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AVID INTERVIEWS

For students who have signed up for AVID and have not scheduled your interview. Please sign up asap, as interviews are being conducted today through next Tuesday. Sign up here: [AVID Interview Schedule Request](#). For any questions, please contact Ms. Ayati at: mayati@kaiserhs.k12.hi.us

MANDATORY PARENT/GUARDIAN RISK MEETING FOR SPRING SPORTS, TUESDAY, FEB. 5TH

If your child is participating in the upcoming Spring Season and you have not attended the mandatory risk meeting to watch the video during the fall or winter season, then you must attend this meeting. It is mandatory for all parents/guardians of our student athletes to sign off that the video had been viewed. The meeting will be held in the Cafeteria at 6:30pm on Tuesday, February 5th.

WANTED: PANELISTS – NO EXPERIENCE NECESSARY

The IBMYP Personal Projects are almost completed. On Saturday, February 23rd, Sophomores will have the opportunity to present their projects to a panel who will provide valuable feedback at the end of the presentations and ask any questions, if desired.

Parents/Guardians, we need your help to be a panelist. It's a great opportunity to witness the potential of our students and how the future is bright. Please contact Ashley Wolstein at: Ashley_Wolstein@notes.k12.hi.us or ext. 2342 for more information and/or to sign up. The presentations will run from 8:00am – 12:00nn. Light refreshments will be served.

WIKI IS OPEN – SERVED DURING 1ST RECESS

Hungry and can't wait until lunch? Get a wiki meal to keep your critical thinking skills in top notch order. Wiki is only \$1.10. Can't beat that value anywhere!

CONGRATULATIONS COUGAR WRESTLING

OIA East Championships were held this past weekend at Farrington High School. A big Cougar Congratulations to the following who placed in their weight class:

Koby Chun – 1st OIA East Champion
Rylen Uyeno – 1st OIA East Champion
Katie Heim – 1st OIA East Champion
Jennifer Kimura – 2nd
Jaylin Paaaina – 2nd
Cole Cadinha – 2nd
Joseph Chin – 3rd
Trevor Tamashiro – 3rd

Jack Mair – 4th
Thomas McCreadie – 4th
Issac Mamizuka – 6th

For a headlining article on Koby Chun and the event, click here: [Koby Chun OIA East](#)

Great job Coach Nick, staff and team!

HHSAA PADDLING

Cougar Paddling competed this weekend in the HHSAA Paddling Championships. Both teams, Varsity Girls and Varsity Mixed advanced to the championship rounds. Congratulations Varsity Mixed for placing 4th in the State and Varsity Girls for placing 8th in the State. Ho'omaika'i! Great job Coaches Tina & Tiffany, staff and team!

For full results, click here: [HHSAA Paddling](#)

***TODAY* JV BOYS BASKETBALL VS. WAIANAE @ KAISER**

JV Boys Basketball starts their OIA Championship run today vs. Waianae. Come on out and support our Cougars @ Kaiser Gym, 6:00pm. Let's Go Cougars!

***TODAY* BOYS SOCCER FACES 'IOLANI**

Cougar Soccer will meet 'Iolani on Monday, February 4th for the 1st round to the HHSAA State Championship. Game will be held at 'Iolani School, kicking off at 3:15pm. Come on out to cheer on our Cougars!

***TODAY* GIRLS BASKETBALL STARTS THEIR STATE RUN IN MAUI**

We wish our Girls Basketball well as they travel to Maui to face Maui High in the 1st round of the HHSAA State Championships. Game will be played on Monday, February 4th at 5:00pm. Go Lady Cougars! Show them who is nō ka 'oi!

TOMORROW BOYS BASKETBALL VS. WAIPAHU @ KAISER

Get ready to cheer on Boys Basketball as they host Waipahu in the Quarterfinals of the OIA Championships, Tuesday, February 5th at 6:00pm. Go Cougars!

BLOOD DRIVE - FEBRUARY 5TH - ONLY 17 SPOTS REMAINING!

Cougars, be a part of the Lifesaver's Club and participate in the NHS Kaiser Blood Drive!

The National Honor Society is working with the Blood Bank of Hawaii once again this year to host the annual Blood Drive on our campus.

The Blood Drive will be held on February 5th, 2019 from 7:45-3:00 pm in the Kaiser Library. If you would like to donate blood, please complete the form attached and turn it into Ms. Fernandes (H101), or her box in the office. Thanks for Saving a Life!

Click here for permission form: [Blood Drive 2019](#)

2019 AP EXAM PAYMENT FORMS

All forms and payments must be turned in to H-101 no later than 3:00 pm on Friday, February 15, 2019.

Please see Ms. Yano in the library or Mr. Mc in H-101 with any AP questions or concerns before this date.

Reminder: All students enrolled in an AP course are required to take the CollegeBoard Exam and/or the final evaluation (e.g. AP Drawing portfolio submission). Failure to take the exam will result in the student being graded on a regular 4-point (not the 5-point weighted) scale, AND the class being listed as a regular (non-AP) course on the student's official transcript.

WINTER GUARD DANCE-A-THON FUNDRAISER LED BY ZUMBA INSTRUCTORS!

Enjoy a great afternoon workout with Zumba dancing! Please support the Winter Guard on Sunday, February 10th from 3:00-5:00pm at the Kaiser High School Cafeteria, as they raise funds for equipment needed to compete in the Winter Guard International Regional Competition in Denton, TX.

\$10.00 tickets available from any Winter Guard member, at the door, or call Audrey at 808-383-5499. Raffle prizes! Fun for everyone! Click here for flyer: [Winter Guard Zumba](#)

PROJECT GRADUATION ANNOUNCEMENTS:

PROJECT GRADUATION CLASS OF 2019

December 22nd through graduation - \$300.00

Download your registration form here: [ProjectGrad 2019](#). Forms are also available at the front office. Please fill them out completely and return with your payment to the front office.

Parents... please email kaiserprojectgrad2019@gmail.com if you would like to join the committee and to stay informed.

COLLEGE AND CAREER ANNOUNCEMENTS:

***SIGN UP TODAY* KUPU . LEARN. SERVE. RESTORE, FEB. 5TH**

Kupu, which means “to sprout” or “to grow,” has a two-fold mission: to preserve the land while empowering youth. Come and learn how you can gain in-depth professional development in various green economy sectors. Most opportunities offer compensation! To learn more about Kupu click here: [KUPU](#), or come to the visit.

Tuesday, February 5, 2019 (A Day), 10:00-10:47.

H-101

Sign up on [Naviance](#)

CHAMINADE UNIVERSITY, TUESDAY, FEBRUARY 19TH

Chaminade University of Honolulu will be at Kaiser for a special Onsite Admissions Day. Come prepared to submit your application for free and be notified of your decision immediately. We are excited for you to join the Silversword ohana!

Tuesday, February 19, 2019 (A) 10:00-10:47 OR 11:30-12:10.

Sign up on [Naviance](#)

UH MĀNOA COLLEGE OF ENGINEERING VISIT

Engineering Student Ambassadors from the UH Manoa College of Engineering STEM will be here to answer questions, give tips, and let you know about STEM opportunities.

Thursday, February 7, 2019 (A), 11:30-12:10.

Sign up on [Naviance](#)

Also - visit with them at the **Mānoa Experience Preview Day, Saturday, March 2, 2019, 10:00-2:00** at McCarthy Mall. See the flyer for more details: [College of Engineering Preview Day](#)

YOUNG LEADERS SUMMIT – CLASS OF 2020 ONLY

The Young Leaders Summit (YLS) is a free four-day, overnight, college empowerment conference for a diverse cohort of low-income high school juniors, selected through a competitive application process. It is designed to give these young leaders the practical tools they need to successfully apply to top universities, have full access to scholarship and financial aid opportunities, and set a course for academic and career success.

August 8-11, 2019 @ The University of Chicago

Click here to apply: [Young Leaders](#)

Deadline - March 8, 2019

KAPI'OLANI COMMUNITY COLLEGE'S IKE PROGRAM

The IKE (Indigenous Knowledge in Engineering)/Pre-Engineering Education Collaborative II (PEEC II) Program is looking for Native Hawaiian students and other underrepresented minorities in STEM who are interested in engineering and who are ready to take Calculus I, II, or III for our Hawai'i Calculus Academy program(May 20-June 28). Students who have been part of the program have gone to NASA, flown rockets 3500ft into the air, reduced water usage on our campus, gotten paid to do research, and presented their research across the U.S!

Benefits:

FREE tuition for calculus and SCI 295 (4 credits total) and more!

Click here and scroll down for more information: [IKE Program](#)

SCHOLARSHIPS

Seniors, and not just for Seniors, now is the time to start thinking about scholarships and getting ready for their deadlines. Please click here: [Scholarships](#) to view the many opportunities which are available to you.

CONTESTS

20TH ANNUAL DR. MARTIN LUTHER KING PEACE POETRY CONTEST

The International Peace Poem Project started on Maui in 1996 by volunteer teachers, writers and artists. A 6-year-old girl wrote the first lines of the Peace Poem and it has grown to more than 160,000 lines of poetry from over 120 nations. If you would like to be a part of this living, growing peace poem, please click on the following for more information: [Peace Poem](#).

Deadline – February 15, 2019

CANCER UNWRAPPED WRITING CONTEST

Experiencing a cancer diagnosis can cause a storm of emotions. Whether cancer has made you feel angry, sad, lonely, or even grateful, we want to hear about it. The Cancer Unwrapped Teen Writing Contest invites high school students to submit essays about their experience with cancer for the opportunity to win cash prizes. Since the contest began in 2006, we have received more than 2,900 submissions and handed out over \$135,000 in prize money.

Click [here](#) or the graphic to apply. See the flyer for more information.

Deadline - April 15, 2019

KAISER HS ATHLETICS ANNOUNCEMENTS

CLICK HERE FOR [PARTICIPATION/PARENT CONSENT FORM](#):

CLICK HERE FOR [PHYSICAL EXAM/CONCULSSION RISK ACK FORM](#)

CLICK HERE FOR [PARENT ATHLETE HANDBOOK](#)

CLICK HERE FOR [KAISER ATHLETICS WEBSITE](#)

VARSITY TENNIS TRYOUTS

The last day to try out for the tennis team will be on Monday, February 11th. Practices are currently held every Monday, Wednesday and Friday from 3:00 – 5:00pm at the courts. Please make sure your physicals are complete and athletes have a signed participation form.

Parents/guardians, if you have not attended the Mandatory Risk meeting to watch the video, you must attend tomorrow 6:30pm in the cafeteria, so your child may participate.

GIRLS WATER POLO TRYOUTS START JANUARY 28TH

If you are interested in joining Girls Water Polo, tryouts have started and will continue until February 8th. Please meet at the pool from 3:30 – 5:00pm. Bring your completed physical and participation form at your first practice.

JUDO SIGN-UP AND MEETING, FEB, 4TH

The last Judo Sign-Up will be on February 4th in Mr. Zakahi's room at 3:40pm. The meeting will probably be for an hour. To participate, one needs their physical and parent consent form to be completed before February 13th. February 13th will be the start date for Judo. Judo will not be taking any new members after February 13th, unless you are participating in a winter sport that is still in post-season play. If you have any questions or need to contact Takamoto Sensei, his email is neal_takamoto@notes.k12.hi.us. Mata yoroshiku onegai shimasu.

VARSITY BASEBALL TRYOUTS, MONDAY, FEBRUARY 4TH

Tryouts for the Varsity Baseball Team will begin on Monday, February 4th at 3:00 pm. Please report to the baseball field dressed and ready to go at 3:00 pm. Wear baseball pants, baseball cap, and cleats and bring your own fielding glove.

If you have a batting helmet and a bat, you may bring those as well, but you can borrow if you don't have these items.

Tryouts will run from February 4th - 6th. There will be a parent meeting on Friday, February 8, 2019 at 5:30 pm for parents of players who make the team.

Any questions or concerns, please contact Wendy Shigeta at: ws96825@gmail.com

UPCOMING ATHLETIC EVENTS

Monday, February 4

HHSAA Boys Soccer vs. 'Iolani @ 'Iolani, 3:30pm

HHSAA Girls Basketball vs. Maui @ Maui, 5:00pm

JV Boys Basketball vs. Waianae @ Kaiser, 6:00pm *OIA Semi-Finals*

Tuesday, February 5

Boys Basketball vs. Waipahu @ Kaiser, 6:00pm *OIA Quarter Finals*

COMMUNITY ANNOUNCEMENTS:

FRIENDS OF KAISER PTSA SEEKING PARENTS

"Ongoing research shows that family engagement in schools improves student achievement, reduces absenteeism, and restores parents' confidence in their children's education. Students with involved parents or other caregivers earn higher grades and test scores, have better social skills and show improved behavior." From [neaToday](#) (National Education Association, click link for full article.)

It's true.

As we face the last semester of the school year, we have 5 members who will be leaving the PTSA as their teens are graduating and thus moving on. The PTSA welcomes new parents to continue the tradition of providing the needed extra support for Kaiser High School and your teen's education. Among the benefits are meeting like-minded parents, hearing first hand of what is happening on campus (academics, athletics and facilities) and having a direct line to Head of School/Principal Mew. There rewards are endless.

Our next meeting will be on Wednesday, February 13th at 6:00pm in the Admin Conference Room. If you have any questions, feel free to contact me, this is my third year as a PTSA member.

aolson@kaiserhs.k12.hi.us.

KAISER HIGH SCHOOL FARMER'S MARKET

Farmer's market returns today and every Tuesday, from 4:00 until sunset. Come on out for tasty treats at the Farmer's Market held in the Kaiser High School parking lot.

IMPORTANT UPCOMING DATES (Click here for link to [KHS CALENDAR](#))

- Feb 5 Kaiser High Blood Drive
- Feb 5 Mandatory Risk Video for Parents – Spring Season, 6:30pm in the Cafeteria
- Feb 6 Class of 2021, IBMYP Personal Project Due
- Feb 11 Teachers' Institute Day – No Students
- Feb 13 Early Release Day, Joint NVMS/KHS meeting. Students released at 12:30pm
- Feb 13 Friends of Kaiser PTSA, 6:00pm in Admin Conference Room
- Feb 15 AP Exam Payments are due to H101
- Feb 18 President's Day Holiday – No School
- Feb 20 ACT Testing
- Feb 21 – 22 Literature Festival
- Feb 21 SCC Meeting, 5:00pm in the Library

Mahalo,

Ann Olson

Parent Community Network Coordinator (PCNC)

Henry J. Kaiser High School

An International Baccalaureate World School,

AVID Certified, Advanced Placement and Dual Credit School

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