

Monday

Tuesday

Wednesday

Thursday

Friday

5
French Toast
Sticks
Sausage
Fruit

6
Pumpkin Muffin
Squares
String Cheese
Fruit

7
Choice of
Breakfast Sandwiches
Fruit

1
Breakfast Pizza
On an English Muffin
Fruit Juice

2
Cereal
Fruit

8
Homemade
Cinnamon Roll
Choice of Smoothie
Fruit

9
Cereal
Fruit

12
NO
SCHOOL

13
Homemade Biscuits
With Homemade
Jam
Sausage
Juice

14
Breakfast Burrito
Scrambled Eggs
Fruit

15
Homemade Muffin
String Cheese
Fruit

16
Cereal
Fruit

19
SCHOOL

20
VACATION



23
NO
SCHOOL

26
Cereal
String Cheese
Fruit

27
Waffles with Syrup
Sausage
Hashbrown Potato

28
Chef Amy's Choice
Of Homemade
Muffin
Graham Crackers
Yogurt
Fruit

29
Fresh Scrambled
Eggs
Toasted English Muffin
Fruit

30
Cereal
Fruit

All meals are served with Fruit, Salad and/or Vegetable. Ice cold milk served with every meal. All breaded chicken products used are whole grain and whole muscle, real meat. Our ketchup and tomato products do not contain high fructose corn syrup. All breads, pastas and cereals are whole grain. Questions about the menu or a student balance? Contact Linda Mailhot 422-2017 ext. 119 or lmailhot@rsu24.org During the fall harvest months, we may change the menu to accommodate weekly harvest availability. MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. USDA is an equal opportunity provider and employer.