

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	
Mon - 12/03/2018																	
MIDDLE SCHOOL CYCLE 3																	
	Total	2000															
	Spicy Chicken Tenders	3 pieces	500	260	25	390	3.00	*N/A*	*N/A*	*N/A*	*N/A*	15.0	17.0	15.0	2.50	0.00	
	BREADED BEEF FINGERS	4 EA	1000	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
	GRILLED CHICKEN SANDWICH	1 EA	500	280	50	530	3.00	2.52	100.0	0	0.0	*N/A*	21.0	28.0	9.5	2.50	0.00
	MASHED POTATOES-SIMPLOT	1/2 CUP	500	90	0	380	0.00	0.36	20.0	0	30.0	*N/A*	2.0	17.0	1.5	0.00	0.00
	GREEN BEANS: canned,cooked	1/2 CUP	1000	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
	PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
	FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
	BAKED CHIPS-VARIETY	1BAG	2000	145	0	225	2.00	0.54	55.0	50	0.9	*N/A*	2.25	22.0	2.87	1.13	*0.00
	GRAVY, MIX-FAT FREE-MORRI SON	1 tbspc	1000	30	0	243	0.00	0.00	21.7	0	0.0	*0	1.01	6.05	0.0	0.00	0.00
	CONDIMENT, KETCHUP PACK ET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
	CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	CONDIMENTS, SALAD DRESSI NG PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
	MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
	Weighted Daily Average			692	48	1252	6.87	*3.38	*331.2	*713	*24.68	*6	27.43	88.02	23.39	6.46	*0.00
	% of Calories										*3.3%	15.9%	50.9%	30.4%	8.4%	*0.0%	
	Nutrient Guideline			600-700		1360										<10.00	

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**Victoria I.S.D.**

Base Menu Spreadsheet

Portion Values - Detailed

**Dec 3, 2018 thru Dec 7, 2018**

MIDDLE SCHOOL CYCLE 3

Generated on: 11/28/2018 3:23:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/04/2018																
MIDDLE SCHOOL CYCLE 3	Total	2000														
PIZZA POCKETS	SERVINGS	500	364	*67	*418	*2.21	*3.26	*162.3	*175	*2.07	*0	*27.11	*29.98	*14.54	*5.84	*0.00
WG MOZZARELLA STICKS (RICH'S)	5 EA	500	400	25	450	2.50	2.00	458.0	428	458.0	*N/A*	20.0	35.0	20.0	7.50	0.00
HAM / CHEESE CROISSANT	1 EACH	300	312	45	1107	3.00	8.60	210.0	770	0.0	*N/A*	20.34	35.34	13.34	7.17	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
PEARS WITH CHERRIES	1/2 CUP	1000	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSO FOOD S:RICH	1SLICE	500	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
RANCH DRESSING	1/8 CUP	500	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
PIZZA SAUCE; LABATT FOOD SERVI	1/8 CUP	500	22	0	180	1.80	0.65	0.0	450	8.1	*N/A*	1.8	5.4	0.0	0.00	*N/A*
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			499	*40	*822	*8.27	*4.43	*450.3	*7211	*156.18	*11	*27.50	*70.39	*14.31	*5.68	*0.04
% of Calories											*8.6%	*22.1%	*56.5%	*25.8%	*10.3%	*0.1%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/05/2018																
MIDDLE SCHOOL CYCLE 3	Total	2000														
BEANS & FRANKS	.75 CUP	300	278	34	1105	5.01	4.37	93.7	103	*4.15	*11	11.38	28.71	14.15	4.86	*0.00
HAMBURGER	SERVING	800	250	40	470	3.00	3.60	120.0	100	0.0	*N/A*	21.0	28.0	6.5	2.50	0.00
Chef Salad W/Chicken& Crackers	1 ea	500	511	66	1279	6.15	6.23	270.1	24359	43.8	*6	29.94	60.25	17.27	5.49	*1.70
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
SWEET POTATO FRIES STRAI	1/2 C	1000	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN ER	1500	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
ROLL-COUNTRY HOME BAKERS	ROLL	1000	150	0	270	3.00	1.80	40.0	0	0.0	*N/A*	5.0	30.0	2.0	0.00	0.00
CONDIMENT, KETCHUP PACK	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSI	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
NG PAC																
MILK - Variety	HALF PINT	1000	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			630	41	1197	9.48	*6.05	301.1	7899	*38.46	*11	27.01	101.20	14.42	3.39	*0.43
% of Calories											*6.7%	17.1%	64.2%	20.6%	4.8%	*0.6%
Nutrient Guideline			600-700		1360										<10.00	

Thu - 12/06/2018																
MIDDLE SCHOOL CYCLE 3	Total	2000														
CHILI CON CARNE W/ BEANS	1/2 CUP	1000	178	43	170	2.15	2.79	42.4	545	6.63	*3	14.14	8.23	9.97	3.70	*0.55
BEAN &CHEESE BURRITO/KID	1 EACH	500	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
SMART																
CHICKEN FAJITAS	1 EACH	500	388	60	553	3.05	2.47	90.1	349	6.65	*11	23.59	38.83	15.27	3.27	*0.03
SPANISH RICE	.50 CUP	1000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
REFRIED BEANS	1/2 CUP	500	239	2	723	10.60	3.45	157.8	25	1.61	*2	13.63	35.23	5.43	1.29	*0.00
SPINACH SALAD*	1 CUP	1000	160	*0	*26	*1.28	*1.54	*37.1	*2817	*25.35	*6	*1.08	*8.05	*13.71	*0.02	*0.00
PEACHES, SLICED-WORLD H	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
ORIZONS																
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
CORNBREAD	1 each	1000	250	27	169	1.28	1.91	63.3	160	0.52	*5	6.08	36.11	8.78	1.30	*0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			743	*58	*866	*9.71	*5.96	*366.2	*2264	*30.62	*16 *8.6%	*32.41 *17.4%	*96.84 *52.1%	*26.54 *32.1%	*5.01 *6.1%	*0.28 *0.3%
Nutrient Guideline			600-700		1360											<10.00

Fri - 12/07/2018																
MIDDLE SCHOOL CYCLE 3																
	Total															
HOT DOG ON A BUN:turkey hot	1 EACH	500	261	25	772	2.42	1.81	100.7	0	*0.0	*N/A*	9.84	20.98	15.02	4.90	0.00
MACARONI AND CHEESE	2/3 CUP	300	321	33	961	0.80	0.86	615.3	1665	0.93	*9	22.95	30.52	12.2	6.89	*0.00
BREADED CHICKEN SANDWICH	SANDWIC	800	400	30	760	4.00	3.60	120.0	0	1.2	*N/A*	18.0	38.0	19.5	5.00	0.00
FRENCH FRIES	SERVING	1000	120	0	20	2.00	0.36	0.0	0	6.0	*N/A*	2.0	20.0	3.5	1.00	0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
FRUIT COCKTAIL-LIBBY'S-GLAZIER	1/2 CUP	1000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			528	29	1006	6.33	2.99	387.8	7048	*15.32	*17 *12.8%	22.11 16.7%	74.07 56.1%	17.03 29.0%	5.28 9.0%	*0.00 *0.0%
Nutrient Guideline			600-700		1360											<10.00

Weighted Average			618	*43	*1029	*8.13	*4.56	*367.3	*5027	*53.05	*12 *17.5%	*27.29 *17.7%	*86.10 *55.7%	*19.14 *27.9%	*5.17 *7.5%	*0.15 *0.2%
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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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**Victoria I.S.D.**

**Dec 3, 2018 thru Dec 7, 2018**

Base Menu Spreadsheet

MIDDLE SCHOOL CYCLE 3

Portion Values - Detailed

Page 5

Generated on: 11/28/2018 3:23:39 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	618		600 - 700	100%													
Cholesterol (mg)	43				Missing												
Sodium 1 (mg)	1029		1360		Missing												
Sodium 2 (mg)	1029		1035		Missing												
Fiber (g)	8.13				Missing												
Iron (mg)	4.56				Missing												
Calcium (mg)	367.3				Missing												
Vitamin A (IU)	5027				Missing												
Sugars (g)	12	7.76%			Missing												
Vitamin C (mg)	53.05				Missing												
Protein (g)	27.29	17.65%			Missing												
Carbohydrate (g)	86.10	55.70%			Missing												
Total Fat (g)	19.14	27.85%			Missing												
Saturated Fat (g)	5.17	7.52%	<10.00%		Missing												
Trans Fat <sup>1</sup> (g)	0.15	0.22%			Missing												

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/10/2018																
MIDDLE SCHOOL CYCLE 4	Total	2000														
SWEET & SOUR CHICKEN	SV	500	291	0	724	1.71	3.18	86.5	763	5.94	*N/A*	18.61	31.72	9.72	0.56	*0.05
CORN DOG:Turkey Jumbo State F	1 EACH	500	280	31	660	2.00	1.80	80.0	0	18.0	*N/A*	9.0	31.0	13.0	3.50	0.00
WG Chkn Egg Roll	2 EA	500	301	70	521	4.01	2.16	*N/A*	1002	*N/A*	*N/A*	18.03	34.06	10.02	3.00	0.00
SEASONED RICE	1/2 cup	1000	68	0	201	0.02	0.44	0.5	63	3.81	*0	1.01	11.74	1.36	0.24	*0.00
Oriental Vegetable Blend	1/2 cup	1000	0	0	0	0.02	0.01	0.3	4	0.16	*N/A*	*N/A*	0.06	0.0	0.00	0.00
CHERRY TOMATO W/CELERY STICK	1/2 Cup	1000	110	0	54	3.48	*0.06	*12.0	*135	*0.93	*0	3.21	18.89	3.05	0.01	*0.00
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1500	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			509	31	934	5.98	*2.51	*257.4	*1104	*27.14	*9	*21.25	80.13	12.05	2.38	*0.01
% of Calories											*6.9%	*16.7%	63.0%	21.3%	4.2%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/11/2018																
MIDDLE SCHOOL CYCLE 4	Total	2000														
SPAGHETTI AND MEAT SAUCE	1 CUP	500	348	52	501	2.58	4.22	55.4	264	5.46	*4	20.93	37.37	12.37	4.56	*0.66
CHEESE PIZZA MINIS, WG	1 EA	800	230	10	480	4.00	2.70	0.0	200	0.0	*N/A*	15.0	30.0	7.0	2.50	0.00
FRENCH BREAD PIZZA	1 Ea	500	330	20	600	3.00	0.00	0.0	0	0.0	*N/A*	17.0	30.0	15.0	6.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
APRICOTS,CND,EX LT SYRUP PK,W/	1/2 CUP	1000	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSCO FOOD S:RICH	1SLICE	1500	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
RANCH DRESSING	1/8 CUP	1000	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			650	*39	1099	*11.56	*4.77	*333.3	*8486	*44.78	*12	30.51	100.92	16.88	6.18	*0.29
% of Calories											*7.3%	18.8%	62.1%	23.4%	8.6%	*0.4%
Nutrient Guideline			600-700		1360										<10.00	

Wed - 12/12/2018																
MIDDLE SCHOOL CYCLE 4	Total	2000														
CHEESEBURGER POCKET	1 each	500	491	*140	846	*0.85	3.73	158.6	*226	*0.48	*0	41.09	15.34	28.09	11.95	*0.17
BAKED POTATO EXTRA CHEESE	1 EACH	500	438	51	544	4.44	2.26	564.9	913	19.4	*2	21.46	44.85	19.12	10.57	*0.00
CHEF SALAD-HAM W/ CROUTONS	SERVING	500	219	37	961	5.21	3.44	268.8	16993	40.39	*3	13.97	16.56	9.67	6.38	*0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAINER	1500	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CHOCOLATE CHIP-OTIS SPUN KMEYER	1 EACH	2000	130	5	95	1.00	0.72	0.0	100	0.0	*N/A*	1.0	17.0	6.0	2.00	*N/A*
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			664	*68	886	*7.82	*4.16	466.4	*11970	*42.52	*10	29.96	86.04	21.43	9.76	*0.04
% of Calories											*6.2%	18.1%	51.9%	29.1%	13.2%	*0.1%
Nutrient Guideline			600-700		1360										<10.00	

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/13/2018																
MIDDLE SCHOOL CYCLE 4	Total	2000														
NACHOS WITH GROUND BEEF	1/3 cup	500	309	38	560	0.93	1.22	218.9	812	*0.39	*1	15.98	14.72	20.68	8.45	*0.40
TACO SALAD-VISD	SERVINGS	500	413	*73	*714	*2.87	*3.37	*226.9	*2530	*12.45	*3	*24.89	*25.68	*22.95	*7.52	*0.00
TAMALES, PORK: LABATT FOOD	4 EACH	300	532	42	1039	10.21	0.00	0.0	394	0.0	*N/A*	21.28	51.19	28.94	6.53	0.30
SPANISH RICE	.50 CUP	1000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
PINTO BEANS: cooked	1/2 CUP	1000	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1/2 CUP	500	9	0	280	0.98	0.55	233.1	1138	5.77	*1	0.37	1.84	0.07	0.01	*0.00
PICO DE GALLO	1/3 c	500	18	*0	*3	*0.77	*0.31	*7.8	*515	*44.13	*2	*0.7	*3.4	*0.39	*0.06	*0.00
PEACHES, SLICED-WORLD H	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
ORIZONS																
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			567	*40	*820	*8.30	*3.09	*405.1	*1692	*29.12	*8	*27.60	*74.98	*18.50	*5.90	*0.15
% of Calories											*5.6%	*19.5%	*52.9%	*29.4%	*9.4%	*0.2%
Nutrient Guideline			600-700		1360									<10.00		

Fri - 12/14/2018																
MIDDLE SCHOOL CYCLE 4	Total	2000														
Broccoli Cheese Soup	6 oz	500	204	37	594	1.00	0.00	390.0	445	11.0	*N/A*	13.0	14.0	11.0	6.00	0.00
CHICKEN NUGGETS-GLAZIER-TYSON	5 PIECES	800	230	30	560	2.00	1.80	40.0	0	0.0	*N/A*	12.0	15.0	14.0	3.50	*N/A*
BREADED BEEF FINGERS	4 EA	500	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
TATER TOTS,FRZ,PREP SIMPL OT	1/2 cup	1000	227	0	400	2.67	0.48	0.0	0	6.4	*N/A*	2.67	25.33	13.33	2.00	0.00
GREEN BEANS (CUT)-ALLENS	1/2 CUP	1000	35	0	380	3.00	1.80	40.0	500	2.4	*N/A*	2.0	7.0	0.0	0.00	0.00
CANDIED APPLES	1/4 cup	1000	42	0	19	1.27	0.07	3.3	29	2.44	9	0.44	10.86	0.09	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
DELI SANDWICH	1 each	500	234	43	947	3.00	2.37	*153.7	196	0.48	*N/A*	22.28	22.79	7.57	2.63	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			582	50	1400	6.98	3.60	*389.8	944	*18.51	*10 *6.9%	27.34 18.8%	68.13 46.8%	24.00 37.1%	6.84 10.6%	*0.00 *0.0%
Nutrient Guideline			600-700		1360											<10.00

Weighted Average			594	*46	*1028	*8.13	*3.63	*370.4	*4839	*32.41	*10 *14.8%	*27.33 *18.4%	*82.04 *55.2%	*18.57 *28.1%	*6.21 *9.4%	*0.10 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	594		600 - 700	99%		6		Correction Required - Calories are Low
Cholesterol (mg)	46				Missing			
Sodium 1 (mg)	1028		1360		Missing			
Sodium 2 (mg)	1028		1035		Missing			
Fiber (g)	8.13				Missing			
Iron (mg)	3.63				Missing			
Calcium (mg)	370.4				Missing			
Vitamin A (IU)	4839				Missing			
Sugars (g)	10	6.58%			Missing			
Vitamin C (mg)	32.41				Missing			
Protein (g)	27.33	18.40%			Missing			
Carbohydrate (g)	82.04	55.22%			Missing			
Total Fat (g)	18.57	28.13%			Missing			
Saturated Fat (g)	6.21	9.41%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.10	0.15%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/17/2018																
MIDDLE SCHOOL CYCLE 1	Total	2000														
CHICKEN FRIED STEAK SANDWICH	SANDWIC	500	491	45	793	4.02	5.42	100.6	0	0.0	*N/A*	23.06	54.26	22.53	8.01	*0.00
HOT DOG ON A BUN:turkey hot	1 EACH	500	261	25	772	2.42	1.81	100.7	0	*0.0	*N/A*	9.84	20.98	15.02	4.90	0.00
TURKEY WRAP	1 each	500	375	63	1240	1.73	3.65	271.1	516	3.11	*1	26.57	23.68	14.88	4.90	*0.17
MASHED POTATOES-SIMPLOT	1/2 CUP	800	90	0	380	0.00	0.36	20.0	0	30.0	*N/A*	2.0	17.0	1.5	0.00	0.00
SPINACH: frozen,boiled	1/2 CUP	800	32	0	92	3.52	1.86	145.4	11458	2.09	0	3.81	4.56	0.83	0.15	0.00
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	2000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GRAVY, MIX-FAT FREE-MORRISON	1 tbsp	500	30	0	243	0.00	0.00	21.7	0	0.0	*0	1.01	6.05	0.0	0.00	0.00
CONDIMENT, KETCHUP PACKET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACKET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1000	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			554	37	1219	6.84	4.10	318.5	5264	*41.00	*12 *8.5%	22.16 16.0%	82.46 59.5%	15.42 25.0%	4.81 7.8%	*0.04 *0.1%
Nutrient Guideline			600-700		1360											<10.00

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**Victoria I.S.D.**

Base Menu Spreadsheet

Portion Values - Detailed

**Dec 17, 2018 thru Dec 19, 2018**

MIDDLE SCHOOL CYCLE 1

Generated on: 11/28/2018 3:25:19 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/18/2018																
MIDDLE SCHOOL CYCLE 1	Total	2000														
LASAGNA WITH GROUND BEEF	SERVINGS	1000	282	39	326	2.60	2.96	301.4	849	9.43	*3	18.68	27.87	10.24	5.58	*0.25
HAM / CHEESE CROISSANT	1 EACH	300	312	45	1107	3.00	8.60	210.0	770	0.0	*N/A*	20.34	35.34	13.34	7.17	0.00
WG MOZZARELLA STICKS (RI CH'S)	5 EA	500	400	25	450	2.50	2.00	458.0	428	458.0	*N/A*	20.0	35.0	20.0	7.50	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	500	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
PEARS WITH CHERRIES	1/2 CUP	1000	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSOCO FOOD S:RICH	1SLICE	1000	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
PIZZA SAUCE; LABATT FOOD SERVI	1/8 CUP	1000	22	0	180	1.80	0.65	0.0	450	8.1	*N/A*	1.8	5.4	0.0	0.00	*N/A*
RANCH DRESSING	1/8 CUP	800	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			604	*45	985	*10.75	*5.65	*557.9	*7837	*170.91	*17	*30.27	88.11	17.31	7.54	*0.21
% of Calories											*11.4%	*20.1%	58.4%	25.8%	11.2%	*0.3%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/19/2018																
MIDDLE SCHOOL CYCLE 1	Total	2000														
CHILI BEEF MAC	1CUP SE	500	350	*77	880	*1.48	2.96	197.2	*530	*12.7	*1	25.16	25.19	16.07	7.15	*0.18
SUNBUTTER&JELLY W/ STRIN	1 SAND	500	463	13	573	6.94	4.84	643.2	201	0.0	*3	18.98	48.85	22.48	5.51	0.02
G CHEE	WICH															
Chef Salad W/Chicken& Crackers	1 ea	300	511	66	1279	6.15	6.23	270.1	24359	43.8	*6	29.94	60.25	17.27	5.49	*1.70
PEAS: frozen,boiled	1/2 CUP	1500	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
SWEET POTATO FRIES STRAI	1/2 C	500	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN	2000	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	3 EACH	500	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			628	*38	888	*8.87	*4.67	487.9	*5903	*51.94	*16	26.78	98.85	14.85	4.51	*0.30
% of Calories											*10.1%	17.1%	63.0%	21.3%	6.5%	*0.4%
Nutrient Guideline			600-700		1360										<10.00	
Weighted Average			595	*40	1031	*8.82	*4.81	*454.8	*6335	*87.95	*15	*26.40	89.81	15.86	5.62	*0.19
											*22.6%	*17.7%	60.4%	24.0%	8.5%	*0.3%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Victoria I.S.D.**

**Dec 17, 2018 thru Dec 19, 2018**

Base Menu Spreadsheet

MIDDLE SCHOOL CYCLE 1

Portion Values - Detailed

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Generated on: 11/28/2018 3:25:20 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Calories	595		600 - 700		99%			5		Error Messages (if any)							
Cholesterol (mg)	40					Missing				Correction Required - Calories are Low							
Sodium 1 (mg)	1031			1360													
Sodium 2 (mg)	1031			1035													
Fiber (g)	8.82					Missing											
Iron (mg)	4.81					Missing											
Calcium (mg)	454.8					Missing											
Vitamin A (IU)	6335					Missing											
Sugars (g)	15	10.04%				Missing											
Vitamin C (mg)	87.95					Missing											
Protein (g)	26.40	17.74%				Missing											
Carbohydrate (g)	89.81	60.36%															
Total Fat (g)	15.86	23.98%															
Saturated Fat (g)	5.62	8.50%		<10.00%													
Trans Fat <sup>1</sup> (g)	0.19	0.28%				Missing											

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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