



Dear Eighth Grade Parents and Guardians,

Three Rivers Charter School is providing you with timely communication regarding your student's participation in health. In two weeks we will start a new unit with sensitive material. An opt out form is attached to this communication. If you decide to opt out of a lesson, we ask that you speak with your child and let him/her know ahead of time that he/she will not be participating in the lesson.

Beginning April 19, your student will begin the topics of sexual abuse, physical abuse, relationships & boundaries, saying "no," and sexual health & STIs. These topic areas have been identified as containing material that may be sensitive for some families. The state standards are as follows:

- HE.1.8.33 & HE.2.8.22 Compare and contrast the differences between physical, verbal, relational, sexual, and dating violence and assess influences impacting attitudes on these topics.
- HE.2.8.23 Analyze factors that can affect the ability to give or perceive the provision of consent to sexual activity.
- HE.1.8.62 Analyze the roles of problem solving, anger management and impulse control have on preventing violence.
- HE.3.8.13 Select school and community resources for reporting child abuse.
- HE.1.8.32 Discuss situations and behaviors that constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape, stalking, domestic violence, and dating violence.
- HE.5.8.10 Assess a decision making process to make healthy choices around sexual health.
- HE.1.8.46 Discuss that no one has the right to touch anyone else without giving and receiving consent.
- HE.2.8.23 Analyze factors that can affect the ability to give or perceive the provision of consent to sexual activity.
- HE.2.8.24 Assess influences that may have an impact on deciding whether or when to engage in sexual behaviors.
- HE.5.8.11 Assess a decision making process to give or receive consent for consensual sexual activity
- HE.1.8.23 Explain the physical, social, cognitive and emotional changes of adolescence.
- HE.1.8.26 Explain sexual intercourse and its relationship to human reproduction.
- HE.1.8.33 Compare and contrast the differences between physical, verbal, relational, sexual, and dating violence.
- HE.1.8.39 Explain the differences between the myths and facts of how STDs are transmitted and not transmitted.
- HE.1.8.40 & HE.3.8.14 Explain ways to prevent HIV and other STDs and how to access medically-accurate information about STDs and HIV transmission and prevention.

If you are interested in viewing the curriculum, you may make an appointment with TRCS staff. We are happy to answer any questions that you may have that will help you to make an informed decision about your child's instructional experience.

Sincerely,

TRCS Staff



Health Curriculum Opt-Out

Name: _____ Student Grade: _____

Student's Teacher: _____

Parent Name(s): _____

Parent Phone Number(s): _____

Parent Email Address(es): _____

Please read below and select all that apply:

- I am choosing to opt out of the health curriculum (standard or material covered) and would like my child to be given an alternate/unrelated activity during the time of instruction for all lessons.
- I have previewed the curriculum associated with this unit.
- I have told my student that they will not be participating.

Parent Signature: _____ Date: _____