONI PIZZA & ORANGE WEDGE VEGETABLE STICKS w/ DIP EDAMAME	6 YOGURT CINNAMON TOAST PINEAPPLE FRESH FRUIT CHICKEN TENDERS w/ STEAMED RICE & PEACHES SPINACH & ROMAINE SALAD
9 TURKEY EGG SLIDERS FRUIT COCKTAIL FRESH FRUIT CHICKEN PATTY SANDWICH & FRUIT VEGETABLE STICKS w/ DIP BAKED BEANS	10 FRIED RICE PORTUGUESE SAUSAGE FRESH FRUIT 100% FRUIT JUICE  <i>School Picture Day</i> HOT DOG IN BUN w/OVEN POTATOES VEGETABLE STICKS w/ DIP FRUIT SLUSHY	11 CINNAMON ROLL ORANGE WEDGE 100% FRUIT JUICE BEEF STEW & STEAMED RICE STEAMED BROCCOLI & CORN FRUIT	12 APPLE SAUCE MUFFIN FRESH FRUIT 100% FRUIT JUICE KOREAN STYLE CHICKEN & RICE w/ FRUIT SPINACH & ROMAINE SALAD EDAMAME BABY CARROT	13 HAM & CHEESE ROLL PEACHES FRESH FRUIT ROAST PORK & STEAMED RICE w/ FRUIT RAINBOW SALAD CORN
16 PIZZA STICK PINEAPPLE FRESH FRUIT	17 PORK SAUSAGE PATTY STEAMED RICE FRESH FRUIT PEACHES	18 HAM LINKS BISCUIT FRESH FRUIT 100% FRUIT JUICE	19 FRIED RICE PORTUGUESE SAUSAGE FRESH FRUIT 100% FRUIT JUICE	20 BANANA BREAD YOGURT FRESH FRUIT 100% FRUIT JUICE
BBQ PORK SANDWICH w/ OVEN POTATOES COLESLAW FRUIT	ASIAN STYLE CHICKEN & RICE w/ APPLE WEDGE STEAMED CARROTS & EDAMAME	HAMBURGER STEAK w/ GRAVY & WHIPPED POTATOES STEAMED CARROTS & CORN FRUIT	CHEESE PIZZA & FRUIT SPINACH & ROMAINE SALAD VEGETABLE STICKS w/ DIP	SWEET SOUR PORK w/ STEAMED RICE & FRUIT JUICE RAINBOW SALAD EDAMAME
23 PIZZA BAGEL MIXED FRUIT FRESH FRUIT CHICKEN PATTY & RICE w/ GRAVY & APPLE WEDGE STEAMED BROCCOLI & CARROTS	24 CHICKEN PATTY STEAMED RICE FRESH FRUIT 100% FRUIT JUICE CHEESE BURGER w/ OVEN POTATOES VEGETABLE STICKS w/ HUMMUS FRUIT	25 PLAIN BAGEL w/ CREAM CHEESE FRESH FRUIT 100% FRUIT JUICE CREOLE MACARONI & FRUIT SPINACH & ROMAINE SALAD	26 CINNAMON ROLL YOGURT FRUIT COCKTAIL FRESH FRUIT PASTRAMI SANDWICH & FRUIT VEGETABLE STICKS w/ DIP EDAMAME	27 PORTUGUESE SAUSAGE STEAMED RICE APPLE SAUCE FRESH FRUIT CHICKEN BROCCOLI & STEAMED RICE STEAMED CARROTS CORN FRUIT
30 PEPPERONI PIZZA STIX ORANGE WEDGE 100% FRUIT JUICE SLOPPY JOE & FRUIT VEGETABLE STICKS w/ DIP BAKED BEANS	  <p style="text-align: center;">~ Mmm Mmm Good! ~ Onolicious! ~ Yummy! ~</p>			

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"