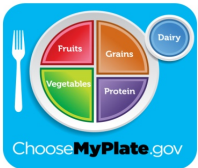


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S	<b>WELCOME BACK</b>	1  <b>HAPPY NEW YEAR</b>	2 <b>NO SCHOOL</b>	3 <b>NO SCHOOL</b>	4 <b>NO SCHOOL</b>
B L S	7 Beef Hot Dog with Tater Tots (1c) <b>(63)</b>	8 Lemon Pepper Chicken with Brown Rice Pilaf (1c) & Mixed Vegetables (1c) <b>(63)</b>	9 Turkey Salad Sandwich with Carrot Sticks (3/4c) & Ranch <b>(63)</b>	10 Chicken Tamal with Black Beans (1c) <b>(68)</b>	11 Creamy Chicken Chipotle (1/2c) over Penne Pasta (1c) with Steamed Broccoli & Carrots (1c) <b>(63)</b>
B L S	14 Beef Taquitos (2) with Whole Kernel Corn (1c) <b>(63)</b>	15 Chicken Fettuccine (1c) Alfredo with Green Salad (2c) <b>(63)</b>	16 Red Chicken & Cheese Enchiladas with Pinto Beans (3/4c) <b>(63)</b>	17 Italian Turkey, Ham & Cheese Hoagie Roll Sandwich with Carrot Sticks (3/4c) & Ranch <b>(60)</b> Italian Turkey & Cheese Hoagie Roll Sandwich with Carrot Sticks (3/4c) & Ranch <b>(3)</b>	18 Spaghetti (1c) & Meatballs with Green Salad (1 1/2c) <b>(63)</b>
B L S	21 	22 Chicken Tamal with Pinto Beans (1c) <b>(68)</b>	23 Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch <b>(63)</b>	24 Beef & Cheese Chimichanga with Whole Kernel Corn (1c) <b>(63)</b>	25 Pesto Chicken Penne Pasta (1c) with Steamed Broccoli & Carrots (1c) <b>(63)</b>
B L S	28 Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (1c) <b>(63)</b>	29 Spaghetti (1c) & Meatballs with Green Salad (1 1/2c) <b>(63)</b>	30 Chicken & Waffles with Mashed Potatoes (1c) <b>(68)</b>	31 Turkey & Cheese Croissant Sandwich with Carrot Stricks (3/4c) & Ranch <b>(63)</b>	1 Chicken Fettuccine (1c) Alfredo with Green Salad (2c) <b>(63)</b>

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



**School Notes: PRE-PACKED// Remove Cajun Pasta (cold pasta)// NO Pork for 2 students, send 2 extra vegetarian meals on dates with pork// No Pizza on Menu // Send Disposable Styrofoam Trays Every Day**

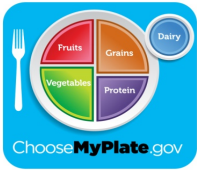


“Eat Right, Be Bright!”

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S	<b>WELCOME BACK</b>	1  <b>HAPPY NEW YEAR</b>	2 <b>NO SCHOOL</b>	3 <b>NO SCHOOL</b>	4 <b>NO SCHOOL</b>
B L S	7 Garden Burger with Mashed Potatoes (1c)	8 Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	9 Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with Carrot Sticks (3/4c) & Ranch	10 Cheese Tamal with Black Beans (1c)	11 Teriyaki Tofu (1/2c) Chow Mein (1c) & Steamed Broccoli & Carrots (1c)
B L S	14 Bean & Cheese Burrito with Whole Kernel Corn (1c)	15 Fettuccine (1c) Alfredo with Shredded Cheese (2oz) & Green Salad (2c)	16 Bean Chili with Shredded Cheese (2oz), WG Saltines (6pkts) & Green Salad (1c)	17 Garden Burger with Sweet Potato (1c)	18 Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
B L S	21 	22 Macaroni & Cheese (1c) with BBQ Baked Beans (1c)	23 Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with Carrot Sticks (3/4c) & Ranch	24 Garden Burger with Whole Kernel Corn (1c)	25 Mongolian Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
B L S	28 Shredded Cheese (2oz) Nachos (2oz) with Pinto Beans (1c)	29 Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	30 Garden Burger with Mashed Potatoes (1c)	31 Bean & Cheese Torta with Carrot Sticks (3/4c) & Ranch	1 Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes:

“Eat Right, Be Bright!”

