

Nov. Breakfast Menu



			1 Whole Grain Blueberry Muffin Raisins 100% juice box Choice of milk	2 WG Fudge pop tart w/ graham crackers Whole apple 100% juice box Choice of milk
5 Fosted Flakes cereal (reduced sugar) String Cheese Cranberries 100% juice box Choice of milk	6 TEACHER INSTITUTE DAY NO SCHOOL	7 Strawberry Nutri Grain Bar w/ graham crackers Banana 100% juice box Choice of milk	8 Whole grain banana muffin Raisins 100% juice box Choice of milk	9 WG Blueberry pop tart w/ graham gripz Whole apple 100% juice box choice of milk
12 WG Triz Cereal String cheese Cranberries 100% juice box choice of milk	13 WG Mixed Berry Rice Krispie Bar w/ Graham gripz Whole apple 100% juice box Choice of milk	14 Apple Cinnamon Nutri Grain Bar w/ graham crackers Banana 100% juice box Choice of milk	15 Whole grain chocolate muffin Raisins 100% juice box Choice of milk	16 WG strawberry pop tart w/ graham gripz Whole apple 100% juice box Choice of milk
19 PARENT TEACHER CONFERENCES NO SCHOOL	20 PARENT TEACHER CONFERENCES NO SCHOOL	21 NO SCHOOL	22 Thanksgiving Day No School	23 NO SCHOOL
26 WG Fruit Loops String cheese Cranberries 100% juice box Choice of milk	27 WG Cinnamon toast crunch bar w/ graham gripz Whole apple 100% juice box Choice of milk	28 Strawberry Oatmeal Bar w/ grahams Banana 100% juice box Choice of milk	29 Whole Grain Blueberry Muffin Raisins 100% juice box Choice of milk	30 WG Cinnamon pop tart w/ graham gripz Whole apple 100% juice box Choice of milk

MENU IS SUBJECT TO CHANGE