

JULY 2018 - North Newton - Summer Food Service Program - Breakfast / Lunch Menu

Newton-Conover City Schools

Newton-Conover School Nutrition Department will operate a Summer Food Service Program open site, located at North Newton Elementary. **Children age 18 and under, and those who have a mental or physical disability that are 19 and over who participate in a public or private non-profit school program** are eligible to participate.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

The Summer Feeding Program will be closed Monday, July 2nd through Friday, July 6th. We will re-open on Monday, July 9th.

9

Breakfast

Sausage Biscuit - 3.45 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Ckn & Chz Quesadilla - 3.5 oz
Deli Sandwich - 4.33 oz
Sweet Potato Fries - 1/2 c
Applesauce - 1/2 c
Milk - 8 fl oz

10

Breakfast

Fr Tst Sticks w/syrup - 3.2 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Chicken/Rice & gvy w/roll - 8 oz
Deli Sandwich - 4.33 oz
Glazed Carrots - 1/2 c
Baked Apples - 1/2 c
Milk - 8 fl oz

11

Breakfast

Dutch Wffle w/syrup - 2.92 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Soft Taco - 3.5 oz
Deli Sandwich - 4.33 oz
Pinto Beans - 1/2 c
Sliced Peaches - 1/2 c
Milk - 8 fl oz



12

Breakfast

Breakfast Pizza - 3.31 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Ham & Chz Croissant - 4.53 oz
Deli Sandwich - 4.33 oz
Baked Beans - 1/2 c
Sliced Pears - 1/2 c
Milk - 8 fl oz

13

Breakfast

Flapstick w/syrup - 2.9 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Beanie Weinies w/roll - 7 oz
Deli Sandwich - 4.33 oz
Oven Fries - 1/2 c
Mixed Fruit - 1/2 c
Milk - 8 fl oz

16

Breakfast

Chicken Biscuit - 3.8 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Beefaroni w/Brdstk - 8 oz
Deli Sandwich - 4.33 oz
Green Beans - 1/2 c
Baked Apples - 1/2 c
Milk - 8 fl oz



17

Breakfast

WG Breakfast Donut - 2.45 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Ham & Chz Quesadilla - 3.5 oz
Deli Sandwich - 4.33 oz
Carrot Sticks w/dip - 3 oz pkg
Applesauce - 1/2 c
Milk - 8 fl oz

18

Breakfast

Breakfast Pizza - 3.31 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Country Ckn & Biscuit - 4.2 oz
Deli Sandwich - 4.33 oz
Steamed Broccoli - 1/2 c
Mixed Fruit - 1/2 c
Milk - 8 fl oz

19

Breakfast

Fr Tst Sticks w/syrup - 3.2 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Hamburger - 4 oz
Deli Sandwich - 4.33 oz
Baked Beans - 1/2 c
Sliced Peaches - 1/2 c
Milk - 8 fl oz

20

Breakfast

Muffin, Assorted IW - 3.1 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch

Pepperoni Pizza - 4.48 oz
Deli Sandwich - 4.33 oz
Glazed Carrots - 1/2 c
Sliced Pears - 1/2 c
Milk - 8 fl oz



<p>23</p> <p>Breakfast Sausage Biscuit - 3.45 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Ckn & Chz Quesadilla - 3.5 oz Deli Sandwich - 4.33 oz Sweet Potato Fries - 1/2 c Applesauce - 1/2 c Milk - 8 fl oz</p>	<p>24</p> <p>Breakfast Fr Tst Sticks w/syrup - 3.2 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Chicken/Rice & gvy w/roll - 8 oz Deli Sandwich - 4.33 oz Glazed Carrots - 1/2 c Baked Apples - 1/2 c Milk - 8 fl oz</p>	<p>25</p> <p>Breakfast Dutch Wffle w/syrup - 2.92 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Soft Taco - 3.5 oz Deli Sandwich - 4.33 oz Pinto Beans - 1/2 c Sliced Peaches - 1/2 c Milk - 8 fl oz</p>	<p>26</p> <p>Breakfast Breakfast Pizza - 3.31 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Ham & Chz Croissant - 4.53 oz Deli Sandwich - 4.33 oz Baked Beans - 1/2 c Sliced Pears - 1/2 c Milk - 8 fl oz</p>	<p>27</p> <p>Breakfast Flapstick w/syrup - 2.9 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Beanie Weinies w/roll - 7 oz Deli Sandwich - 4.33 oz Oven Fries - 1/2 c Mixed Fruit - 1/2 c Milk - 8 fl oz</p>
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30

Breakfast
Chicken Biscuit - 3.8 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch
Beefaroni w/Brdstk - 8 oz
Deli Sandwich - 4.33 oz
Green Beans - 1/2 c
Baked Apples - 1/2 c
Milk - 8 fl oz

31

Breakfast
WG Breakfast Donut - 2.45 oz
Cereal, Assorted - 1 oz
Toast w/jelly - 1 oz
Lrg Cinnamon Grahams - 0.9 oz
Fruit - 1/2 c **or** Juice - 4 fl oz
Milk - 8 fl oz

Lunch
Ham & Chz Quesadilla - 3.5 oz
Deli Sandwich - 4.33 oz
Carrot Sticks w/dip - 3 oz pkg
Applesauce - 1/2 c
Milk - 8 fl oz



Summer Reading Camp for registered students is scheduled for 7/9/18 through 7/26/18 - Monday through Thursday only

Serving Times (Monday through Friday) - Breakfast - 7:45 to 9:30 Lunch - 11:45 to 1:00

USDA is an equal opportunity provider and employer