

CPR, AED, and Basic First Aid

COMBINATION TRAINING MADE EASY WITH AMERICAN SAFETY & HEALTH INSTITUTE

- Comprehensive emergency training for the workplace and community in CPR, AED, and Basic First Aid
- 2 Year ASHI Certification
- Training that makes it easy to learn and easy to remember through real-life scenario videos, full-color print materials and easy-to-understand course content that is hands-on
- Flexible content that can be customized to meet learning needs
- Consistent with current recommendations for CPR, ECC and first aid and OSHA's best practices for first aid training programs in the workplace



COURSE TOPICS INCLUDE:

- Preparing to respond
- Sudden Cardiac Arrest and CPR
- AED operation
- Choking
- Patient assessment
- Soft tissue, muscle, and bone injuries
- Common first aid situations like bites and stings, heat and cold emergencies, burns, and more

We make learning to save lives easy!®

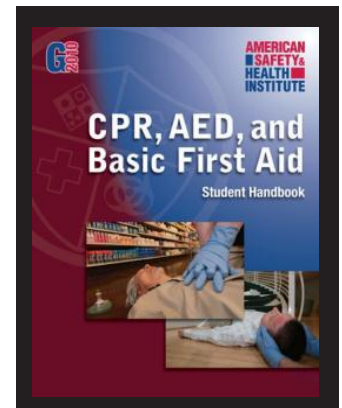
HOW DO I ENROLL?

- * Enroll NOW at Mt. View High School Office
- * Business Hours: 7:00am - 3:30pm

WHEN: 5:30pm-8:00pm

January 15, 16, 17
January 22, 23, 24
February 5, 6, 7
February 12, 13, 14
February 26, 27, 28

WHERE: San Jacinto Adult Education
Located at Mt. View High School



COST: FREE

FOR MORE INFORMATION:
951-487-7710