

February Menu-Thrall High School

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Cinnamon Roll Pop Tarts	Breakfast Bites Dino Bites Crackers	Cheese Toast Cheerio Bar	Sausage, Egg, Toast Muffin Top	Dutch Waffle Yogurt and Cereal
Week 2	Pancake on Stick Strawberry Poptart	Breakfast Pizza Apple Jack Cereal	Cereal Bar Frosted Flakes Cereal	Breakfast Plate Muffin Top	Kolache Yogurt

DAILY BREAKFAST CHOICES

Assorted Cereal Bar, Whole Grain Cereals, Fresh and Canned Fruit, 100% Apple or Fruit Juice & Low Fat or Fat Free Milk Variety

February 4 Chicken Nuggets & Gravy Bread Sticks Pizza Meatball Sub Turkey Chef Salad Mashed Potatoes Mixed Salad Applesauce	February 5 Chicken Tetrazzini Pizza Meatball Sub Green Beans Garlic Sticks Diced Pears Salad Mix Turkey, Ham & Cheese Sandwich Salad Mix	February 6 Chicken Pot Pie Pizza Meatball Sub Peppi Pizza Salad Mashed Potatoes Mixed Fruit	February 7 Corn Dog Potato Wedges Chicken Caesar Salad Pizza Meatball Sub Diced Peaches Beans Fresh Fruit & Vegetables	February 8 Pasta Bar – Spaghetti Garlic Sticks Chicken Fried Steak & Roll Green Beans Pizza Peaches Turkey BLT Salad
February 11 Bean and Cheese Burrito Pepperoni Pizza Cheeseburger Turkey Bacon Wrap Sliced Apples Salad Mix Fresh Fruit & Vegetables	February 12 Turkey Hot Dog BBQ Pork Sandwich Pepperoni Pizza French Fries Chicken Fajita Wrap Salad Mix Diced Pears	February 13 Pepperoni Pizza Beef & Cheese Nachos Spicy Chicken Sandwich Crispy Chicken Salad Salad Mix Animal Crackers Fruit Mix	February 14 Taco Loco Beans Pizza Corn Zesty Italian Wrap Diced Peaches Salad Mix	February 15 Turkey Chef Salad Pizza Fish Sandwich Potato Wedges Pineapple Tidbits Fresh Vegetables Combo Sub
February 18 Student Holiday	February 19 Lasagna Garlic Bread Steamed Broccoli Hoagie Sandwich Diced Pears Salad Mix Cheese Burger	February 20 Chicken Fajitas Rice Salad Mix Pizza Yogurt & Wrap Fresh Vegetables Sliced Apples	February 21 Sweet & Sour Chicken Brown Rice Pepperoni Pizza Chicken Fajita Wrap Pineapple Salad Mix Fresh Fruit & Vegetables	February 22 BBQ Chicken Salad Frito Pie Corn Mixed Salad Pineapple Tidbits Pizza Spicy Chicken Sandwich
February 25 Pizza Spaghetti & Meatballs Turkey & Ham Sandwich Applesauce Garlic Bread Sticks Green Beans	February 26 Cheese Sticks Chicken Craisin Wrap Pepperoni Pizza Beans Diced Pears Salad Mix	February 27 BBQ Pork Sandwich American Sub Combo Potato Wedges Pepperoni Pizza Salad Mix Popcorn Chicken Salad	February 28 Cheeseburger Macaroni Fiesta Frito Wrap Diced Peaches Cheese Pizza Salad Mix Fresh Fruit & Vegetables	March 1 Cheeseburger Chicken Crispy Wrap Fish Sandwich French Fries Pizza Roasted Cauliflower Fresh Fruit & Vegetables

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