

NEWS FROM THE NURSES.....JANUARY 30, 2020

It is hard to believe that we are already in February. I have been keeping up with influenza statistics in our area, and would like to pass along the most recent information. For the week ending 1/25/20, according to the Respiratory Virus Surveillance Report, the "State Activity Level is High". The predominant strain is B.

The single best way to prevent seasonal flu is to get a yearly flu shot. There is still plenty of vaccine available, and I encourage anyone who has not gotten their vaccination yet, to do so.

The CDC has released the following information for school and child care centers.

1-Stay home from school when you are sick. Our school policy states that students with fever of 100 degrees or greater will be sent home from school. Students may not return to school until they are fever free for 24 hours without the use of fever reducing medication (Tylenol/Motrin). Students who are too sick to attend school may not participate in any afterschool events, or be a spectator at school events (as per our school handbook).

2-Avoid touching your eyes, nose, and mouth. Frequent hand washing and good respiratory hygiene (coughing in your elbow) is strongly enforced at school.

3- Clean and disinfect surfaces and objects (computer keys).

We ask for your cooperation in keeping our school environment as safe as possible. Sick children will be sent home. We can only do this if we all work together. Thank you for your cooperation in advance...

THE NURSES