

Quaker Valley Elementary Menu

Lunch Prices for 2018-2019

A complete lunch is \$2.90

An a la carte lunch entrée is \$3.00

***A complete meal includes choice of 2 fruits and 2 veggies and choice of low fat milk**

MEATLESS MONDAY
JOIN THE MILLIONS

QVSD is joining the global movement to make **positive changes** for a **healthier lifestyle**. Look for the **V**.

The following Alternative meals are served daily for \$2.90:

- Garden Salad -Baked Potato -PB&J
- Bagel and Yogurt -Grilled or Crispy Chicken Salad
- Grilled or Crispy Chicken Sandwich on a Wheat Bun

Additional items are available for an extra charge of:

A la carte lunch items:

Side of Fruit or Veggies - \$.75

Side of Grain - \$.85 (rice, pasta, bread, or roll as side)

Beverages:

Milk - \$.85 100% Fruit Juice - \$.75

Small Bottle of Water - \$.85

Large Bottle of Water - \$1.00

Wellness Friendly Snacks:

Trix Yogurt - \$1.00

String Cheese Stick - \$.85

Small Snack - \$.75 Large Snack - \$1.00

Special Treats:

Low Fat/Low Sugar Cookie - \$.50

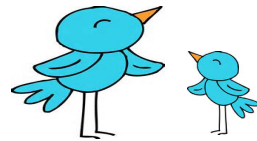
Low Fat/Low Sugar Ice Cream or Dessert - \$1.00







Parents can access their child's café balance, deposit funds, and set up recurring payments at www.myschoolbucks.com.

*Please check out the Café tab on the QVSD website for interesting nutrition information, Free and Reduced Meal Applications, and photos of the delicious food we are serving your children!

Reference our updated Food Policy at: www.qvsd.org

USDA is an equal opportunity provider and employer.



Meatless Monday	Tuesday	Wednesday	Thursday	Friday
B April 1 French Toast Sticks Trix Yogurt & Mozzarella Cheese Stick Sunshine Carrots Tater Tots Choice of Fresh Fruit Choice of Milk	C April 2 Super Nacho Grande Boat (Seasoned Beef, Cheese, Toppings, Corn Nacho Chips) Black Bean Salsa Golden Corn Choice of Fresh Fruit Choice of Milk	D April 3 *April Fool's Day Meal* Smiley Nuggets Smiley Fries Rubber Broccoli Choice of Confetti Fruit Choice of Funny Milk *Heart Smile Cookie*	A April 4 V Italian Pasta with Meat/Marinara Sauce Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	B April 5 Kasa Pizza Giant Green Beans Hummus with Veggies Choice of Fresh Fruit Choice of Milk
C April 8 V Potato Pete Pierogis Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	D April 9 Power Up Burger on Bun OR Hot Dog on Bun Magical Baked Beans Oven Fries Choice of Fresh Fruit Choice of Milk	A April 10 Crispy Chicken Nuggets Warm Dinner Roll Mashed Potatoes with Gravy Mixed Up Veggies Choice of Fresh Fruit Choice of Milk	B April 11 V Italian Pasta with Meat/Marinara Sauce Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	C April 12 V KASA Cheese OR Pepperoni Pizza Surf's Up Veggies Garden Salad Choice of Fresh Fruit Choice of Milk
D April 15 V Cheese Ravioli with Marinara Sauce Garlic Breadstick Sunshine Carrots Choice of Fresh Fruit Choice of Milk	A April 16 Wild Walking Taco (Seasoned Beef, Cheese, Toppings, Baked Doritos) Black Beans Golden Corn Choice of Fresh Fruit Choice of Milk	B April 17 *Earth Day Meal* Zoo Nuggets Soft Pretzel Sticks Mashed Potatoes with Gravy Safari Sweet Peas Choice of Ferocious Fruit Choice of Monkey Milk *Tulip Cookie*	April 18 NO SCHOOL 	April 19 NO SCHOOL 
April 22 NO SCHOOL 	C April 23 Super Nacho Grande Boat (Seasoned Beef, Cheese, Toppings, Corn Nacho Chips) Black Beans/Golden Corn Choice of Fresh Fruit Choice of Milk	D April 24 Popcorn Chicken Warm Biscuit Mashed Potatoes with Gravy Surf's Up Veggies Choice of Fresh Fruit Choice of Milk	A April 25 Italian Pasta with Meatballs Marinara Sauce Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	B April 26 KASA Cheese OR Pepperoni Pizza Giant Green Beans Choice of Fresh Fruit Choice of Milk
C April 29 V Macaroni and Cheese Warm Soft Pretzel Super Sweet Peas Choice of Fresh Fruit Choice of Milk	D April 30 Power Up Cheese Burger on a Bun OR Epic Corn Dog Magical Baked Beans Oven Fries Choice of Fresh Fruit Choice of Milk			



- If you have any lunch questions or to restrict your child's account for beverages, snacks, or a la carte items please contact: Cathryn Mannerino 412-749-5089.
- The café is looking for energetic people who love working with kids! Please call Carla Escribano at 412-749-3610 to inquire about open positions in our café!

