



Are you expecting a baby between May
and August?

Are you interested in being part of an
incredible program that helps kids
become more empathetic?

Roots of Empathy
Racines de l'empathie



You and your baby could be a Roots of Empathy Family.

Roots of Empathy is a program for elementary school children. The program's aim is to increase empathy - the ability to understand how another person feels. Children learn to care for and respect each other, and there is less bullying and aggression.

- Over the course of a school year, one or both parents and the baby visit a local classroom nine times with a Roots of Empathy Instructor
- The visits are 30 minutes long, once a month, starting in September or October
- Babies must be between 2 and 4 months old the first time they visit the classroom
- The program helps children learn about a baby's needs and how babies develop, and allows children to observe the loving relationship between a parent and baby

"Roots of Empathy is about changing the world, child by child."

Mary Gordon, Founder/President

Please contact Sara to find out more about what it looks like to be a Roots of Empathy Family

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