



**Calling all Moraine Penguins to be Superheroes,
become bully-proof, and give back!!!
September 20th, 2018 @ 6:00-7:30pm**

**Please join us for a fun-filled evening , with
parents and children, as we learn new skills while
helping others whose community and schools
have been unfortunately impacted by devastating
tornadoes in Dr. Bryan's hometown of
Marshalltown, Iowa. Please read the attached
flyer, and come join us make a wonderful evening
as we welcome a new school year ☺**

Please see reverse side for more information!!

**Return the bottom portion of this slip, with payment, to your teacher or to the
Moraine office ASAP. An email will be sent once you are confirmed; please print
legibly. If you have any questions please contact Katie, kliptak3@yahoo.com.
Thanks!!**

***All children must be accompanied by at least 1 parent/caregiver**

****\$20 per ticket (includes first child & parent/caregiver), \$10/ticket for any extra siblings**

*****Please return payment with signed slip, checks can be payable to Moraine PTA**

Name(s), Age(s) of kids attending

Contact Name of Adult/Caregiver Attending

Email and Phone #

PLEASE PRINT LEGIBLY ☺

Amount Enclosed:

Moraine Super Heroes for Marshalltown Kids

What's better than building the social skills our kids need while supporting the tornado-ravaged neighborhoods of Marshalltown Iowa? Moraine's Family Fun committee and Girl Scouts invite you to a "Fun Raiser" on Thursday, September 20. With the generous support of the Kids Empowered organization, Moraine is hosting a Super Heroes evening to raise funds for the Marshalltown families most impacted by recent tornados.

Throughout the evening, kids will find their inner Wonder, develop their personal Force Field, strengthen their Shield of Armor, and learn the character traits and skills of inner strength, resiliency, assertiveness, and how to use their personal power to make a difference in this world.

While playing recess games, kids will role play and learn how to handle sticky situations commonly experienced on the playground. Participants will learn to use their words, tone of voice, and body language, to more effectively manage conflict, exclusion, and unfriendly situations. Kids will visit 3 hands-on activity stations to learn the lessons in a fun and engaging way. The evening will conclude with a mindfulness activity to learn how to manage emotions. Kids will be grouped by age. Super hero costumes welcome! (but not required)

While our children are developing their super hero traits, parents will learn 12 ways to bully-proof their children. Parents will learn what words, tone of voice, and body language they should teach their children to more effectively manage conflict, exclusion, and unfriendly situations. These strategies will help you support your child when navigating the social landscape, both in and out of school.

Normal pricing for this type of program is \$35 per child/parent pair. For Moraine's Fun Raiser for Marshalltown families, Kids Empowered is donating their services. At only \$20 per child/parent pair, our kids will be better prepared for the school-year ahead, and all proceeds will be used to support the acute needs of elementary school children in Marshalltown.

To learn more about Kids Empowered go to www.kidsempowered.com