



i'm **HADLEY HEN**

# MARCH

**2020**

TDA's March 2020 Menu Calendar


**SCHOOL BREAKFAST WEEK**  
MARCH 2-6  
SquareMeals.org/SBW

**GOOD EATS AT**

**GROVETON  
ISD**

**SPECIAL ANNOUNCEMENTS**

% AND NON FAT MILK OFFERED DAILY  
VARITEY OF FRUIT OFFERED DAILY  
PB&J BOX LUNCH OFFERED DAILY  
3<sup>RD</sup> -12 ADDITIONAL OPTIONS OFFERED  
MENU SUBJECT TO CHANGE WITHOUT NOTICE

M	T	W	TH	F
TANGERINE CHICKEN FRIED RICE STIR FRY VEGETABLES CUMCUMBER SLICES FORTUNE COOKIE 2	WALKING TACOS CHARRO BEANS SPANISH RICE GREEN SALAD SALSA SOUR CREAM 3	CHEESE OR PEPPERONI PIZZA GLAZED CARROTS FRESH BROCCOLI W/RANCH MARINARA SAUCE 4	BEEF SPAGHETTI GREEN BEANS GREEN SALAD W/RANCH DRESSING GARLIC TOAST 5	HAMBURGER OR CHEESEBURGER SALAD STACK FRENCH FRIES FROZEN FRUIT 6
STEAK FINGERS MASHED POTATOES W/GRAVY BLACK EYED PEAS WG ROLL 9	BEEFY NACHOS CHARRO BEANS FIESTA SALAD SALSA SOUR CREAM 10	STUFFED CRUST PIZZA CARROT STICKS SEASONED CORN MARINARA SAUCE 11	CORN DOGS BAKED BEANS SMILEY FRIES 12	HAMBURGER OR CHEESEBURGER SALAD STACK CURLY FRIES FROZEN FRUIT 13
POPCORN CHICKEN MASHED POTATOES W/GRAVY GREEN BEANS WG ROLL 16	FRITO PIE CHARRO BEANS FIESTA SALAD SALSA SOUR CREAM 17	FRENCH BREAD PIZZA CARROT STICKS SEASONED CORN MARINARA SAUCE 18	B-B-Q ON BUN BAKED BEANS SMILEY FRIES 19	COUNTY FAIR HOLIDAY 20
COUNTY FAIR HOLIDAY 23	WALKING TACOS CHARRO BEANS SPANISH RICE GREEN SALAD SALSA SOUR CREAM 24	CHEESE OR PEPPERONI PIZZA GLAZED CARROTS FRESH BROCCOLI W/RANCH MARINARA SAUCE 25	BEEF SPAGHETTI GREEN BEANS GREEN SALAD W/RANCH DRESSING GARLIC TOAST 26	HAMBURGER OR CHEESEBURGER SALAD STACK TATER TOTS FROZEN FRUIT 27
STEAK FINGERS MASHED POTATOES W/GRAVY GREEN BEANS WG ROLL 30	BEEFY NACHOS CHARRO BEANS FIESTA SALAD SALSA SOUR CREAM 31			

**The Art Contest Continues!**  
Enter today! Deadline next month!  
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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# HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!



## HADLEY HEN'S FAVORITE ACTIVITY

Bowling

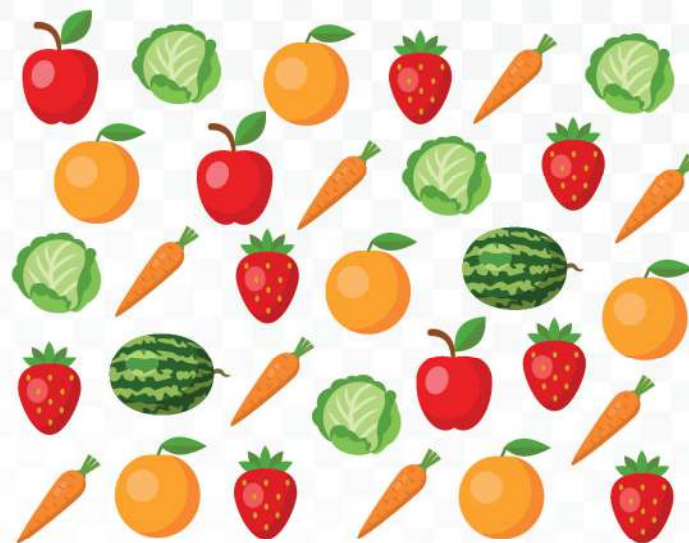
### WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

### HOW MANY?

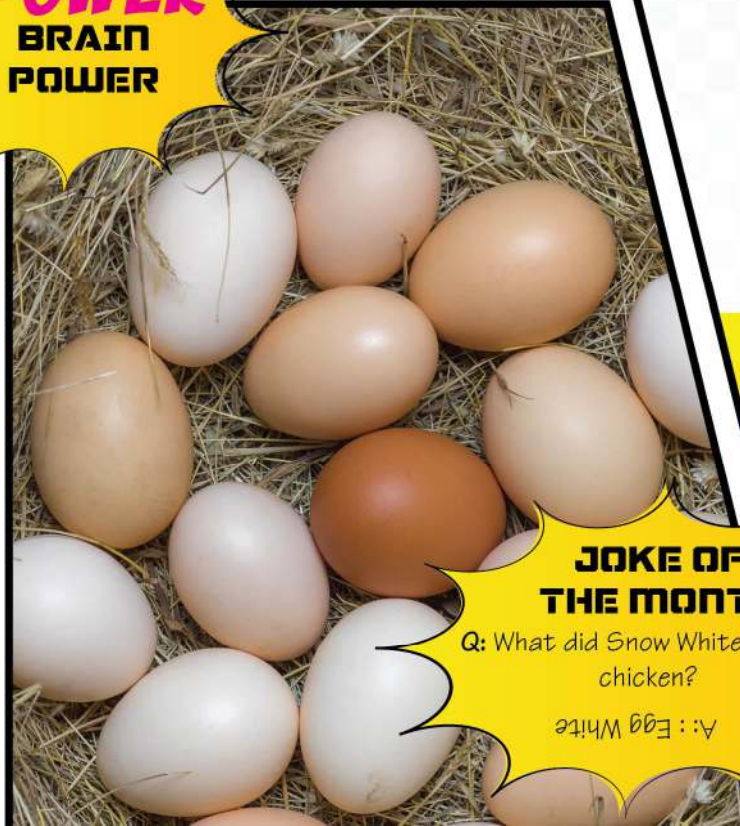
Count the correct number of each fruit or vegetable below.



### FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

### POWER BRAIN POWER














### JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



	_____		_____
	_____		_____
	_____		_____

5		8	
3		7	
2		6	