

LEARNING POST / HART @ HOME - GENERAL PE ACTIVITY LOG

Student _____ Grade: _____ Supervising Teacher _____

Please log in your physical activity as shown below. Students should aim to have at least 25 hours every 5 weeks.

Date & Day of Week	Activity	Time <small>(in 15 min increments)</small>	Verified by: Name	Verified by: Signature
Ex: Mon 9/24	Running on COC Track	30 minutes	John Smith (parent)	<i>John Smith</i>
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