Health Release

In the Miami Unified School District, we are aware of the widespread concern about the Coronavirus. As a District we are staying on top of the latest information on the virus and how we can reduce its impact on our students and our schools.

In a document from the CDC called COCIS19, we have learned various ways to help prevent the spread of the virus. They include the following:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others you should:

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

In each school and classroom in the District we are taking additional steps to prevent the spread of any illness, including wiping down all desks, doorknobs, handrails, and bathroom fixture daily.

Ideas for how you can help us have healthy schools:

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose and mouth.
- Stay home and/or keep your kids home when sick.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue or your elbow.
- Clean and disinfect frequently touched objects and surfaces.

We will continue to keep you updated as we receive notification from the Arizona Health Department or other reliable entity. Thank you for your help in keeping everyone healthy!