

Stone students learn about S.T.R.O.N.G. characteristics

Students at Stone School have been participating in a new kind of leadership learning program which is intended to revamp the school PTA's fundraising efforts.

The results of a recent survey showed that Stone parents felt overwhelmed by fundraisers. School leaders enlisted the service of Apex, an organization that promotes leadership, good character, and fitness. The fundraising campaign was kicked off with a Pep Rally and each day, the students participated in a short presentation on S.T.R.O.N.G. (Selfless, Trustworthy, Refuel, Overcome, Next Level, and Grateful) characteristics.

Students learned fitness and dance moves as part of each day's lesson and then they were challenged to get pledges for the fitness moves that they would complete at the Apex Remix. The Remix was an energetic dance party that was held on Friday, Nov. 30.

Students, staff, and the Apex trainers showed their moves and raised funds to support a wide variety of school projects.



SUBMITTED PHOTOS Addison Independent

Above: These Stone students learn some dance moves as part of a presentation in S.T.R.O.N.G. characteristics, which include: Selfless, Trustworthy, Refuel, Overcome, Next Level, and Grateful.

Right: On Friday, Nov. 30, the students at Stone School took part in a new kind of leadership learning program, focused on the characteristics of being Selfless, Trustworthy, Refuel, Overcome, Next Level, and Grateful, or S.T.R.O.N.G.

