

OFFICE INFORMATION

PHONE: (408) 522-2707
OPEN: M - F: 8:30 AM - 3:30 PM
CLOSED: M - TH: 1:00 PM - 1:30 PM / FRI 12:30 - 1:30 PM

ON-LINE REGISTRATION BEGINS **DEC. 10**

AT: <http://www.fuhsdadultschool.com>

*ALL REGISTRATIONS ARE FINAL - **NO REFUNDS***

JANUARY / FEB					FEB / MARCH								
WEEK 1	21	22	23	24	25	26	WEEK 5	25	26	27	28	01	02*
WEEK 2	28	29	30	31	01	02*	WEEK 6	04	05	06	07	08	09*
WEEK 3	04	05	06	07	08	09*	WEEK 7	11	12	13	14	15	16
WEEK 4	11	12	13	14	15	16	WEEK 8	18	19	20	21	22	23
BREAK	18	19	20	21	22	23	MAKE-UP	25	26	27	28	29	30

Saturday Classes * No School

Saturday Classes at Vallico Site ONLY

FIRST DAY OF QUARTER 3: JANUARY 22

Gym Kids

Children develop balance, coordination and body strength using specialized equipment. Parachute, directional games and music help develop body control and language. Parent & child participate together. All Gym classes meet in Room 2 at Bright Beginnings.

Classes - 8 sessions

CLASS	AGE	BEG / END	START - END TIME	DAY	TEACHER	FEES
72.1110.11	9 - 18 MONTHS	01/23 - 03/20	10:00 - 11:00 AM	W	Julie Markley	70.00
72.2110.11	12 - 18 MONTHS	01/24 - 03/21	09:00 - 10:00 AM	TH	Vicki Baccaglio	70.00
72.3110.11	12 - 24 MONTHS	01/28 - 03/25	10:00 - 11:00 AM	M	Laura Huff	70.00
72.3110.12	12 - 24 MONTHS	01/24 - 03/21	11:00 - 12:00 PM	TH	Vicki Baccaglio	70.00
72.3110.13	12 - 24 MONTHS	01/25 - 03/22	09:00 - 10:00 AM	F	Becca Partridge	70.00
72.5110.12	1 ^{1/2} - 2 ^{1/2} YEARS	01/23 - 03/20	09:00 - 10:00 AM	W	Julie Markley	70.00
72.6110.11	1 - 3 YEARS	01/25 - 03/22	10:00 - 11:00 AM	F	Becca Partridge	70.00
72.7110.11	2 - 3 YEARS	01/28 - 03/25	09:00 - 10:00 AM	M	Laura Huff	70.00
72.7110.12	2 - 3 YEARS	01/22 - 03/19	10:00 - 11:00 AM	T	Ania Cunningham	70.00
72.7110.13	2 - 3 YEARS	01/24 - 03/21	10:00 - 11:00 AM	TH	Vicki Baccaglio	70.00
72.8110.11	1 - 4 YEARS	01/22 - 03/19	09:00 - 10:00 AM	T	Ania Cunningham	70.00
72.8110.12	1 - 4 YEARS	01/23 - 03/20	11:00 - 12:00 PM	W	Julie Markley	70.00

New Late Afternoon Class - 8 sessions

72.8110.21	1 - 4 YEARS	01/23 - 03/20	04:00 - 05:00 PM	W	Debra Robertson	70.00
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INFANT CLASSES

WIGGLES & RHYMES (5 - 12 MONTHS)

\$70
Play and have fun with your child while you network with other parents. This class is designed to stimulate your child's mental and motor development through the use of music, movement, and rhyme. Child development and related topics are discussed. Babies older than 12 months who are not walking may attend.

INSTRUCTOR: LAURA HUFF

COURSE CODE: 72.0110.11 RM: 2 DAY: M
TIME: 11:00 - 12:00 PM BEG/END: 01/28 - 03/25 8 SESSIONS



BABY MOVEMENT & MUSIC (4 - 15 MONTHS)

\$70
Join us for music, open play and movement activities specifically designed for your little one. Each class will include lap time, music, songs, instruments and parent integrated activities. Your baby will be encouraged to explore in a multi-purpose gym filled with safe places for them to gain confidence in early motor skills such as rolling, crawling and eye-hand coordination. Class will also involve a music component with different stimulating music and age appropriate themes each week. Class is designed for non-walkers and early walkers.

INSTRUCTOR: BECCA PARTRIDGE

COURSE CODE: 73.1021.11 RM: 2 DAY: F
TIME: 11:00 - 12:00 PM BEG/END: 01/25 - 03/22 8 SESSIONS

FREE WORKSHOP: 4 LITTLE SECRETS FOR WELL-BEING

& LONGEVITY (FREE BABYSITTING AVAILABLE)

Learn what lifestyles increase longevity and lower your risk of chronic disease. Free BMI (body mass index) and blood pressure screening. Sample delicious, healthy food. Space is limited and preregistration is required.

INSTRUCTOR: SOUTH ASIAN HEART CENTER

COURSE CODE: 97.9999.30 RM: VALLICO CAMPUS DAY: T
TIME: 6:30 - 7:30 PM BEG/END: 01/15 1 SESSION

SPECIALTY CLASSES

GUIDED MOVEMENT + STORYTIME (2-4 Yrs) \$70.00

This is a fun, creative movement class designed for children 2 - 4 years of age. The focus is on physical development of both gross and fine motor skills. Each class includes warm-up activities, teacher supervised motor skills stations, free play, circle and story time. Guided movement helps your child acquire new skills and encourages a love of physical activity.

INSTRUCTOR: ANIA CUNNINGHAM

COURSE CODE: 73.1003.11 RM: ACE 2

TIME: 11:00 - 12:00 PM BEG/END: 01/22 - 03/19 DAY: T 8 SESSIONS

YOUNG TODDLER PRESCHOOL

LEVEL 3 (16 - 20 MONTHS)

\$125.00

LEVEL 4 (21 - 24 MONTHS)

\$125.00

A preschool class designed for parent & toddler. Bring your toddler and enjoy your first preschool experience. Each class will have a simple art project, and lots of music and movement activities. Come meet other parents and play along with your child in an enriched preschool setting. Please bring a snack for yourself and your child.

INSTRUCTOR: MONICA SURPRENANT

COURSE CODE: 71.3110.11 AGE: 16 - 20 MONTHS

TIME: 11:00 - 01:00 PM BEG/END: 01/28 - 03/25 RM: 4B DAY: M 8 SESSIONS

COURSE CODE: 72.4110.11 AGE: 21 - 24 MONTHS

TIME: 09:00 - 11:00 AM BEG/END: 01/28 - 03/25 DAY: M 8 SESSIONS

BI-LINGUAL TODDLER PRESCHOOL

(1.5 - 2.5 Yrs)

\$100.00

Play and have fun with your child as you take your first steps into the exciting world of preschool. This bi-lingual (Mandarin / English) preschool class will explore and stimulate your child's mental and motor development through the use of art, music, movement, story time, playtime, and snack time. Come explore toddler friendly community and school activities with other parents as we take one field trip each quarter to a local point of interest.

INSTRUCTOR: SHARON WU

COURSE CODE: 73.6010.21 RM: ACE 4B

TIME: 12:00 - 02:00 PM BEG/END: 01/23 - 03/06 DAY: W 6 SESSIONS

PRESCHOOL MUSIC + FUN (1.5 - 4 YEARS)

\$120.00

This class features exploration time, music, snack and one art activity. Music activities include movement, rhythm instruments, singing and a variety of musical styles, rhythms and forms. Parents will learn how to use music to stimulate their child's learning through both observation and active participation. Parents with 2 children pay \$100 for second child. Please bring a snack for you and your child.

INSTRUCTOR: VERNA REGO (WED) / REEMU MEHTA (TH)

COURSE CODE: 73.5010.21 RM: ACE 4A

TIME: 12:00 - 02:00 PM BEG/END: 01/23 - 03/20 DAY: W 8 SESSIONS

COURSE CODE: 73.5010.11 RM: ACE 4B

TIME: 09:00 - 11:00 AM BEG/END: 01/24 - 03/21 DAY: TH 8 SESSIONS

COURSE CODE: 73.5010.12 RM: ACE 4B

TIME: 11:00 - 01:00 PM BEG/END: 01/24 - 03/21 DAY: TH 8 SESSIONS

PRESCHOOL ADVENTURES (1.5 - 4 YEARS) \$120.00

Experience the adventure of hands-on learning. Each week features a new themed preschool experience utilizing a variety of multi-sensory activities and materials that provide opportunities for your child to learn and grow. Parents observe and learn how to use everyday materials creatively to increase their child's understanding of the natural world. Please bring a snack for you and your child. *Parents with 2 children pay \$100 for second child.

INSTRUCTOR: REEMU MEHTA

COURSE CODE: 73.7010.21 RM: ACE 4A

TIME: 12:00 - 02:00 PM BEG/END: 01/25 - 03/22 DAY: F 8 SESSIONS

FAMILY PRESCHOOL (1 - 4 YEARS)

\$120.00

Family preschool is designed so that you and your children can share the preschool experience. Family Preschool emphasizes social development, art, music and fun. Families will pay full fee for the first child and half fee for additional children. Babies under 1 year are free. Please bring a snack for yourself and your children.

INSTRUCTOR: MONICA SURPRENANT

COURSE CODE: 71.2210.21 RM: ACE 4B

TIME: 12:00 - 02:00 PM BEG/END: 01/22 - 03/19 DAY: T 8 SESSIONS

PRESCHOOL SCIENCE & MORE (3 - 5 YEARS) \$120.00

Discover the exciting world of science through fun, hands-on activities. Parents will learn how to encourage and stimulate the natural curiosity children have for science. Help your child develop science concepts and skills in this educational class. Each class will feature a variety of age-appropriate science activities as well as play time and circle time. Please bring a snack for yourself and your child. Enroll a second child for \$100

INSTRUCTOR: RINDALA SAWAYA

COURSE CODE: 73.2020.21 RM: ACE 4D

TIME: 12:00 - 02:00 PM BEG/END: 01/24 - 03/21 DAY: TH 8 SESSIONS

MATH AND MORE (3 - 4 YEARS)

\$120.00

To Enroll in this class children must be 3 by September 1, 2018. Children develop their math skills: sorting, grouping, patterns and numbers through singing, games and art. Come and learn how math is incorporated in everyday life. Snack time, story time and playtime are organized around fun math activities. Please bring a snack for yourself and your child. Enroll a second child for \$100

INSTRUCTOR: VERNA REGO

COURSE CODE: 73.4010.21 RM: ACE 4A

TIME: 12:00 - 02:00 PM BEG/END: 01/22 - 03/19 DAY: TU 8 SESSIONS

Class at New Vallico Location

10123 N WOLFE RD. CUPERTINO NEXT TO BENIHANA

YOGA FUN FOR PARENT & CHILD 3 - 10 YEARS \$40.00

Children in this class will learn basic concepts of Yoga including seating postures, entry level poses, sun salutation and beginning level meditation. Learn how to practice yoga safely and integrate into daily life. Parent and child participate together. One fee for both participants. Dress in comfortable clothing, bring a water bottle and yoga mat. For health and comfort, please finish solid food 1 hour before class. **CLASS ON: 2/2, 2/9, 3/2, 3/9**

INSTRUCTOR: MANSI PATEL **YOGA CLASSES HELD AT VALLICO CAMPUS**

COURSE CODE: 73.1001.41 RM: 11 AGE: 3-10 YR DAY: S
TIME: 10:00 - 11:00 AM BEG/END: 02/02 - 03/09 4 SESSIONS

EVENTS

SCHOOL FACEBOOK & INSTAGRAM PAGES

Have you seen the Bright Beginnings Preschool Instagram and Facebook pages? Check them out at:

<https://www.instagram.com/preschoolandgymkids/>

<https://www.facebook.com/preschoolandgymkids/>

Please feel free to share our pages and schedule with your friends.