



VAPING AWARENESS SHEET

E-Cigarette Vaping: Contains Nicotine and other chemicals that affect the body.

Cannabis Vaping: Contains Tetrahydrocannabinol the key ingredient in marijuana.

Mysterious Aroma

E-cigarettes don't have a bad smell like the smoke from burning tobacco; however, most e-liquids have flavors in them that usually smell like candy, mint, vanilla, fruit punch, etc.

Unfamiliar Handheld Gadgets

E-cigarettes come in various shapes. The most common shape resembles writing a pen and is known as vape pen. If you come across a pen that isn't a pen or other unfamiliar gadget, be aware that it could be a vaporizer. Look for holes on each end of the pen.

Increased Thirstiness

Vapor from e-cigarettes is made of VG (Vegetable Glycerin), PG (Propylene Glycol), and flavors. The chemical characteristics of PG make it attract water molecules from its surroundings. When vapor enters the mouth, PG does its trick and keeps the vaper in a state of dry mouth. So, if a student is suddenly drinking more water, you might want to investigate. (Increased thirst can signal a variety of concerns.)

Batteries and Chargers

Just like charging your smartphone every day, vapers need to be charged on a regular basis. While some e-cigarettes can be charged with just a USB cable, most of the powerful e-cigarettes need oversized batteries. If you see unfamiliar batteries on the charger, take a look around and you might find a vaping device in their possession.

Metallic Wires and Cotton Wicks

If you find cotton, in empty plastic vials or thin metallic coils with a student, this is yet another red flag for vaping you might want to investigate further.

Discarded Atomizers

The atomizers are a vital part of e-cigarettes as they turn e-juice into vapor. However, they are disposable and after a while usually burn out. If you come across a discarded atomizer in a student possession, it's a pretty clear indication that he/she has been vaping.

Bizarre Behavior

Look for red eyes, fatigue or sleeping in class because vaping cause drowsiness, tiredness and lack of motivation. Due to the THC can also cause anxiety, paranoia, difficulty breathing, and fear of your surroundings. You will not see this with VAPING NICOTINE.

