

Central Valley School District #356

Jun 3, 2019 thru Jun 14, 2019

Base Menu Spreadsheet

Summit - 2012

Portion Values - Detailed

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Generated on: 5/29/2019 10:54:39 AM

	Portion Size	Carb (g)
Mon - 06/03/2019		
Summit - 2012	Total	
French Toast Sticks WG	3	34.0
pancake whole grain bulk	2 each	25.34
Sausage Links, 1.4 oz each	2 each	2.63
Syrup, FSA signature	1 oz	18.43
FRUIT JUICE,ASSORTED	4 fl.oz.	15.62
Apple Slices Elem.	1/4 cup	7.0
STRAWBERRIES: frozen	1/4 cup	17.64
CUCUMBER,RAW	1/4 cup	0.61
Carrots, fresh	1/4 cup	4.21
Snow Peas	1/4 CUP	0.59
RANCH DRESSING	2 TBSP	3.5
MILK - Variety	1 cup	27.68
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Tue - 06/04/2019		
Summit - 2012	Total	
SOFT TACO,Chicken/Elem	1 each	24.17
SALSA:COMMODITY	1 OZ	1.98
CHICKEN Hoops	5	16.0
Tater tots - elementary	1/2 cup	22.2
KETCHUP: individual	Pkt 6g	1.57
BBQ SAUCE	1 OZ	9.65
APPLESAUCE:cnnd,unswtnd,+vit C	1/4 CUP	6.87
kiwi	1/2 each	5.57
MIXED FRUIT	1/4 CUP	9.03
romaine salad	1/2 CUP	1.6
Cherry Tomatoes	1/4 CUP	0.73
Bean Choice	1/4 CUP	11.21
RANCH DRESSING	2 TBSP	3.5
MILK - Variety	1 cup	27.68
Weighted Daily Average		51.41
% of Calories		40.0%
Nutrient Guideline		

Wed - 06/05/2019		
Summit - 2012	Total	
Pizza, Cheese Nardone's e2013	piece	28.0
fishwich on a bun	1 each	40.0
Cheesy Goldfish Cracker	package	14.0
frosted cookie	1 each	25.0
Apple Slices Elem.	1/4 cup	7.0
PEARS: canned,light syrup	1/4 CUP	9.52
ORANGES	1/2 EACH	5.64
LSM	1/2 c	1.26
Carrots, fresh	1/4 cup	4.21
Roasted Chickpeas Elem	1 each	6.12
RANCH DRESSING	2 TBSP	2.77
MILK - Variety	1 cup	27.68

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		25.00 62.5%
Nutrient Guideline		

Thu - 06/06/2019		
Summit - 2012	Total	
Pizza	slice	29.0
Chicken Drumstick	1 EACH	0.0
Mac n Cheese WG 2012	3 oz	15.0
APPLESAUCE:cnnd,unswtnd,+vit C	1/4 CUP	6.87
mandarin oranges	1/4 cup	9.0
BANANA	1	34.26
Carrots Baby ind.PC	1/4 cup	1.54
romaine salad	1/2 CUP	1.6
BROCCOLI,raw: fresh	1/4 cup	3.76
RANCH DRESSING	2 TBSP	3.5
MILK - Variety	1 cup	27.68
Weighted Daily Average % of Calories		29.00 40.7%
Nutrient Guideline		

Fri - 06/07/2019		
Summit - 2012	Total	
Oriental Chicken	3.92 oz	18.0
Teriyaki Beef Dippers/element	4 Each	6.5
Brown Rice	1/2 cup	22.39
Pudding Cup	3.5 oz (cup)	20.0
Apple Slices Elem.	1/4 cup	7.0
PEACHES: canned,light syrup	1/4 CUP	9.13
pineapple chunks	1/4 CUP	8.47
LSM	1/2 c	1.26
Sliced Green Peppers	1/4 cup	*N/A*
CAULIFLOWER,raw: fresh	1/4 CUP	1.24
RANCH DRESSING	2 TBSP	3.5
MILK - Variety	1 cup	27.68
Weighted Daily Average % of Calories		20.00 100.0%
Nutrient Guideline		

Mon - 06/10/2019		
Summit - 2012	Total	
Cook's Choice	1	0.0
Cook's Choice	1	0.0
Cook's Choice Fruit	serving	13.32
Cook's Choice Fruit	serving	13.32
Cook's Choice Fruit	serving	13.32
Cook's Choice Vegetable	serving	3.14
Cook's Choice Vegetable	serving	3.14
Cook's Choice Vegetable	serving	3.14
RANCH DRESSING	2 TBSP	3.5
MILK - Variety	1 cup	27.68

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	Portion Size	Carb (g)
Weighted Daily Average		48.05
% of Calories		77.5%
Nutrient Guideline		

Tue - 06/11/2019		
Summit - 2012	Total	
Cook's Choice	1	0.0
Cook's Choice	1	0.0
Cook's Choice Fruit	serving	13.32
Cook's Choice Fruit	serving	13.32
Cook's Choice Fruit	serving	13.32
Cook's Choice Vegetable	serving	3.14
Cook's Choice Vegetable	serving	3.14
Cook's Choice Vegetable	serving	3.14
RANCH DRESSING	2 TBSP	3.5
MILK - Variety	1 cup	27.68
Weighted Daily Average		40.92
% of Calories		74.9%
Nutrient Guideline		

Wed - 06/12/2019		
Summit - 2012	Total	
Cook's Choice	1	0.0
Cook's Choice	1	0.0
Cook's Choice Fruit	serving	13.32
Cook's Choice Fruit	serving	13.32
Cook's Choice Fruit	serving	13.32
Cook's Choice Vegetable	serving	3.14
Cook's Choice Vegetable	serving	3.14
Cook's Choice Vegetable	serving	3.14
RANCH DRESSING	2 TBSP	3.5
MILK - Variety	1 cup	27.68
Weighted Daily Average		48.05
% of Calories		77.5%
Nutrient Guideline		

Thu - 06/13/2019		
Summit - 2012	Total	
Cook's Choice	1	0.0
Cook's Choice	1	0.0
Cook's Choice Fruit	serving	13.32
Cook's Choice Fruit	serving	13.32
Cook's Choice Fruit	serving	13.32
Cook's Choice Vegetable	serving	3.14
Cook's Choice Vegetable	serving	3.14
Cook's Choice Vegetable	serving	3.14
RANCH DRESSING	2 TBSP	3.5
MILK - Variety	1 cup	27.68

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		40.92 74.9%
Nutrient Guideline		

Weighted Average		37.92 61.5%
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Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	37.92	61.53%						

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