

JH FOOTBALL - PRACTICE SCHEDULE 2019

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | NOTES |
|--|------------------------|------------------------|--|------------------------|-------|
| 8/12 NO SCHOOL | 13 NO SCHOOL | 14 NO SCHOOL | 15 JH - 8 AM 1 st Period Athletics | 16 JH - 7 AM | |
| 8/19 JH - 7 AM | 20 JH - 7 AM | 21 JH - 7 AM | 22 JH - 7 AM | 23 JH - 8 AM | |
| 8/26 JH - 7 AM | 27 JH - 7 AM | 28 JH - 7 AM | 29 JH - 8 AM | 30 JH - 8 AM | |
| <u>LABOR DAY</u> 9/2 <u>No Practice</u> | 3 JH - 7 AM | 4 JH - 7 AM | 5 JH - 8 AM | 6 JH - 8 AM | |
| 9/9 JH - 7 AM | 10 JH - 7 AM | 11 JH - 7 AM | 12 JH - 8 AM (GAME) | 13 JH - 8 AM | |
| 9/16 JH - 7 AM | 17 JH - 7 AM | 18 JH - 7 AM | 19 JH - 8 AM (GAME) | 20 JH - 8 AM | |
| 9/23 JH - 7 AM | 24 JH - 7 AM | 25 JH - 7 AM | 26 JH - 8 AM (GAME) | 27 JH - 8 AM | |
| 9/30 JH - TBA | 10/1 JH - 7 AM | 2 JH - 7 AM | 3 JH - 8 AM (OPEN) | 4 JH - 8 AM | |
| 10/7 JH - 7 AM | 8 JH - 7 AM | 9 JH - 7 AM | 10 JH - 8 AM (GAME) | 11 JH - 8 AM | |

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|---------------------------------|-----------------|------------------|------------------------|-------------------|--------------|
| 10/14 JH - TBA | 15 JH - 7 AM | 16 JH - 7 AM | 17 JH - 8 AM (GAME) | 18 JH - 8 AM | |
| 10/21 JH - 7 AM | 22 JH - 7 AM | 23 JH - 7 AM | 24 JH - 8 AM (GAME) | 25 JH - 8 AM | |
| 10/28 JH - 7 AM | 29 JH - 7 AM | 30 JH - 7 AM | 31 JH - 8 AM (GAME) | 11/1 JH - 8 AM | |
| 11/4 JH - TBA | 5 JH - 7 AM | 6 JH - 7 AM | 7 JH - 8 AM (GAME) | 8 JH - 8 AM | |

BE HERE NO EARLIER THAN 6:30 AM

WE WILL BE ON THE PRACTICE FIELD AT 6:55 AM