



	Monday	Tuesday	Wednesday	Thursday	Friday
		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
BREAKFAST			Coffee Cake	Cinnamon Roll	Chocolate Donuts
LUNCH	Non-fat and 1% milk are available at each meal. Fresh fruit is offered at breakfast. Fresh fruit and veggies are served with lunch.  *Vegetarian Option **Grab & Go Option	<b>No School- Rosh Hashana</b>	<u>Minimum Day</u> Chicken Garden Salad with Carrots *Mixed Green Salad with Carrots	Chicken Tenders and a Dinner Roll with Baked Beans *Grilled Cheese Sandwich with Baked Beans **Turkey and Cheese Wrap	Cheese Pizza with Fresh Iceburg Salad
	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>
BREAKFAST	Marshmello Mateys or Cinnamon Toasters with Graham Crackers	Yogurt with Granola		Bagel with Cream Cheese	Cinnamon Roll
LUNCH	Hamburger with Carrots *Veggie Burger with Carrots **Chicken Chef Salad	Turkey Soft Tacos with Brown Rice and Broccoli *Cheese Quesadilla and Broccoli **Greek Chicken Wrap	<b>No School- Yom Kippur</b>	Chicken and Waffles with Tater Gems *Egg and Cheese Biscuit with Tater Gems **Southwest Chicken Wrap	Cheese Pizza with Fresh Iceburg Salad
	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>
BREAKFAST			Coffee Cake	Cinnamon Roll	Chocolate Donuts
LUNCH	<b>No School</b>		<u>Minimum Day</u> Chicken Garden Salad with Carrots *Mixed Green Salad with Carrots	<u>Minimum Day</u> Turkey and Cheese Wrap with Three Bean Salad *Grilled Cheese with Three Bean Salad	<u>Minimum Day</u> Pesto Pasta Salad with Sliced Cucumbers
	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>
BREAKFAST	Marshmello Mateys or Cinnamon Toasters with Graham Crackers	Yogurt with Granola	Coffee Cake	Bagel with Cream Cheese	Cinnamon Roll
LUNCH	Hamburger with Carrots *Veggie Burger with Carrots **Chicken Chef Salad	Turkey Soft Tacos with Brown Rice and Broccoli *Cheese Quesadilla and Broccoli **Greek Chicken Wrap	Chicken Fajitas with Chips and Pinto Beans *Tofu Fajitas with Chips and Pinto Beans **Turkey and Cheese Croissant	Chicken and Waffles with Tater Gems *Egg and Cheese Biscuit with Tater Gems **Southwest Chicken Wrap	Cheese Pizza with Fresh Iceburg Salad
	<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u>	
BREAKFAST	Cinnamon Toasters or Honey Nut Scooters with Graham Crackers	Blueberry Muffin	Coffee Cake	Cinnamon Roll	
LUNCH	Chicken Patty Sandwich with Corn *Veggie Burger with Corn **Southwestern Chicken Salad	Beef Broccoli over Brown Rice with Carrots *Veggie Asian Wrap with Carrots **Turkey and Cheese Sub Sandwich	Chicken Tenders and a Dinner Roll with Baked Beans *Grilled Cheese Sandwich with Baked Beans **Chicken Garden Salad	<u>Minimum Day</u> Turkey and Cheese Wrap with Broccoli *Grilled Cheese with Broccoli	