


# Shade-Central City Breakfast Menu

## August & September 2019

Non-fat or 1% white and chocolate milk served daily  
Breakfast is free to all students!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
8/25	8/26  <i>No School</i>	8/27 <i>Pop tart</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	8/28 <i>Blueberry muffin</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	8/29 <i>Breakfast pizza</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	8/30 <i>Super bun</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	8/31
9/1	9/2 	9/3 <i>Pop tart</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/4 <i>Breakfast pizza</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/5 <i>Cinnamon roll</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/6 <i>Apple churro</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/7
9/8	9/9 <i>Chocolate muffin</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/10 <i>Breakfast pizza</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/11 <i>Banana muffin</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/12 <i>Dutch waffle</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/13 <i>Breakfast sandwich</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/14
9/15	9/16 <i>Breakfast pizza</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/17 <i>Bug bites</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/18 <i>Sweet roll</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/19 <i>Blueberry pan-cakes or</i> <i>Choice of cereal</i> <i>Sausage links</i> <i>Assorted fruit or juice</i>	9/20 <i>Super bun</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>  <b>12:30 Dismissal</b>	9/21
9/22	9/23 <i>Fruit muffin</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/24 <i>Raspberry churro</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/25 <i>Breakfast pizza</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/26 <i>French toast sticks or</i> <i>Choice of cereal</i> <i>Sausage links</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/27 <i>Banana bread</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>	9/28
9/29	9/30 <i>Breakfast pizza</i> <i>Choice of cereal</i> <i>Assorted fruit</i> <i>Assorted juice</i>					

**\*\* Menu Subject To Change \*\***