



MEDICAL SCIENCE ACADEMY

Valencia High School



Subject: Heart Screening Event

Hello Parents and Students,

We are excited to announce the Valencia High School Medical Science Academy has partnered with the Saving Hearts Foundation to host a **FREE** heart screening event for all youth aged 12-24 on October 27th in the Valencia High School gymnasium.

Saving Hearts Foundation is on a mission to prevent Sudden Cardiac Arrest through awareness, education, and action. The foundation's primary mission is to provide free preventative heart screenings to youth to test for warning signs of Sudden Cardiac Arrest (SCA).

Preventative heart screenings are not a part of a child's annual physical exams. Saving Hearts fills this void by providing free heart screenings for young competitive athletes. The screening includes an ECG, and if necessary, an echocardiogram interpreted by a physician with referral to a cardiologist if needed. The screening is completely painless and only takes approximately 20 minutes to complete.

Founded by three UCLA undergraduates, Saving Hearts is a national non-profit foundation that strives to protect young athletes from Sudden Cardiac Arrest.

We encourage students to sign up for a **FREE** heart screening through the following website by **Friday, October 19th** as there are a limited number of spots available:

www.savingheartsfoundation.com/valenciascreening

This event is open to the public, please invite friends and family between the ages of 12 and 24 to sign up for a screening.

Please visit the Saving Hearts Foundation website for more information:
<https://www.savingheartsfoundation.com/>

You may contact Jonathan Gedalia (athletic trainer) with any questions or concerns at jgedalia@hartdistrict.org.

Thank you!

Medical Science Academy