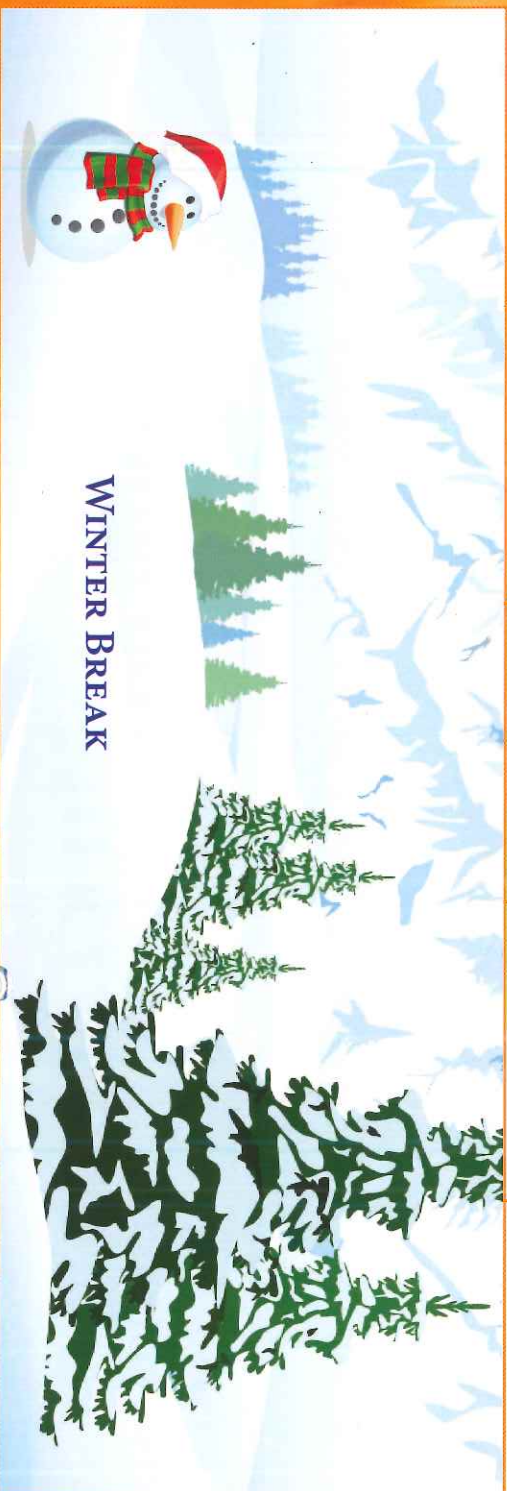


DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Tamale in Red Sauce Greek Yogurt & Granola **** Chopped Romaine Apple & Eve Fruitable Juice Cilantro Peaches or other canned fruit	4 Orange Chicken & Rice Chicken Ranch Salad **** Lunch Bunch Grapes Cucumbers and Tajin Apple & Eve Fruitable Juice Tangerines or Other Canned Fruit	5 Pepperoni* and Cheese Pizza **** Caesar Salad Mini Sweet Bell Peppers Carrots 100% Strawberry Frozen Cup	6 Chicken Drumstick Asian Chicken Salad **** Orange Smiles Jicama and Tajin Apple Slices Potato Dish Cookie or Brownie Day	7 Cheeseburger Caesar Salad **** Ocean Spray Dried Cranberries Chicken Caesar Salad Pinto Bean Salad 100% Berry Fruit Pop
10 Bean & Cheese Pupusa and Currito Greek Yogurt & Granola **** Chopped Romaine Apple & Eve Fruitable Juice Cilantro Peaches or Other Canned Fruit	11 Chicken Tenders Chicken Ranch Salad **** Lunch Bunch Grapes Cucumbers and Tajin Apple & Eve Fruitable Juice Tangerines	12 Pepperoni* and Cheese Pizza **** Caesar Salad Mini Sweet Bell Peppers Carrots 100% Strawberry Frozen Cup	13 Mac N Cheese or New Item Asian Chicken Salad **** Orange Smiles Jicama and Tajin Apple Slices Cookie or Brownie Day	14 Breaded Chicken w/Bun Chicken Caesar Salad **** Ocean Spray Dried Dried Fruit Caesar Salad Pinto Bean Salad 100% Berry Fruit Pop
17 Ground Beef Taco Greek Yogurt & Granola **** Chopped Romaine Apple & Eve Fruitable Juice Cilantro Peaches or Other Canned Fruit	18 Asian Beef & Rice Chicken Ranch Salad **** Lunch Bunch Grapes Cucumbers and Tajin Apple & Eve Fruitable Juice Tangerines	19 Pepperoni* and Cheese Pizza **** Caesar Salad Mini Sweet Bell Peppers Carrots 100% Strawberry Frozen Cup	20 Chicken Nuggets Asian Chicken Salad **** Orange Smiles Jicama and Tajin Apple Slices Potato Dish Cookie or Brownie Day	21 Student-Free Day



Meal Pricing and Charge Policy:

See inside of front cover

Meal Applications:

Refer to page 3

Updated menus will be posted on our website, yourchew.com, as well as nutrient analysis.

Póliza de precios y cargos de comida: vea el interior de la portada.

Aplicaciones de comida: consulte la página tres. El menú está sujeto a cambios.

Los menús actualizados se publicarán en nuestro sitio web, yourchew.com, así como el análisis de nutrientes.

Additional Entrée Choices Opciones adicionales

Mon/Lunes: Grilled Cheese

Tues/Martes: Sunflower Seeds & Granola Bar

Wed/Miércoles: Cheese Pizza

Thurs/Jueves: Garlic Cheese Bread

Fri/Viernes: Morning Star

Black Bean Burger

Additional Protein/ Proteína adicional

Mozzarella String Cheese or Sunflower Seeds (Varies day to day)

Light Mozzarella String Cheese o semillas de girasol (Varía día a día)

Additional Whole Grain/ Grano Entero Adicional

Mon/Lunes: Organic Annie Grahams

Tues/Martes: Back to Basics Wheat Crackers

Wed/Miércoles: Crackers

Thurs/Jueves: Cookie Day

Fri/Viernes: Peppertidge Farms Goldfish Pretzels