

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



Monday

Tuesday

Wednesday

Thursday

Friday

Pancake
Syrup
Fresh Fruit

Pizza Sausage
Fresh Orange

Chicken Biscuit
Tater Tots/ Ketchup
Fresh Fruit

Pancake Pub
Syrup
Fresh Fruit

Morning sausage roll
Fresh Fruit

Pancake
Syrup
Fresh Fruit

Pizza Bagel
Fresh Fruit

Biscuit/Grits
Scrambled Eggs
Sausage Link
Fresh Fruit

French Toast Sticks
Syrup
Fresh Fruit

Sausage Biscuit
Jelly
Fresh Fruit

Breakfast is a 2 week rotation.

Low fat and fat free white milk offered Daily.

Menu subject to change based on

Georgia Grown

Local wellness policy at www.gocats.org/schoolnutrition

The last week of School is Manager Choice Breakfast

May 2018

Milk choices :
1% White Milk
Fat Free White Milk
Lactose Free Milk

Avg Nutrients Target

Calories... 237
Cholesterol... 30
Sodium. 378
Sugar 17.0
Carbohydrates 37.4

Avg Nutrients Target

Calories... 227
Cholesterol... 8 mg
Sodium. 279 mg
Sugar 19.9
Carbohydrates 39.0

on availability.

Local Grown