

Scott County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jan 7, 2019 thru Jan 31, 2019

Morton Lunch K-4

Generated on: 12/21/2018 10:25:41 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Mon - 01/07/2019					
Morton Lunch K-4	Total	1			
HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	0.000
Weighted Daily Average			*N/A*	*N/A*	0.000
% of Calories				*N/A%*	
Nutrient Guideline			550-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Tue - 01/08/2019					
Morton Lunch K-4	Total	2000			
Chicken Tenders Baked MS546	3 tenders	950	250	17.0	0.000
Chicken Tenders Fried MS548	3 tenders	600	301	17.0	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1500	160	29.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Cream-Style Corn MS1028	1/2 cup	1500	115	24.81	0.000
Glazed Carrots MS1018	1/2 cup	250	56	9.28	0.000
Apple and Orange Wedges MS1240	1/2 cup	200	53	13.45	0.000
Banana Berry Blend MS1224	1/2 cup	1200	98	24.27	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	700	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	200	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Weighted Daily Average			572	85.63	0.000
% of Calories				59.9%	
Nutrient Guideline			550-650		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Wed - 01/09/2019					
Morton Lunch K-4	Total	2000			
Chili Con Carne w/oBeans MS132	1/2 cup	1400	167	3.87	0.000
Bread/Mozz. Cheese Stic 1MS924	1 breadstick	1400	150	15.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons, Enriched, MS1317	1 ounce	50	70	14.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Baked Potato w/ Marg, MS1074	1 potato	1500	181	36.59	0.000
Vegetable Juice, Assort,MS1156	1/2 cup	375	57	14.0	0.000
Pineapple Tidbits MS1286	1/2 cup	350	72	18.87	0.000
Mandarin Fruit Cup MS1254	1/2 cup	1000	62	16.28	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	500	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	450	30	1.0	0.000
Cheese 1 oz. String MS938	1 ounce	1200	80	1.0	0.000

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Jan 7, 2019 thru Jan 31, 2019

Morton Lunch K-4

Generated on: 12/21/2018 10:25:41 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Weighted Daily Average % of Calories			559	71.10 50.9%	0.000
Nutrient Guideline			550-650		

Thu - 01/10/2019					
Morton Lunch K-4	Total	2000			
Cheesy Chicken Over/RiceCMS516	1 serving	1650	354	29.46	0.000
Cornbread 2 WG MS1301	1 piece	950	205	35.42	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Cabbage, Seasoned MS1015	1/2 cup	400	44	5.86	0.000
Baked Beans, MS1000	1/2 cup	375	163	36.85	0.000
Fresh Fruit Bowl VarietyMS1244	1 each	700	84	21.72	0.000
Hot Cinnamon Apples MS1208	1/2 cup	500	118	21.92	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	225	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	30	1.0	0.000
Weighted Daily Average % of Calories			578	78.09 54.1%	0.000
Nutrient Guideline			550-650		

Fri - 01/11/2019					
Morton Lunch K-4	Total	2000			
Cheeseburger 2 oz., US MS728.1	1 each	1400	316	32.23	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Vegetable Juice, Assort,MS1156	1/2 cup	375	57	14.0	0.000
Fried Crinkle Cut Fries MS1089	1/2 cup	1750	134	17.55	0.000
Tropical Fruit MS1249	1/2 cup	350	126	32.73	0.000
Fresh Fruit Cup MS1250	1/2 cup	1300	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	800	30	1.0	0.000
Mustard, PC, MS1538	1 packet	500	4	0.5	0.000
Weighted Daily Average % of Calories			520	73.96 56.9%	0.000
Nutrient Guideline			550-650		

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Morton Lunch K-4

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Mon - 01/14/2019					
Morton Lunch K-4	Total	2000			
Chicken Nuggets Bkd MS532	5 nuggets	1300	211	12.0	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1700	160	29.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Baked Beans, MS1000	1/2 cup	850	163	36.85	0.000
Mashed Potatoes MS1078	1/2 cup	650	91	15.67	0.000
Brown Gravy, Package MS1506	2 ounces	250	26	5.18	0.000
Chilled Peach Slices MS1274	1/2 cup	600	65	17.49	0.000
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Assorted Gelatin w/ Top MS1450	1/2 cup	750	89	19.38	0.000
Weighted Daily Average			543	87.88	0.000
% of Calories				64.7%	
Nutrient Guideline			550-650		

Tue - 01/15/2019					
Morton Lunch K-4	Total	2000			
Vegetable Beef Soup MS816	1 cup	1500	130	12.27	0.000
Grill Cheese Sand2 oz.UMS760.1	1 each	1700	302	32.04	0.000
Spinach Salad MS1119	1 cup	1000	88	8.54	0.000
Squash, Summer: MS1127	1/2 cup	650	42	6.26	0.000
Chilled Peach Slices MS1274	1/2 cup	600	65	17.49	0.000
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Assorted Gelatin w/ Top MS1450	1/2 cup	1000	89	19.38	0.000
Weighted Daily Average			581	78.20	0.000
% of Calories				53.8%	
Nutrient Guideline			550-650		

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Jan 7, 2019 thru Jan 31, 2019

Morton Lunch K-4

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Wed - 01/16/2019					
Morton Lunch K-4	Total	2000			
Pizza, WGR Pepperoni,Wdg MS306	1 wedge	700	270	32.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Tossed Salad w/Drsg MS1126	1/2 cup	700	31	6.03	0.000
Green Peas, Frozen MS1070	1/2 cup	1200	91	13.67	0.000
Chilled Blushing Pears, MS1276	1/2 cup	350	71	18.91	0.000
Fresh Oranges MS1268	1 each	1300	61	15.22	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	500	30	1.0	0.000
Mustard, PC, MS1538	1 packet	200	4	0.5	0.000
Cookie, Sugar, Pur ENR, MS1436	1 cookie	1400	120	17.0	0.000
Weighted Daily Average			392	61.42	0.000
% of Calories				62.7%	
Nutrient Guideline			550-650		

Thu - 01/17/2019					
Morton Lunch K-4	Total	2000			
Turkey Sliced,Brown GravyMS564	1 serving	1950	136	6.76	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1900	160	29.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	5	60	9.0	0.000
Baked Potato w/ Marg, MS1074	1 potato	1100	181	36.59	0.000
Green Beans.Frz,Cut, MS1042	1/2 cup	775	39	5.31	0.000
Fresh Fruit Bowl VarietyMS1244	1 each	1500	84	21.72	0.000
Fruit Crisp MS1412	1 serving	200	273	45.51	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	1100	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	200	130	24.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.000
Weighted Daily Average			620	99.84	0.000
% of Calories				64.5%	
Nutrient Guideline			550-650		

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Jan 7, 2019 thru Jan 31, 2019

Morton Lunch K-4

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Fri - 01/18/2019					
Morton Lunch K-4	Total	2000			
Cheeseburger 2 oz., US MS728.1	1 each	1900	316	32.23	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
CROUTONS, .5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Vegetable Juice, Assort,MS1156	1/2 cup	375	57	14.0	0.000
Fried Crinkle Cut Fries MS1089	1/2 cup	1800	134	17.55	0.000
Tropical Fruit MS1249	1/2 cup	350	126	32.73	0.000
Fresh Fruit Cup MS1250	1/2 cup	1300	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	800	30	1.0	0.000
Mustard, PC, MS1538	1 packet	500	4	0.5	0.000
Weighted Daily Average			602	82.46	0.000
% of Calories				54.8%	
Nutrient Guideline			550-650		

Mon - 01/21/2019					
Morton Lunch K-4	Total	1			
HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	0.000
Weighted Daily Average			*N/A*	*N/A*	0.000
% of Calories				*N/A%*	
Nutrient Guideline			550-650		

Tue - 01/22/2019					
Morton Lunch K-4	Total	2000			
Macaroni and Cheese MS1338	1/2 cup	700	121	18.91	0.000
Corn Dog MS744	1 each	450	247	27.08	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
CROUTONS, .5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Field Peas, Frozen MS1068	1/2 cup	850	121	21.17	0.000
Cabbage, Seasoned MS1015	1/2 cup	1600	44	5.86	0.000
Chilled Peaches, Frozen,MS1277	1/2 cup	1000	60	12.75	0.000
Fresh Fruit Cup MS1250	1/2 cup	450	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	900	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	325	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	150	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	2000	10	3.0	0.000
Mustard, PC, MS1538	1 packet	350	4	0.5	0.000

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Morton Lunch K-4

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Weighted Daily Average % of Calories			347	57.64 66.4%	0.000
Nutrient Guideline			550-650		

Wed - 01/23/2019					
Morton Lunch K-4	Total	2000			
Chicken Mandarin MS570	1 Serving	1350	232	30.56	0.000
Rice, Asian Stir Fried, MS1348	1/2 cup	800	119	25.28	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1200	160	29.0	0.000
Yam Patties MS1135	1/2 Cup	1100	120	28.0	0.000
California Vegetables MS1054	1/2 cup	500	50	5.67	0.000
Pear Salad MS1284	1/2 cup	400	102	19.99	0.000
Fruit Cocktail MS1248	1/2 cup	1300	58	14.91	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Weighted Daily Average % of Calories			512	92.07 71.9%	0.000
Nutrient Guideline			550-650		

Thu - 01/24/2019					
Morton Lunch K-4	Total	2000			
Beef -A- Roni MS114	3/4 cup	1300	294	26.0	0.000
Toast, Garlic WW MS1351	1 slice	1300	90	15.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Whole Ker Corn Frz MS1031	1/2 cup	1100	89	17.22	0.000
Green Beans,Frz,Cut, MS1042	1/2 cup	950	39	5.31	0.000
Chilled Blushing Pears, MS1276	1/2 cup	350	71	18.91	0.000
Mandarin Fruit Cup MS1254	1/2 cup	1300	62	16.28	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	950	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	450	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	800	30	1.0	0.000
Weighted Daily Average % of Calories			501	73.76 58.9%	0.000
Nutrient Guideline			550-650		

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Morton Lunch K-4

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Fri - 01/25/2019					
Morton Lunch K-4	Total	2000			
Cheeseburger 2 oz., US MS728.1	1 each	1400	316	32.23	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Vegetable Juice, Assort,MS1156	1/2 cup	375	57	14.0	0.000
Fried Crinkle Cut Fries MS1089	1/2 cup	1750	134	17.55	0.000
Tropical Fruit MS1249	1/2 cup	350	126	32.73	0.000
Fresh Fruit Cup MS1250	1/2 cup	1300	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	800	30	1.0	0.000
Mustard, PC, MS1538	1 packet	500	4	0.5	0.000
Weighted Daily Average			520	73.96	0.000
% of Calories				56.9%	
Nutrient Guideline			550-650		

Mon - 01/28/2019					
Morton Lunch K-4	Total	2000			
Chicken Tenders Baked MS546	3 tenders	950	250	17.0	0.000
Chicken Tenders Fried MS548	3 tenders	600	301	17.0	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1500	160	29.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Cream-Style Corn MS1028	1/2 cup	1500	115	24.81	0.000
Glazed Carrots MS1018	1/2 cup	250	56	9.28	0.000
Apple and Orange Wedges MS1240	1/2 cup	200	53	13.45	0.000
Banana Berry Blend MS1224	1/2 cup	1200	98	24.27	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	700	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	200	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Weighted Daily Average			572	85.63	0.000
% of Calories				59.9%	
Nutrient Guideline			550-650		

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Scott County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 8

Jan 7, 2019 thru Jan 31, 2019

Morton Lunch K-4

Generated on: 12/21/2018 10:25:42 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Tue - 01/29/2019					
Morton Lunch K-4	Total	2000			
Red BeansCND/Rice/SausageMS416	1 serving	1600	298	37.58	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons, .5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Green Beans,Frz,Cut, MS1042	1/2 cup	800	39	5.31	0.000
Cream-Style Corn MS1028	1/2 cup	825	115	24.81	0.000
Chilled Peach Slices MS1274	1/2 cup	600	65	17.49	0.000
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Cheese 1 oz. String MS938	1 ounce	1200	80	1.0	0.000
Sauce, Taco. PC MS1558	1 packet	800	5	1.0	0.000
Sour Cream PC MS1564	1 each	400	55	0.82	0.000
Assorted Gelatin w/ Top MS1450	1/2 cup	1200	89	19.38	0.000
Weighted Daily Average % of Calories			550	81.97 59.6%	0.000
Nutrient Guideline			550-650		

Wed - 01/30/2019					
Morton Lunch K-4	Total	2000			
Hamburger Steak W/GvyUSMS144.1	1 steak	800	143	5.59	0.000
Cornbread 2 WG MS1301	1 piece	750	205	35.42	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Croutons, .5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Mashed Potatoes MS1078	1/2 cup	1300	91	15.67	0.000
Brown Gravy, Package MS1506	2 ounces	200	26	5.18	0.000
Turnip Greens, Southern MS1046	1/2 cup	100	57	3.43	0.000
Fresh Oranges MS1268	1 each	600	61	15.22	0.000
Pineapple Tidbits MS1286	1/2 cup	700	72	18.87	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	600	130	23.0	0.000
Ketchup PC MS1528	1 packet	1000	10	3.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	750	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	450	130	23.0	0.000
Weighted Daily Average % of Calories			445	73.25 65.9%	0.000
Nutrient Guideline			550-650		

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Scott County School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 7, 2019 thru Jan 31, 2019

Morton Lunch K-4

Generated on: 12/21/2018 10:25:42 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Thu - 01/31/2019					
Morton Lunch K-4	Total	2000			
Chicken Spaghetti, ENR,C MS543	3/4 cup	1350	326	38.49	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1150	160	29.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Croutons, Enriched, MS1317	1 ounce	5	70	14.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Broccoli Florets, FRZ, MS	1/2 cup	350	70	7.05	0.000
Baked Beans, US Ham, MS1000.1	1/2 cup	500	199	38.86	0.000
Fresh Fruit Bowl VarietyMS1244	1 each	625	84	21.72	0.000
Fruit Juice, Assorted, MS1246	1 4-oz. cup	750	65	15.5	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	600	130	23.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	400	30	1.0	0.000
Mustard, PC, MS1538	1 packet	300	4	0.5	0.000
Assorted Pudding CupsMS1462	1 pudding cup	450	85	19.0	0.000
Weighted Daily Average			561	89.55	0.000
% of Calories				63.8%	
Nutrient Guideline			550-650		

Weighted Average			472	70.76	0.000
				59.9%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	472		550 - 650	86%		78		
Carbohydrate (g)	70.76	59.92%						Correction Required - Calories are Low

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