

# 2018-2019 CROSS COUNTRY

Date of 1st Practice: July 30

Date of 1st Contest: August 13

<u>Day</u>	<u>Date</u>	<u>Place</u>	<u>Opponent</u>	<u>Facility</u>	<u>Dismiss</u>
<i>Conference Events: Walk the Course 4:00      Boys race at 4:30      Girls race at 5:00</i>					
Thur.	23-Aug	Away	Northwest Invitational (Pre-Conference Meet)	Beeson Park, Kernersville, NC	
Sat.	25-Aug	Away	Traxx Invitational	Fisher River Park, Dobson NC	
Thur.	30-Aug	Away	Runnin' Patriots/MCA Invite	Fisher River Park, Dobson NC	
Tue.	4-Sep	Away	Fisher River Invitational	Fisher River Park, Dobson NC	
Thur.	6-Sep	Away	Lions XC Invitational	Fisher River Park, Dobson NC	
Sat.	15-Sep	Away	Pfeiffer University High School Invitational	Misenheimer, NC	
Thur.	11-Oct	Away	MCA XC Invitational	Fisher River Park, Dobson NC	
Thur.	18-Oct	Away	* Northwest Conference Championship	Beeson Park, Kernersville, NC	

**Reporting Deadline: Friday, October 19 @ 3:00 pm**

Sat.	27-Oct	Away	Regional Meet	Beeson Park, Kernersville, NC	
Sat.	3-Nov	Away	State Championship	Beeson Park, Kernersville, NC	

Head Coach: Clarence Cropps

Principal: Jason Dorsett

Assistant Principal: Kevin Joyce

Athletic Directors: Angela Mayfield/Abby Gallimore

School Phone: 789-5147

School Fax: 789-9008

S - Scrimmage

\* - Conference Games