



NOVEMBER | 2018

SALT FORK CUSD #512 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Egg & Cheese Omelet Hash Brown Fruit 100% Fruit Juice Milk	2 Assorted Cereals String Cheese Fruit 100% Fruit Juice Milk
5 Assorted Cereals Honey Grahams Fruit 100% Fruit Juice Milk	6 Pancake Sausage Wrap Cheddar Cheese Stick Fruit 100% Fruit Juice Milk	7 Banana Bread Loaf Yogurt Fruit 100% Fruit Juice Milk	8 Egg & Cheese Breakfast Burrito Gold Fish Fruit 100% Fruit Juice Milk	9 Pop Tart String Cheese Fruit 100% Fruit Juice Milk
12 Assorted Cereals Dinosaur Grahams Fruit 100% Fruit Juice Milk	13 Sausage Gravy & Biscuit Cheez-It's Fruit 100% Fruit Juice Milk	14 Mini Bagels w/Cream Cheese Yogurt Fruit 100% Fruit Juice Milk	15 Cinnamon Pretzel Graham Grips Fruit 100% Fruit Juice Milk	16 Chocolate Donuts Hard Boiled Egg Fruit 100% Fruit Juice Milk
19 Assorted Cereals Yogurt Fruit 100% Fruit Juice Milk	20 French Toast Sticks Sausage Links or Patty Fruit 100% Fruit Juice Milk	21 Wild Berry Bread Hard Boiled Egg Fruit 100% Fruit Juice Milk	22 THANKSGIVING BREAK DISTRICT CLOSED	23 THANKSGIVING BREAK DISTRICT CLOSED
26 Assorted Cereals Cheese Stick or Cheese Cubes Fruit 100% Fruit Juice Milk	27 Waffles Syrup Gold Fish Fruit 100% Fruit Juice Milk	28 Cinnamon Rolls Yogurt Fruit 100% Fruit Juice Milk	29 Apple Cinnamon Filled Breadstick String Cheese Fruit 100% Fruit Juice Milk	30 Trix Cereal Bar String Cheese Fruit 100% Fruit Juice Milk

News

DON'T FORGET YOU CAN PAY ONLINE THROUGH TEACHERASE FOR YOUR CHILD'S MEALS FOR A MINIMAL FEE. ANY QUESTIONS PLEASE ASK YOUR SCHOOL SECRETARY.

Our menus follow USDA HHFKA 2010 and NSLBP guidelines.

Menus are subject to change.

This institution is an equal opportunity provider.

Questions or comments?

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Food Service Director

THANK YOU FOR PARTICIPATING IN OUR SCHOOL MEALS!!