

Mini-Core Module

Middle School & High School Questionnaire

2018-2019

CalSCHLS developed the Mini-Core Module to better support districts in meeting their annual LCAP data collection needs. **Districts that administer the CHKS every year may choose to administer this Mini-Core the year AFTER they have administered the complete Core Module.** CDE requires districts to administer the CORE Module every other year. Alternating the CHKS Core with the Mini-Core offers districts flexibility for their LCAP needs while maintaining the integrity of the longitudinal district, county, and statewide CHKS data system.

This survey asks about your behavior, experiences, and attitudes related to your school, health, and well-being. It includes questions about use of alcohol, tobacco, and other drugs, and about bullying and violence.

You do not have to answer these questions, but your answers will be very helpful in improving school and health programs. **You will be able to answer** whether or not you have done or experienced any of these things.

Please do not write your name on this form or the answer sheet. Do not identify yourself in any other way.

Please mark all of your answers on the answer sheet. Fill in the bubbles neatly with a **#2 pencil**. Do not write on the questionnaire. Mark only one answer unless told to ***“Mark All That Apply.”***

Thank you for taking this survey!

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Begin by writing your school's name at the top of the answer sheet.

1. Fill in the bubble for the letter "J."
2. Fill in the bubble for the letter "L."

Next, we would like some background information about you.

3. What is your sex?
 - A) Male
 - B) Female
4. What grade are you in?

| | |
|---------------|----------------|
| A) 6th grade | F) 11th grade |
| B) 7th grade | G) 12th grade |
| C) 8th grade | H) Other grade |
| D) 9th grade | I) Ungraded |
| E) 10th grade | |
5. Are you of Hispanic or Latino origin?
 - A) No
 - B) Yes
6. What is your race?

| | |
|-------------------------------------|--|
| A) American Indian or Alaska Native | D) Native Hawaiian or Pacific Islander |
| B) Asian | E) White |
| C) Black or African American | F) Mixed (two or more) races |

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7. If you are Asian or Pacific Islander, which groups best describe you? *(Mark All That Apply.)* If you are **not** of Asian/Pacific Islander background, mark "A) Does not apply."
- | | |
|---|--|
| A) Does not apply; I am not Asian or Pacific Islander | G) Japanese |
| B) Asian Indian | H) Korean |
| C) Cambodian | I) Laotian |
| D) Chinese | J) Vietnamese |
| E) Filipino | K) Native Hawaiian, Guamanian, Samoan, Tahitian, or other Pacific Islander |
| F) Hmong | L) Other Asian |
8. What best describes where you live? A home includes a house, apartment, trailer, or mobile home.
- | | |
|---|---|
| A) A home with one or more parent or guardian | E) Foster home, group care, or waiting placement |
| B) Other relative's home | F) Hotel or motel |
| C) A home with more than one family | G) Shelter, car, campground, or other transitional or temporary housing |
| D) Friend's home | H) Other living arrangement |
9. What is the highest level of education your parents or guardians completed? *(Mark the educational level of the parent or guardian who went the furthest in school.)*
- | | |
|---|---------------------------|
| A) Did not finish high school | D) Graduated from college |
| B) Graduated from high school | E) Don't know |
| C) Attended college but did not complete four-year degree | |
10. Do you receive free or reduced-price lunches at school? *(Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.)*
- | |
|---------------|
| A) No |
| B) Yes |
| C) Don't know |
11. What language is spoken most of the time in your home?
- | | |
|--------------|---------------|
| A) English | F) Tagalog |
| B) Spanish | G) Vietnamese |
| C) Mandarin | H) Korean |
| D) Cantonese | I) Other |
| E) Taiwanese | |

Mini-Core Module

How well do you understand, speak, read, and write English?

- | | Very Well | Well | Not Well | Not At All |
|---|--|--------------------------|----------|------------|
| 12. Understand English | A | B | C | D |
| 13. Speak English | A | B | C | D |
| 14. Read English | A | B | C | D |
| 15. Write English | A | B | C | D |
| 16. During the past 12 months , how would you describe the grades you mostly received in school? | A) Mostly A's | E) Mostly C's | | |
| | B) A's and B's | F) C's and D's | | |
| | C) Mostly B's | G) Mostly D's | | |
| | D) B's and C's | H) Mostly F's | | |
| 17. In the past 30 days , how often did you miss an entire day of school for any reason? | A) I did not miss any days of school in the past 30 days | C) 2 days | | |
| | B) 1 day | D) 3 or more days | | |
| 18. During the past 12 months , about how many times did you skip school or cut classes? | A) 0 times | E) Twice a month | | |
| | B) 1–2 times | F) Once a week | | |
| | C) A few times | G) More than once a week | | |
| | D) Once a month | | | |

Mini-Core Module

How strongly do you agree or disagree with the following statements?

| | Strongly Disagree | Disagree | Neither Disagree Nor Agree | Agree | Strongly Agree |
|--|----------------------|----------|-------------------------------------|-------|-------------------|
| 19. I feel close to people at this school. | A | B | C | D | E |
| 20. I am happy to be at this school. | A | B | C | D | E |
| 21. I feel like I am part of this school. | A | B | C | D | E |
| 22. The teachers at this school treat students fairly. | A | B | C | D | E |
| 23. I feel safe in my school. | A | B | C | D | E |
| 24. My school is usually clean and tidy. | A | B | C | D | E |
| 25. Teachers at this school communicate with parents about what students are expected to learn in class. | A | B | C | D | E |
| 26. Parents feel welcome to participate at this school. | A | B | C | D | E |
| 27. School staff take parent concerns seriously. | A | B | C | D | E |
| 28. I try hard to make sure that I am good at my schoolwork. | A | B | C | D | E |
| 29. I try hard at school because I am interested in my work. | A | B | C | D | E |
| 30. I work hard to try to understand new things at school. | A | B | C | D | E |
| 31. I am always trying to do better in my schoolwork. | A | B | C | D | E |

Mini-Core Module

Please mark on your answer sheet how TRUE you feel each of the following statements is about your SCHOOL and things you might do there.

At my school, there is a teacher or some other adult ...

| | Not At All True | A Little True | Pretty Much True | Very Much True |
|---|-----------------|---------------|------------------|----------------|
| 32. who really cares about me. | A | B | C | D |
| 33. who tells me when I do a good job. | A | B | C | D |
| 34. who notices when I'm not there. | A | B | C | D |
| 35. who always wants me to do my best. | A | B | C | D |
| 36. who listens to me when I have something to say. | A | B | C | D |
| 37. who believes that I will be a success. | A | B | C | D |

At school, ...

| | Not At All True | A Little True | Pretty Much True | Very Much True |
|---|-----------------|---------------|------------------|----------------|
| 38. I do interesting activities. | A | B | C | D |
| 39. I help decide things like class activities or rules. | A | B | C | D |
| 40. I do things that make a difference. | A | B | C | D |
| 41. I have a say in how things work. | A | B | C | D |
| 42. I help decide school activities or rules. | A | B | C | D |

The next questions ask about the use of alcohol, tobacco, marijuana, or other drugs on school property.

During the past 30 days, on how many days on school property did you use ...

| | 0 Days | 1 Day | 2 Days | 3 - 9 Days | 10 - 19 Days | 20 - 30 Days |
|---|--------|-------|--------|------------|--------------|--------------|
| 43. cigarettes? | A | B | C | D | E | F |
| 44. electronic cigarettes, e-cigarettes, or other vaping device such as juul, e-hookah, hookah pens, or vape pens? | A | B | C | D | E | F |
| 45. at least one drink of alcohol? | A | B | C | D | E | F |
| 46. marijuana (smoke, vape, eat, or drink)? | A | B | C | D | E | F |
| 47. any other drug, pill, or medicine to get "high" or for reasons other than medical? | A | B | C | D | E | F |

Mini-Core Module

Next are questions about **violence, safety, harassment, & bullying on school property.**

48. How safe do you feel when you are at school?
 A) Very safe
 B) Safe
 C) Neither safe nor unsafe
 D) Unsafe
 E) Very unsafe

During the past **12 months**, how many times **on school property** have you ...

| | Happened on School Property | | | |
|---|-----------------------------|--------|--------------|-----------------|
| | 0 Times | 1 Time | 2 to 3 Times | 4 or More Times |
| 49. been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around? | A | B | C | D |
| 50. been afraid of being beaten up? | A | B | C | D |
| 51. been in a physical fight? | A | B | C | D |
| 52. had mean rumors or lies spread about you? | A | B | C | D |
| 53. had sexual jokes, comments, or gestures made to you? | A | B | C | D |
| 54. been made fun of because of your looks or the way you talk? | A | B | C | D |
| 55. had your property stolen or deliberately damaged, such as your car, clothing, or books? | A | B | C | D |
| 56. been offered, sold, or given an illegal drug? | A | B | C | D |
| 57. damaged school property on purpose? | A | B | C | D |
| 58. carried a gun? | A | B | C | D |
| 59. carried any other weapon (such as a knife or club)? | A | B | C | D |
| 60. been threatened or injured with a weapon (gun, knife, club, etc.)? | A | B | C | D |
| 61. seen someone carrying a gun, knife, or other weapon? | A | B | C | D |
| 62. been threatened with harm or injury? | A | B | C | D |
| 63. been made fun of, insulted, or called names? | A | B | C | D |

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During the past **12 months**, how many times **on school property** were you harassed or bullied for any of the following reasons? [You were **bullied** if you were shoved, hit, threatened, called mean names, teased, or had other unpleasant physical or verbal things done to you repeatedly or in a severe way. It is **not bullying** when two students of about the same strength or power quarrel or fight.]

| | | Happened on School Property | | | |
|-----|---|-----------------------------|--------|--------------|-----------------|
| | | 0 Times | 1 Time | 2 to 3 Times | 4 or More Times |
| 64. | Your race, ethnicity, or national origin | A | B | C | D |
| 65. | Your religion | A | B | C | D |
| 66. | Your gender | A | B | C | D |
| 67. | Because you are gay or lesbian or someone thought you were | A | B | C | D |
| 68. | A physical or mental disability | A | B | C | D |
| 69. | You are an immigrant or someone thought you were | A | B | C | D |
| 70. | Any other reason | A | B | C | D |
| 71. | During the past 12 months , did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities? | | | | |
| | A) No | | | | |
| | B) Yes | | | | |
| 72. | During the past 12 months , did you ever seriously consider attempting suicide? | | | | |
| | A) No | | | | |
| | B) Yes | | | | |
| 73. | How many questions in this survey did you answer honestly? | | | | |
| | A) All of them | | | | |
| | B) Most of them | | | | |
| | C) Only some of them | | | | |
| | D) Hardly any | | | | |
| 74. | Which of the following best describes you? | | | | |
| | A) Straight (not gay) | | | | |
| | B) Gay or Lesbian | | | | |
| | C) Bisexual | | | | |
| | D) I am not sure yet | | | | |
| | E) Something else | | | | |
| | F) Decline to respond | | | | |
| 75. | Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? | | | | |
| | A) No, I am not transgender | | | | |
| | B) Yes, I am transgender | | | | |
| | C) I am not sure if I am transgender | | | | |
| | D) Decline to respond | | | | |

Cal-Well Module

SUPPLEMENT 1

Please mark one answer for each statement unless it says to mark all that apply.
 You do not have to answer any questions you don't want to answer.

How true do you feel these statements are?

| | Not At All True | A Little True | Pretty Much True | Very Much True |
|---|--------------------|------------------|---------------------|-------------------|
| X1. This school encourages students to feel responsible for how they act. | A | B | C | D |
| X2. This school encourages students to understand how others think and feel. | A | B | C | D |
| X3. This school helps students solve conflicts with one another. | A | B | C | D |
| X4. I have an adult at school I can talk to about my problems. | A | B | C | D |
| X5. I know who to go to at school for help when I am sad, stressed, or depressed. | A | B | C | D |

The next questions ask about when you or someone you know was having a hard time and feeling sad, stressed, or depressed.

- X6. If I was having a hard time and feeling sad, stressed, or depressed, I would... (Mark All That Apply)
- A) Talk to a teacher or another adult at school
 - B) Talk to my parents or someone else in my family
 - C) Get help from a counselor, doctor or therapist
 - D) Talk to my friends
 - E) Not know what to do

If someone my age felt sad, stressed, or depressed...

| | Not At All True | A Little True | Pretty Much True | Very Much True |
|--|--------------------|------------------|---------------------|-------------------|
| X7. talking to an adult could help them feel better. | A | B | C | D |
| X8. kids at my school would be nice to them. | A | B | C | D |

Cal-Well Module

SUPPLEMENT 1

If I were sad, stressed, or depressed...

| | Not At All True | A Little True | Pretty Much True | Very Much True |
|--|--------------------|------------------|---------------------|-------------------|
| X9. I would be afraid to ask for help. | A | B | C | D |
| X10. I would feel bad about myself if I made the choice to get help. | A | B | C | D |

The next questions ask about talking to an “adult professional,” like a doctor, counselor, or therapist.

- X11. In the past year, did you want to talk to an adult professional about feeling sad, stressed, or depressed?
- A) No
 - B) Yes
 - C) I don't know
- X12. In the past year, did you get help from an adult professional to talk about your feelings when you needed it?
- A) No, I didn't get help
 - B) Yes, I got help
 - C) Does not apply, I didn't need help
- X13. In the past year, how often did you get help from an adult professional when you needed it?
- A) Always
 - B) Sometimes
 - C) Never
 - D) Does not apply, I didn't need help
- X14. In the past year, where did you get help from a counselor, doctor or therapist about your feelings?
- A) At school
 - B) At a counselor, doctor or therapist's office not at school
 - C) Somewhere else
 - D) I didn't get help when I needed it
 - E) Does not apply, I didn't need help

Cal-Well Module

SUPPLEMENT 1

- X15. In the past year, did someone at school refer or connect you to a counselor, doctor or therapist outside of school?**
- A) No
 - B) Yes
 - C) I don't know
 - D) Does not apply, I didn't need help
- X16. If you were sad, stressed, or depressed, would any of these things stop you from talking to an adult professional? (Mark All That Apply)**
- A) I don't know where to go for help
 - B) There isn't anyone I can talk to
 - C) They wouldn't understand
 - D) People would think there's something wrong with me
 - E) My parents might find out
 - F) Other students might find out
 - G) I don't have a way to pay for it
 - H) Other
 - I) Nothing would stop me from talking to an adult professional

This survey was created in 2016 and revised in 2018 by the California Department of Education (CDE) and University of California, San Francisco Institute for Health Policy Studies (UCSF) with funding from the Substance Abuse and Mental Health Services Administration (SAMHSA).