

Addison School District 4 Elementary Lunch Menu

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 New Item
				Spicy Chicken Tenders w/Dinner Roll Fresh Fruit & Veggie Bar
4	5 Brunch for Lunch	6	7 Fiesta Day	8 New Item
*BBQ Ribette Sandwich Golden Sweet Corn Fresh Fruit & Veggie Bar	Waffles Turkey Sausage Tri-Tater Fresh Fruit & Veggie Bar	**Salisbury Steak w/Gravy Mashed Potatoes Fresh Fruit & Veggie Bar	Fiesta Nachos Seasoned Black Beans Fiesta Corn Fresh Fruit & Veggie Bar	Ravioli in Marinara Sauce W/Roll Fresh Fruit & Veggie Bar
11	12	13	14	15
Walking Taco w/Scoops Refried Beans Fresh Fruit & Veggie Bar	**Diced Chicken w/Gravy Mashed Potatoes Fresh Fruit & Veggie Bar	Grilled Cheeseburger Seasoned Green Beans Fresh Fruit & Veggie Bar	Turkey Hot Dog Steamed Cauliflower Tri- Tater (1) Fresh Fruit & Veggie Bar	Chicken Sandwich Seasoned Corn Fresh Fruit & Veggie Bar
18	19	20	21	22
NO SCHOOL PRESIDENT'S DAY	Grilled Cheeseburger Seasoned Green Beans Fresh Fruit & Veggie Bar	Crunchy Mini Corn Dogs Tri-Tater (1) Fresh Fruit & Veggie Bar	**Chicken Tenders Golden Corn Fresh Fruit & Veggie Bar	2 Soft Tacos Seasoned Black Beans Fiesta Corn Fresh Fruit & Veggie Bar
25 Fiesta Day	26	27	28	
Fiesta Nachos Seasoned Black Beans Fiesta Corn Fresh Fruit & Veggie Bar	French Toast Sticks Turkey Sausage Tri-Tater Fresh Fruit & Veggie Bar	Stuffed Cheese Pizza Fresh Fruit & Veggie Bar	No Lunch Early Dismissal	

Lunch
\$2.85
Milk is included with Meal

Milk
.55¢
A Variety of Milk is Available Daily

Questions about the menu?
Mary Ann Marcinek
mmarcinek@asd4.org
630-458-2457

For more information or to "Ask the Dietitian", check out our website!



Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.



Includes fruit and vegetable choices, whole grain breads and rolls and milk.

Daily Special

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pepperoni Pizza Slice
4 Crunchy Mini Corn Dogs Tri-Tater (1)	5 **Chicken Tenders	6 Spicy Chicken On a Roll	7 Smothered Meatballs over Mashed Potatoes	8 Cheesy Garlic Flatbread
11 **Salisbury Steak Mashed Potatoes	12 Popcorn Chicken Tri-Tater (1)	13 Smothered Diced Chicken over Mashed Potatoes	14 **Chicken Tenders	15 2 Soft Tacos
18 NO SCHOOL	19 Chicken Nuggets w/Corn Bread	20 Bacon Burger Tri-Tater (1)	21 Cheeseburger Tri-Tater (1)	22 Stuffed Pizza
25 Grilled Hot Dog w/Fixings	26 Grilled Cheese	27 Spicy Chicken On a Roll	28 Early Dismissal Day	

Fresh Fruit & Veggie Bar available daily with all lunches

**Crispy or Grilled Chicken Sandwich
Grilled Burgers
Nacho Supreme with zesty salsa and jalapeños**

Daily Choices

Daily Pizza Options

Cheese or Pepperoni	Stuffed Crust Cheese	Cheese or Pepperoni	Cheesy Garlic Flatbread	Cheese or Turkey Sausage
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Fresh Deli

Turkey and Cheese Wrap	Chicken Caesar Wrap	Turkey and Cheese Sub Lettuce/Tomato	Southwest Chicken Wrap	Turkey and Cheese Wrap
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Fresh Salads

Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Vegetarian Chef Salad or Chef Salad (Turkey & Cheese)
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V=Vegetarian option available
 **Served with a roll
 *Contains or may contain pork ingredients.
 Menu changes are occasionally necessary. Notice will be given when possible.



Addison SD 4 Middle School Lunch February 2019

Lunch
\$2.85
 Milk is included with Meal

Milk
.55 ¢
 A Variety of Milk is available daily

Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!



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