

Seaford School District

3rd - 5th Grade Specials Areas Optional Learning Choice Board

All BlueJays are invited to select and complete learning activities to keep them active while at home

S	P	E	C	I	A	L	S
Set up a relay race and time the participants.	Practice your band instrument or harmonica for an hour.	Color in a coloring book for 30 minutes. Be sure to stay within the lines!	Turn on the music and Dance! Freeze Dance: When music stops, Freeze.	Rewrite the words to the beat of your favorite song....BE CREATIVE!	Create a comic strip using your family members as characters	At home talent show! Create a stage, dress up, and show off your skills!	Play Hot Potato and Musical Chairs
Have a 30 minute dance party with family: Floss, Macarena, moon walk, do it all!	Complete a word search, race with a sibling or adult to see who can finish first!	Jump Rope	Play Hopscotch	Make music for 15 minutes using safe "instruments" from around the house.	Add sound effects to your favorite book/story using objects from around your house.	Find something in nature to draw.	Play "Simon Says" and include physical movements like jumping jacks.
Reinvent the color wheel. Instead of putting the colors in the generic circle, think of a new object that could hold the color order. Ex: a flower where each petal is a different color.	Animal walks Imitate bears walking, or run fast like a cheetah. Waddle like a penguin, or pretend to swim through the ocean like a dolphin.	Pretend you work for Crayola. Come up with a new color of crayon representing each letter of the alphabet. Ex: Amazing Apricot or Brilliant Blue.	Go exploring and find a rock or more than one. Paint a design on it. You can either leave it for someone to find or bring back to school. We can create a rock path of all of our new found beauties.	Find the rainbow. Go looking for objects around the house or outside that can be put in the order of the rainbow. Don't forget to take a picture and share! (red, orange, yellow, green, blue, indigo, and purple)	Create your own guitar using tissue boxes and rubber bands! Decorate it for some added flair. Play along with your favorite song!	Get the brain juices flowing, find something you wouldn't normally use to create a mark. So instead of a pencil or marker, what else can make a mark? Be creative.	Draw a still life. Arrange bowls, plates and glasses. Make sure to overlap them to create perspective. Then draw what you see. Add an extra challenge by providing a light source to create shadows and highlights.
Toilet paper roll shakers. All you need is a roll, rice/beans, tape, paper and some imagination.	Have sidewalk chalk? Go outside and draw something beautiful to brighten up someone's day.	Call, Skype, or Facetime an older relative.	Have your parents teach you some dance moves from when they were a kid! Then teach them some of your favorites.	Use your cell phone to take up close pictures of objects that could represent letters of your name. Arrange them to make a fun print.	Pots and pans rock band! Create your own instruments or find things around your house and ROCK OUT!	Create a new board game. Draw a board. Make sure to have plenty of fun spots to land on and create some cards to draw. Then play with your family or friends.	Musical Mad Libs! Take words out of your favorite song and create your own mad lib! Find someone else to complete it and try to sing it with the new lyrics!

S	P	E	C	I	A	L	S
Do laps around your house and time yourself. See if you can beat your time!	Have the internet available to you? Search virtual tours of famous art museums. You won't be disappointed.	Have an old toothbrush? Become a Jackson Pollock at home. You can use watered down paints or add some dye to water. Dip your brush and use your thumb to drag across the bristles to create specks of color on your artwork of choice.	Finger paint! You are never too old. But challenge yourself by limiting your colors. Only use red, yellow and blue. If you want to use more, then mix to create your secondary and tertiary colors.	Build an obstacle course.	Create scavenger hunt and participants must do different locomotor skills to collect items. For example: skip, gallop, hop, run, walk, leap	Want a real challenge? Try to draw a friend or family member. If you think drawing a person is hard, try to be the one sitting still. It is always a good practice to start drawing faces.	Recreate an old favorite art project. Have one you really loved? Try to make it again, but this time you control the colors you use or maybe the material used to make it.
DIY Playdough: mix 1 cup of flour, ½ cup of salt, gradually stir in a half cup of water. Too dry, add more water, too sticky add more flour. Then knead to make dough, add fun colors to it.	Recyclable art..what could you make out of something that would be trash? That paper towel holder could be turned into a rocketship. Maybe that egg carton could be cut up and made into petals for a flower.	Collect flowers and leaves to arrange a picture. You can glue and modge podge over to keep or just make a temporary piece of art.	Be like Seurat, make an entire picture with just dots. It is a lot harder than you think!	Create a new animal..combine different parts of multiple animals. Maybe bird feet on a cat body with a unicorn head. Get inventive, even come up with a fun new name.	Remember those jelly fish we made last year? Make your own. Grab a plastic bowl and turn it over and find ribbon and paper to hang from it.	Make and decorate a set of flash cards. (addition, subtraction, multiplication, division) Only the ones you need practice with.	Choose a career, what would it be and why? Write or tell an adult about your potential experiences in this profession.



Success for All Students