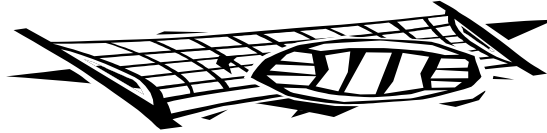


BEN FRANKLIN VOLLEYBALL -2019



Coaches: Mr. Rick Mendoza 7th, Mrs. Kelly Mersman 8th

DAY	DATE	TEAM		H/T	TIME	DEPARTURE
Tues.	9-10	LC Clark	7A/8A	H	5:30	Girman
Weds.	9-11	Plymouth Lincoln	7A/B 8A/B	T H	4:30 4:30	Hewitt Bus – 3:15
Thurs.	9-12	Col John Wheeler (Crown Point)	7A/B 8A/B	T H	4:30 4:30	Bus – 3:30 Girman
Sat.	9-14	LC Invite at LCHS	7A/8A	T	9:00 a.m.	Bus-7:15
Tues.	9-17	LaPorte	7A/B 8A/B	H T	4:30 4:30	Kohler Bus – 3:30
Weds.	9-18	Chesterton	7A/B 8A/B	H T	4:30 4:30	Girman Bus-3:45
Thurs.	9-19	Thomas Jefferson	7A/B 8A/B	H H	4:30 6:00	Psimos Psimos
Tues.	9-24	Hobart	7A/B 8 A/B	H T	4:45 4:30	Psimos Bus – 3:30
Weds.	9-25	Wilbur Wright	7A/8A	T	4:30	Bus- 3:15
Thurs.	9-26	Portage Willowcreek	7A/B 8A/B	T H	4:30 4:30	Bus - 3:30 Psimos
Weds.	10-2	M.C. Barker	7B/8B	H	4:30	Emerson
Thurs.	10-3	Portage Fegely	7A/B 8A/B	T H	4:30 4:30	Bus-3:30 Girman
Mon.	10-7	Kouts	7B/8B	H	4:30	Psimos
Wed.	10-9	Crown Point Taft	7A/B 8A/B	H T	4:30 4:30	Emerson Bus – 3:30
Thurs.	10-10	Merrillville Pierce	7A/B 8A/B	T H	4:30 4:30	Bus – 3:30 Girman
Sat.	10-12	Valpo Ben Franklin Tourney	7B/8B	H	9:00	Psimos/Kohler
Tues.	10-15	7A Conference @ Hobart MS 8A Conference @ Thomas Jefferson	7A 8A	T T	4:30 4:30	Bus-3:30 Bus-3:45
Weds.	10-16	7A Conference @ Hobart MS 8A Conference @ Thomas Jefferson	7A 8A	T T	4:30 4:30	Bu s- 3:30 Bus - 3:45

**Fall Break!!
Do NOT plan trips!**

2019 SUMMER VOLLEYBALL OPEN GYM SCHEDULE

The first week of summer the Valparaiso High School coaches will conduct a volleyball camp. Middle school open gym will start the following week. Listed below are the times and dates the gym will be open this summer. This is intended for girls entering the 7th and 8th grades. Younger players are welcome if they feel comfortable competing against 7th graders. There will be a \$30.00 charge for summer open gym. **Physical and concussion forms are required to participate.** Forms from the 2018-2019 or the 2019-2020 school year will suffice.

Please bring a check (payable to Valpo Summer Athletics, LLC.) with you your first day.

Each session will include a variety of drills in addition to half and full court games.

10:40-12:00

(Gym times may vary in July. All changes will be posted!)

JUNE							JULY						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	***	Camp	at	VHS	***			1	2	none	none		
	10	11	12	13				none	none	10	11		
	17	18	19	20				15	16	17	18		
	24	25	26	27									

Open gym will be held at Ben Franklin in the annex.

SPONSOR: Rick Mendoza, 7th grade coach at Ben Franklin

Ben Franklin Volleyball Tryouts - 7th and 8th Grade

(OPEN GYM Intramurals - Physicals not needed. August 12, 13, & 14 3:00-4:00PM... First Week of School!)

Tryouts: August 19, 20, & 21 3:00-4:30PM - MUST HAVE PHYSICALS!!

Practices will be Monday - Friday from 3:00-4:30PM

Email Coach Mendoza with Questions: rmendoza@valpo.k12.in.us