

NOVEMBER 2019

Yadkin Middle School Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

DID YOU KNOW?

Throughout history, November was associated in large parts of the world with the beginning of winter and people would spend the month storing food and preparing their homes to survive the cold season.

Taco Soup w/Cheese w/
Toasted Cheese Sandwich
or
Mozzarella Stix w/Marinara
Romaine Salad
Carrot Stix w/Dip
Pineapple Tidbits

A La Carte

Served Daily:
Chef Salad
1% or less Milk
Fresh Fruit

Papa John's Pizza Served
on Monday and Friday.

4
Spicy Chicken Sandwich
or
Meatball Sub
Potato Smiles
Green Peas
Sliced Peaches

5
Soft Shell Taco w/Cheese
& Salsa
or
Turkey/Cheese Sandwich
Fiesta Beans
Romaine/Diced Tomatoes
Applesauce

6
Mac/Cheese w/Roll
or
Sloppy Joe Sandwich
N.C.Steamed Cabbage
Baby Carrots w/Dip
Frozen Fruit Cup

7
Beefaroni w/Garlic
Breadstick
or
Italian Sub
Green Beans w/Mini Sweet
Peppers
Steamed Corn
Diced Pears

8
Chicken Noodle w/Roll
or
Corndog
Sweet Potato Fries
N.C.Steamed Collards
Mixed Fruit

11
Holiday

12
Frenchbread Pizza
w/Marinara
or
BBQ Sandwich
Baked Beans
Deli Roasters
Strawberry Cups

13
Chicken Pie w/Roll
or
Pork Chop Sandwich
Mashed Potatoes
Steamed Broccoli
Fruity Jello

14
Ham/Cheese Stromboli
w/Marinara
or
Chicken Fillet Sandwich
Garden Salad
Steamed Corn
Mixed Berry Cups

15
Beef Vegetable Soup
w/Toasted Cheese
Sandwich
or
Hotdog w/Chili
Baked Potato w/Butter
Baby Carrots w/Dip
Mixed Fruit

18
Mozzarella Stix
w/Marinara
or
Meatball Sub
Potato Wedges
Steamed Carrots
Frozen Fruit Cups

19
Buffalo Chicken Dip
w/Chips
or
Sloppy Joe Sandwich
Romaine/Diced Tomatoes
Blackeyed Peas
Peach Cups
Grapple Slices

20
Thanksgiving Meal
Turkey w/Gravy & Roll
Turkey Dressing
Mashed Potatoes
Green Beans
Cranberry Salad
N.C.Apples

21
Baked Spaghetti w/Garlic
Breadstick
or
Rib B Q Sandwich
Spinach Salad
Steamed Corn
Mixed Fruit

22
Texas Chili w/Combread
Muffin
or
BBQ Sandwich
Romaine Salad
N.C.Sweet Potatoes
w/Butter
Diced Pears

25
Cheeseburgers w/Pickles
or
Popcorn Chicken w/Dip &
Roll
Potato Smiles
Carrot Stix w/Dip
Mixed Fruit

26
Beef & Cheese Nachos
w/Salsa
or
Italian Sub
Romaine/Diced Tomatoes
Fiesta Beans
Applesauce Cups

27
OW

28
Holiday

29
Holiday

School News

USDA and Yadkin County
Schools are an equal
opportunity provider and
employer.

Menu options are subject
to change due to
availability.