

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>NO SCHOOL</b> <b>HAPPY LABOR DAY!</b>	<b>3</b> Taco Pasta with roll Pizza Side Salad Black Beans Chilled pears Assorted Fruit Milk	<b>4</b> Chicken Rings Hot Ham and Cheese Sandwich Sweet Potato Fries Parmesan Broccoli Lettuce and Tomato Mandarin Oranges Fresh Grapes Milk	<b>5</b> Chicken Alfredo Turkey with Gravy Green Beans Squash Blend Cantaloupe Pineapple Chunks Roll Milk	<b>6</b> Mini Corn Dogs Hamburger with Trimmings Curly Fries Carrot Sticks Apple Sauce Assorted Fruit Milk
<b>9</b> Popcorn Chicken with Roll Cheese Sticks with Marinara Roasted Potatoes Green Beans Assorted Fruit Chilled Pears Milk	<b>10</b> Quesadilla Grilled Cheese Refried Beans with Cheese Mexican Corn Grapes Fruit Juice Milk	<b>11</b> Macaroni and Cheese Meat Balls Steamed Broccoli Carrots with Ranch Cantaloupe Applesauce Breadstick Milk	<b>12</b> Hot Dog Spicy Chicken Sandwich Tater Tots Side Salad Mandarin Oranges Fresh Apple Milk	<b>13</b> Hamburger Steak with Gravy Baked Fish Sweet Potato Casserole Turnip Greens Chilled Strawberries Assorted Fruit Milk
<b>16</b> Spaghetti with Breadstick Pizza Green Beans French Fries Assorted Fruits Pears Milk	<b>17</b> Beef Soft Shell Taco Chicken Soft Shell Taco Black Beans Steamed Mixed Vegetables Lettuce, Tomato, Cheese, Salsa Grapes Oranges Milk	<b>18</b> Corn Dog BBQ Pork Sandwich Sweet Potato Fries Broccoli and Cheese Mandarin Oranges Fresh Apple Milk	<b>19</b> Chicken Rings with Roll Hot Ham and Cheese Steamed Spinach Black Eyed Peas Fruit Juice Oranges Milk	<b>20</b> Grilled Cheese Cheeseburger Tater Tots Steamed Carrots Fruit Cocktail Assorted Fruit Milk
<b>23</b> Hamburger Steak with Gravy Oven Fried Chicken Mashed Potatoes Green Peas Pears Assorted Fresh Fruit Cornbread Milk	<b>24</b> Walking Taco Mini Corn Dog Refried Beans with Cheese Steamed Squash Lettuce, Tomato, Cheese, Salsa Chilled Peaches Fresh Apple Milk	<b>25</b> Chicken Alfredo Baked Fish Turnip Greens Carrots with Ranch Juice Sidekick Fresh Grapes Milk	<b>26</b> Chicken Stir Fry Chicken Bacon Ranch Wrap Spinach Side Salad Steamed Vegetables Cantaloupe Fresh Oranges Milk	<b>27</b> Pizza Spicy Chicken Sandwich French Fries Parmesan Broccoli Mandarin Oranges Assorted Fruit Milk
<b>30</b> Macaroni and Cheese Meatloaf Pinto Beans Green Beans Sliced Peaches Assorted Fruits Roll Milk				



**Lunch Meal Pattern**  
 1 oz meat/meat alternative daily  
 1 oz equivalent grain daily  
 ¾ cup vegetable daily  
 ½ cup fruit daily  
 1 cup of milk daily

**Milk Choices:**  
 ½ pint lowfat (1%) white milk  
 ½ pint fat free white milk  
 ½ pint chocolate milk

Grab and go boxes will be available on Monday and Wednesday each week. These boxes will consist of a sandwich or wrap, chips or fresh vegetables, fruit, and milk.