

**POMONA UNIFIED SCHOOL DISTRICT
Health Services & Programs**

PARENTS!

Notice of Exposure to Illness

Strep Throat

Date: _____

Symptoms: Sore throat due to strep infection, fever, nausea, vomiting.

**Incubation
Period:** 1—7 days. Average 2—4 days

**How
Transmitted:** Person-to-person contact or indirectly by contact with
articles soiled by secretions from nose and throat.

**Treatment
and
Precautions:** Must consult your doctor. Bed rest, encourage fluids.

**Return to
School:** After medical treatment and advice of your doctor. Usually not
contagious after 24 hours on medication.

**Please call your child's school if your child will be absent due
to above symptoms (or any other illness)**

SECTION 6