

# Before and After Care (BAC)

## Guiding Principles

BAC sites are provided at your child's elementary school so that your child can enjoy a safe and fun environment before and after their school day. The program provides academic study, physical activity and free time built into their day.

## Activities

Everyday activities vary in the **BAC** sites. Physical activity is a large component of the **BAC** daily schedule. All of our **BAC** sites have access to the playground at our ZCS schools, and most **BAC** sites have regular access to the school gymnasium throughout the winter.

Participants in the **BAC** program will be provided snack after school at 2:30 PM each day. One of the most family friendly features of **BAC** is that each day, immediately following snack time in the afternoon, children are given the opportunity to work on their homework. For approximately 20 - 30 minutes, **BAC** Site Leads and Assistants work to ensure a quiet and respectful environment in which students can fully concentrate on their studies. The PM BAC program offers two activity sessions per day.