

Kilgore Independent School District


Menu Subject to change based on food availability

Kilgore Primary Lunch Menu

Variety of milk offered daily to K-1st

February 2019

PreKinder and Head Start only get 1% white milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| <p><i>In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.</i></p> | | | | |
| <p>4 Entrée choice Tempura Chicken Chunks Grain/Vegetable/Fruit Choice: Smiling Potatoes Baby Carrot Sticks Diced Pears</p> | <p>5 Entrée choice SW Chicken Flautas Grain/Vegetable/Fruit Choice: Sweet Corn Glazed Carrot Coins Sliced Green Apples</p> | <p>6 Entrée choice Four Cheese Pizza Slice Grain/Vegetable/Fruit Choice: Fresh Mixed Greens Salad Steamed Broccoli Florets Banana</p> | <p>7 Entrée choice Salisbury Steak <i>w/wo gravy</i> Grain/Vegetable/Fruit Choice: Honey Wheat Roll Roasted Rosemary Potatoes Key West Vegetable Blend Watermelon Raisels</p> | <p>8 Entrée choice Corndog Popcorn Chicken (<i>PreK & Head Start</i>) Grain/Vegetable/Fruit Choice: Potato Tots Baked Beans Strawberry Applesauce</p> |
| <p>11 Entrée choice Asian Glazed Chicken Chunks Grain/Vegetable/Fruit Choice: Mediterranean Quinoa Salad Fresh Mixed Greens Salad Glazed Carrots TX Orange Smiles</p> | <p>12 Entrée choice Bulldog Beef Grande Nacho Grain/Vegetable/Fruit Choice: Homemade Pinto Beans Cucumber Tomato Salad Fruit Splash Raisels</p> | <p>13 Entrée choice Stuffed Crust Pepperoni Pizza Slice Grain/Vegetable/Fruit Choice: Fresh Mixed Greens Salad Broccoli Normandy Blend Red Apple Slices</p> | <p>14 Entrée choice Meatloaf Grain/Vegetable/Fruit Choice: Honey Wheat Roll Mashed Potatoes <i>w/wo gravy</i> Mixed Vegetable Blend Blueberry Craisins</p> | <p>15 Entrée choice Chicken Tenders Grain/Vegetable/Fruit Choice: Sweet Potato Fries Creamy Ranch Slaw TX Grapefruit Slices</p> |
| <p>18 BAD WEATHER DAY! NO SCHOOL!</p> | <p>19 Entrée choice Fajita Chicken Tacos <i>w/wo toppings</i> Grain/Vegetable/Fruit Choice: Sweet Corn Fresh Mixed Greens Salad Strawberry Craisins</p> | <p>20 Entrée choice Spaghetti w/meatballs <i>w/wo garlic breadstick</i> Grain/Vegetable/Fruit Choice: Garden Fresh Salad Key West Vegetable Blend Pear</p> | <p>21 Entrée choice Breaded Chicken Drumstick Grain/Vegetable/Fruit Choice: Macaroni and Cheese Fresh Mixed Greens Salad Roasted Green Beans Red Apple Slices</p> | <p>22 Entrée choice Hot Dog <i>w/wo chili sauce</i> Chicken Ringers (<i>PreK & Head Start</i>) Grain/Vegetable/Fruit Choice: Crinkle Cut Fries Baby Carrot Sticks Baked Beans Fruit Splash Raisels</p> |
| <p>25 Entrée choice Chicken Sandwich Grain/Vegetable/Fruit Choice: Fresh Mixed Greens Salad Smiling Potatoes Pineapple Tidbits</p> | <p>26 Entrée choice Beef Tostadas <i>w/wo toppings</i> Grain/Vegetable/Fruit Choice: Homemade Pinto Beans Fresh Veggie Sticks <i>w/wo hummus dip</i> TX Orange Smiles</p> | <p>27 Entrée choice Chicken Bacon Ranch Pizza Grain/Vegetable/Fruit Choice: Garden Fresh Salad Winter Vegetable Blend Green Apple Slices</p> | <p>28 Entrée choice Pizza Cheesy Sticks Grain/Vegetable/Fruit Choice: Baby Carrot Sticks Fresh Mixed Greens Salad Watermelon Raisels</p> |  |