

January 2019

AASD Elementary School Breakfast Menu

Tuesday	1	NO SCHOOL – HAPPY NEW YEAR
Wednesday	3	Breakfast Pizza
Thursday	4	Egg and Cheese Croissant
Friday	5	Pancakes
Monday	7	Rainbow Glazed Donuts
Tuesday	8	Ham, Egg and Cheese Bagel
Wednesday	9	French Toast Sticks
Thursday	10	Egg and Cheese Sandwich
Friday	11	Waffles
Monday	14	Rainbow Glazed Donuts
Tuesday	15	Sausage, Egg and Cheese on a Bagel
Wednesday	16	Breakfast Pizza
Thursday	17	Egg and Cheese Croissant
Friday	18	NO SCHOOL - IN SERVICE
Monday	21	NO SCHOOL – MARTIN LUTHER KING DAY
Tuesday	22	Ham, Egg and Cheese Bagel
Wednesday	23	French Toast Sticks
Thursday	24	Egg and Cheese Sandwich
Friday	25	Waffles
Monday	28	Rainbow Glazed Donuts
Tuesday	29	Sausage, Egg and Cheese on a Bagel
Wednesday	30	Breakfast Pizza
Thursday	31	Egg and Cheese Croissant

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

Alternative Breakfast Entrée: Assorted Cereal with Toast or Assorted Poptarts with Toast

Whole grain cereal selection may include: Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms and Honey Nut cheerios

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What is a Meal? You must choose at least 3 items. One must be a ½ cup of fruit.

What is an Item? Grain, Protein, Choice of Fruit, or Choice of Milk

Daily fruit selections may include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% fruit juice.

Breakfast Prices: Student \$1.00. Reduced \$0.30. Adult \$2.10.

General Manager: Heather Reimer hreimer@asdcad.com 1-814-946-8271