



# PARENT PAW PRINT

*Dedicated to empowering students to never give up, encourage others, and do their best.*

## SPIRIT OF GRATITUDE AT AILEEN COLBURN!



### NOVEMBER Important Dates:

#### National Gratitude Month

- 11/4 Canned Food Drive begins
- 11/1 Teacher Professional Development Day NO SCHOOL for students
- 11/3 to 11/8 Nacho Sales after school 3:00
- 11/5 School Site Council (SSC) 3:15
- 11/5 Tucked in Tuesday 7:30
- 11/7 Fall Picture Retakes
- 11/8 AR Reward Day
- 11/8 Parent Workshop: Nutrition 101 8:45
- 11/11 Veteran's Day - NO SCHOOL
- 11/12 English Learner Advisory Committee (ELAC) 3:15
- 11/12 AESD Board Meeting 6:15
- 11/12 Tucked in Tuesday 7:30
- 11/13 World Kindness Day
- 11/14 Parent Workshop 8:45
- 11/15 Trimester 1 Report Cards go home
- 11/16 Applebee's Pancake Breakfast Fundraiser
- 11/16 Winter Coat Giveaway 10:00
- 11/19 Tucked in Tuesday 7:30
- 11/20 Canned Food Drive ends
- 11/20 Character Awards Assemblies - RESPONSIBILITY
- 11/25 to 11/29 Thanksgiving Recess - NO SCHOOL



### Making Grateful Kids

This [article](#), published by the Greater Good Science Center at UC Berkeley, contains 32 concrete, scientifically-based strategies for encouraging gratitude in children—that is, appreciation for when somebody has done something kind or helpful for them or recognition of the good things and people they have in their lives. While each strategy is important in isolation, here are seven essential themes that underlie the strategies.

1. Model and teach gratitude.
2. Spend time with your kids and be mindful when with them.
3. Support your child's autonomy.
4. Use kids' strengths to fuel gratitude
5. Help focus and support kids to achieve intrinsic goals.
6. Encourage helping others and nurturing relationships.
7. Help kids find what matters to them.

### November Character Trait:

## RESPONSIBILITY

### What is it?

Responsibility is being accountable for one's actions and to know and follow various rules, laws, and conduct codes.

Responsible citizens treat others fairly, are trustworthy, honor their commitments, and are environmentally aware.

Responsibility infuses itself into all aspects of our lives - athletics, giving others opportunities to shine, and making the right decision.

The following are short video clips that depict these aspects of responsibility.

### SHORT VIDEO CLIPS ON RESPONSIBILITY:

Sportsmanship-  
<https://www.passiton.com/inspiration-al-stories-tv-spots/106-Basketball>  
 Soccer - <http://www.values.com/inspirational-stories-tv-spots/109-Soccer>  
 Umpire - <http://www.values.com/inspirational-stories-tv-spots/89-Umpire>  
 Character Video -  
[https://www.youtube.com/watch?v=3hMTmS4jt\\_Q](https://www.youtube.com/watch?v=3hMTmS4jt_Q)