

BREAKFAST AND LUNCH

<p>Breakfast bar Fruit juice</p>	<p>Turkey sausage Tac-Go Fruit cup/or juice</p>	<p>French toast Fruit juice</p>	<p>Cinnamon toast sticks Fruit cup/or juice</p>	<p>Breakfast cereal Fresh fruit</p>
<p>Cheeseburger/whole grain roll Hot dog /whole grain roll Baled beans Carrot sticks/ranch dressing Fruit</p>	<p>Fish sticks /whole grain bread Oven fries & toss salad or Beef chili w/beans /corn bread Cole slaw Fruit</p>	<p>Shrimp poppers/whole grain bread or Sloppy joe/whole grain roll Sweet potato waffles Seasoned greens Fruit</p>	<p>Italian cold cut/whole grain roll Oven fries or Cherry blossom chicken over whole grain noodles with steamed broccoli Fruit</p>	<p>Pepperoni pizza Tossed salad Seasoned green beans Fruit</p>
<p>Velvet breakfast bar Fresh fruit</p>	<p>Breakfast wrap Fruit juice</p>	<p>Breakfast waffle Fruit juice</p>	<p>Turkey, sausage biscuit Fruit cup /or fruit juice</p>	<p>Breakfast cereal Fresh fruit</p>
<p>Chicken nuggets/whole grain bread or Turkey ham and cheese/whole grain roll Oven fries Steamed corn on the cob Fruit</p>	<p>Fish hoagie/whole grain roll/w Sweet potato fries or Gen. Tso chicken over rice Steamed broccoli Fruit</p>	<p>Chicken patty/whole grain roll Oven fries or Glazed meatloaf w/whole grain bread Oven fries and Seasoned greens Fruit</p>	<p>Spaghetti w/Italian meat sauce or French bread pizza Tossed salad Seasoned green beans Fruit</p>	<p>Cheese pizza Steamed corn Carrot sticks w/ ranch dressing Fruit</p>
<p>Breakfast bar Fruit juice</p>	<p>Turkey sausage Tac-Go Fruit cup/or juice</p>	<p>French toast Fruit juice</p>	<p>Cinnamon toast sticks Fruit cup/or juice</p>	<p>Breakfast cereal Fresh fruit</p>
<p>Chicken strips sauce/whole grain bread or Fish nuggets/whole grain bread Sweet potato waffles Seasoned greens Fruit</p>	<p>Sloppy joe/whole grain roll or Shrimp poppers/whole grain bread Oven fries Steamed corn Fruit</p>	<p>Hot dog/whole grain roll Tater tots w/ carrots & peas or Cherry blossom chicken over noodles Carrots & peas Fruit</p>	<p>Italian cold cut/whole grain roll or Popcorn chicken/whole grain bread Lettuce and tomato Cole slaw Fruit</p>	<p>Pepperoni pizza Tossed salad Seasoned green beans Fruit</p>
<p>Velvet breakfast bar Fresh fruit</p>	<p>Breakfast wrap Fruit juice</p>	<p>Breakfast waffle Fruit juice</p>	<p>Turkey sausage biscuit Fruit cup/or fruit juice</p>	<p>Breakfast cereal Fresh fruit</p>
<p>French bread pizza or Chicken nuggets/whole grain bread Carrot sticks w/ ranch dressing Seasoned green beans Fruit</p>	<p>Fish & cheese on whole grain roll Oven fries and broccoli Hot dog & meat sauce/whole grain bread Steamed broccoli Fruit</p>	<p>Cheeseburger/whole grain roll or Hot dog/whole grain roll Oven fries Baked beans Fruit</p>	<p>Cold cut/whole grain roll Fish wrap/whole grain Lettuce and tomato Cole slaw Fruit</p>	<p>Cheese pizza Steamed corn Carrot sticks w/ ranch dressing Fruit</p>
<p>All meals come with choice of milk</p>				

