



BHHS 2019 Menu



Breakfast \$1.75

Lunch \$2.85

Themed SALAD BAR week

"Brookings-Harbor school district is an equal opportunity provider"

Menu subject to change

		1	2	3	4
Chef Salad Diced Ham Diced Turkey Diced Egg Assorted Cheese		Breakfast Burrito	Biscuit n' Gravy	Sunrise sandwich	WG Poptart w/cheese stx
Caesar salad dice chicken croutons parmesan cheese	7	8	9	10	11
Spinach salad chopped bacon blue cheese assorted nuts cranberry chopped egg	14	15	16	17	18
Asian salad bar mandarin orange peas noodle almond mango slice	21	22	23	24	25
Greek Salad Wedge Tomato Cucumber Bell Pepper Red Onion Feta Cheese, asst. Olives	28	29	30	31	1



Breakfast Choices includes
Choices of Bagel & cream cheese,
parfait cup, Fruit Smoothies,
and cold or hot cereal served daily
& nonfat flavored milk choices given
daily for both breakfast and lunch.

2 Salad Bars
includes but not limited to;
variety of fresh fruits, vegetables,
legumes, cheeses, cottage cheese,
salad toppers, and condiments.

DID YOU KNOW?
Students must choose three full portions
of the five, with at least one choice
being a fruit or vegetable.
Schools also must ensure that
components meet age-specific caloric
minimums and maximums (k-12)



Sides for main dishes may include but not limited to;
Rice, Roll, Soft Pretzel, bread stick, tots, fries,
Chips, string cheese, grahams, and tortilla.



HOMEcoming WEEK!

- Mon. 7th **MEME Monday**
- Tue. 8th **Tacky Tourist Tuesday**
- Wed. 9th **Nerds VS Jocks**
- Thu. 10th **Throw back Thursday (Staff is dressing for the year 2000)**
- Fri. 11th **BLUE N GOLD day, Noise parade, Tailgate, Game**
- Sat. 12th **8PM Homecoming Dance**



