

Kilgore Independent School District

Menu Subject to change based on food availability

Kilgore Intermediate Lunch Menu

Variety of milk offered daily

February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<p>4 Entrée choice Grilled Chicken Sandwich <i>w/wo lettuce/tomato/pickle</i> Personal Cheese Pizza <u>Grain/Vegetable/Fruit Choice:</u> Smiling Potatoes Baby Carrots Garden Fresh Salad Granny Smith Apple or Diced Pears</p>	<p>5 Entrée choice SW Chicken Flautas Beef Taco Salad <u>Grain/Vegetable/Fruit Choice:</u> Spanish Rice Sweet Corn Glazed Carrot Coins Granny Smith Apple or Diced Pears</p>	<p>6 Entrée choice Chicken Spaghetti Tempura Chicken Chunks <u>Grain/Vegetable/Fruit Choice:</u> Garlic Breadstick Fresh Mixed Greens Salad Steamed Broccoli Florets Granny Smith Apple or Diced Pears</p>	<p>7 Entrée choice Mesquite Chicken Drumstick Salisbury Steak <i>w/wo gravy</i> <u>Grain/Vegetable/Fruit Choice:</u> Honey Wheat Roll Roasted Rosemary Potatoes Key West Vegetable Blend Granny Smith Apple or Diced Pears</p>	<p>1 Entrée choice Hamburger w/wo cheese <i>w/wo toppings</i> Baja Fish Tacos <i>w/wo cabbage slaw topping</i> <u>Grain/Vegetable/Fruit Choice:</u> Crinkle Cut Fries Broccoli Slaw Grapefruit Slices or Diced Peaches</p>
<p>11 Entrée choice Asian Glazed Chicken Chunks Steak Strips <u>Grain/Vegetable/Fruit Choice:</u> Mediterranean Quinoa Salad Fresh Mixed Greens Salad Sweet Potato Fries TX Orange Smiles or Craisin Variety</p>	<p>12 Entrée choice Bulldog Beef Grande Nacho Tempura Chicken Chunks <u>Grain/Vegetable/Fruit Choice:</u> Spanish Rice Homemade Pinto Beans Cucumber Tomato Salad TX Orange Smiles or Craisin Variety</p>	<p>13 Entrée choice Personal Pepperoni Pizza Italian Combo Sub Sandwich <u>Grain/Vegetable/Fruit Choice:</u> Fresh Mixed Greens Salad Broccoli Normandy Blend TX Orange Smiles or Craisin Variety</p>	<p>14 Entrée choice Breaded Chicken Drumstick Meatloaf <u>Grain/Vegetable/Fruit Choice:</u> Honey Wheat Roll Mashed Potatoes <i>w/wo gravy</i> Mixed Vegetable Blend TX Orange Smiles or Craisin Variety <i>Heart Full of Love Cookie Treat!</i></p>	<p>15 Entrée choice Hamburger w/wo cheese <i>w/wo toppings</i> Fish Nuggets <i>w/wo garlic breadstick</i> <u>Grain/Vegetable/Fruit Choice:</u> Seasoned Curly Fries Creamy Ranch Slaw TX Orange Smiles or Craisin Variety</p>
<p>18 BAD WEATHER DAY! NO SCHOOL!</p>	<p>19 Entrée choice Beef Tamales Fajita Chicken Tacos <i>w/wo toppings</i> <u>Grain/Vegetable/Fruit Choice:</u> Spanish Rice Glazed Carrot Coins Fresh Mixed Greens Salad Red Apple Slices or Banana</p>	<p>20 Entrée choice Spaghetti w/meatballs <i>w/wo garlic breadstick</i> Four Cheese Pizza Slice <u>Grain/Vegetable/Fruit Choice:</u> Garden Fresh Salad Key West Vegetable Blend Red Apple Slices or Banana</p>	<p>21 Entrée choice Popcorn Chicken <i>(choice of spicy or regular)</i> Steak Strips <u>Grain/Vegetable/Fruit Choice:</u> Macaroni and Cheese Fresh Mixed Greens Salad Roasted Green Beans Red Apple Slices or Banana</p>	<p>22 Entrée choice Hot Dog <i>w/wo chili sauce</i> Chicken Ringers <u>Grain/Vegetable/Fruit Choice:</u> Crinkle Cut Fries Baby Carrot Sticks Baked Beans Red Apple Slices or Banana</p>
<p>25 Entrée choice Chicken Sandwich <i>(choice of spicy or regular)</i> Meatball Sub Sandwich <i>w/wo toppings</i> <u>Grain/Vegetable/Fruit Choice:</u> Fresh Mixed Greens Salad Potato Tots Fresh Pear or Raisin Variety</p>	<p>26 Entrée choice Beef Tostadas <i>w/wo toppings</i> Chicken Tostadas <i>w/wo toppings</i> <u>Grain/Vegetable/Fruit Choice:</u> Homemade Pinto Beans Fresh Veggie Sticks <i>w/wo hummus dip</i> Fresh Pear or Raisin Variety</p>	<p>27 Entrée choice Chicken Bacon Ranch Pizza Cheesy Lasagna Rollup <u>Grain/Vegetable/Fruit Choice:</u> Garden Fresh Salad Winter Vegetable Blend Fresh Pear or Raisin Variety</p>	<p>28 Entrée choice Teriyaki Chicken Noodle Bowl <i>w/wo veggie egg roll</i> Pizza Cheesy Sticks <u>Grain/Vegetable/Fruit Choice:</u> Baby Carrot Sticks Fresh Mixed Greens Salad Fresh Pear or Raisin Variety</p>	